

Shore Excursions

Oranjestad, Aruba to Oranjestad, Aruba SIRENA — March 10, 2023

EXPLORE ASHORE

Oceania Cruises' shares your passion for new discoveries and that has led us to create an award winning program of optional shore excursions and tours that explore the world's most important historical, cultural and artistic gems. The wide variety of tour options means you may choose from the most enriching tours and adventures available in each of our ports of call. Witness natural wonders, explore man-made marvels and immerse yourself in the culture, history and cuisine of these storied destinations

Reasons to book - Enjoy peace of mind knowing that your excursions are monitored by the ship's staff and star pier side for your security and convenience. Professional English-speaking experts to guide you through your journey. A staff of experienced, excursion specialists expertly plans each tour and is dedicated to maximizing your time in each port. Travel with premier, licensed and insured, tour companies aboard the best available, climate controlled luxury transportation. Plus, your excursion price is guaranteed from the moment you book with no penalty on cancellations up to embarkation day.

PACKAGES & PRICING

Your SOUTHERN CARIBBEAN GEMS voyage offers three pricing options that provide discounts of up to 40% off per person when you reserve your shore excursions before your cruise.

Á La Carte Excursions

Individual à la carte excursions are available for pre-purchase. Reserving in advance gives you the peace of mind knowing that your excursions have been pre-arranged and pre-reserved prior to your arrival.

Oceania Select Excursions - While all of the shore excursions offer extraordinary experiences, some are so outstanding and so awe-inspiring that they merit special recognition. These tours are designated as Oceania Select excursions and offer unique, one-of-a-kind experiences to the passionate explorer wishing to delve even deeper into a region's culture and history.

Oceania Exclusive Excursions - For those travelers who prefer an added measure of privacy, intimacy and flexibility, we also offer our Oceania Exclusive excursions. With a minimum participation of 10 guests, and never more than 16, these excursions benefit from a higher level of personal attention and detail only possible in small groups.

Your World Collection Package

Save 25% - Your World Collection provides the flexibility for you to design a personalized, value-packed collection of excursions by allowing you to select the exact number of tours you want to take from our entire portfolio. Best of all, you will save 25% off onboard à la carte prices when you reserve the shore excursion minimum. Save 25% when you reserve the minimum of 4 shore excursions.

Unlimited Passport Collection Package

SAVE up to 40% - For just \$769.00 per person, the Unlimited Passport Collection affords you the ultimate indulgence - the opportunity to fully experience all that a destination has to offer with UNLIMITED excursions throughout the voyage. You may choose from an array of excursions for one low price at a savings of up to 40% off à la carte excursion prices. As an added bonus, Unlimited Passport Collection guests also receive significant discounts off Oceania Select and Oceania Exclusive excursions.

BOOK YOUR SHORE EXCURSIONS

Guests in Suites and Concierge Level staterooms enjoy a 60-day priority booking period, prior to the 120-day online booking window.

If you purchase either the Your World Collection or Unlimited Passport Collections you also receive priority confirmation of your selections.

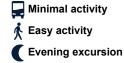
This added benefit is especially appealing if you wish to ensure that you have a place on the most popular tours in marquee cities.

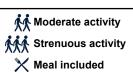
All excursion packages have the added convenience of being fully refundable until sail date and must be purchased in advance of sailing to enjoy the maximum savings. Packages will be non-refundable thereafter. Á la Carte excursions will remain fully refundable up until 36 hours before the excursion. You may pre-purchase shore excursions up until 7 days prior to your sail date.

OceaniaCruises.com - OceaniaCruises.com offers a wealth of information about your cruise. Learn about and purchase shore excursions, select pre- and post-cruise hotel programs, find answers to frequently asked questions, read general information about your upcoming cruise experience, and much more. Our website safely and securely accepts credit card payments; you will automatically receive confirmation of your online purchase by email. All shore excursions purchased online receive priority processing and guaranteed acceptance.

To book your shore excursions, visit OceaniaCruises.com/myaccount or call Oceania Cruises 855-OCEANIA (855-623-2642).

THROUGHOUT THE FOLLOWING PAGES, YOU WILL FIND SYMBOLS WITH EACH DESCRIPTION TO ASSIST YOU IN CHOOSING THE SHORE EXCURSION THAT IS RIGHT FOR YOU:











& ADA Accessible FW Food & Wine Trails

€CEANIA CRUISES®

Willemstad, Curacao

CUR-001 CURACAO HIGHLIGHTS

Date: Mar 11, 2023 Time: 08:30 AM, 01:00 PM

Duration: 3.00 Hrs Price: \$79.00

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OVERVIEW

Get familiar with Curaçao on this wide-ranging overview that includes visits to a handicraft market and maritime museum, even an island liqueur sampling. Traveling Willemstad by comfortable coach, you'll wind through the charming Otrobanda district. View the colorful landmarks of the neighbouring Punda district as you ride across the lofty span that connects them: Queen Juliana Bridge soars a spectacular 185 feet above the water. Over at the other end of town, the Jan Thiel district offers its own dramatic water views plus Curaçao's handicraft market, where you'll have some time to browse among stalls offering palm-fiber bags, woven baskets, ceramic items and intricate lacework. At another point, you'll stop to tour Curaçao Maritime Museum, where over 500 years of Arawak Amerindian, Dutch and Spanish seafaring history are brought together under one roof. And stopping at the Dutch colonial mansion of Chobolobo, you can taste-test the famous island liqueur that's still made from indigenous Laraha oranges peels using a time-tested 1886 recipe.

HIGHLIGHTS

- Enjoy a scenic ride through Willemstad neighborhoods like Otrobanda and Jan Thiel.
- See the city's most colorful sights, including a jaw-dropping view as you traverse Queen Juliana Bridge.
- Tour a maritime museum where exhibits of nautical charts, ship models and navigation equipment cover 500 years of Caribbean seafaring history.
- Shop for everything from rustic palm-fiber bags to delicate lacework at the island handicrafts market.
- Visit a historic distillery known as Chobolobo and sip a sample of its renowned orange liqueur.

HELPFUL HINTS

- Wear weather-appropriate clothing; light weight suggested.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

PLEASE NOTE

This tour includes approximately 90 minutes of easy-to-moderate walking and standing; some is over rough coral stone and there are 32 steps to negotiate at the Museum. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of ability before participating. The order of sights viewed or visited may vary. Guests must be at least 18 to participate in alcohol tasting.

CUR-002 DISCOVER CURACAO'S BEAUTIFUL BEACHES

Date: Mar 11, 2023 Time: 08:30 AM, 01:30 PM

Duration: 4.00 Hrs Price: \$119.00



OVERVIEW

Get a first-hand sense of Curaçao's beautiful beaches by spending some play and lounge time at two of the island's finest. First up after a drive through gorgeous countryside – in an open-air vehicle that makes for even prettier sightseeing – is pristine Daaibooi Beach. This naturally beautiful cove offers powdery sand and gin-clear turquoise waters, surrounded by rocky cliffs. You'll have about an hour to sunbathe, stroll or swim/snorkel here before it's time to hop back aboard the transport for the 20-minute jaunt to today's second strand, Cas Abou Beach. This idyllic stretch of white shoreline, tucked behind the gates of a former plantation, is dotted

with swaying palms, parasols and thatched gazebos. The gentle waters and near-in reefs are paradise for swimming and exploring by snorkel. A bar with island favorites for purchase is available for your sipping pleasure during the hour-or-so we're scheduled to spend at Cas Abou before returning to the pier.

HIGHLIGHTS

- Discover two of Curaçao's most lovely beaches, remote Daaibooi and genteel Cas Abou,
- Spend about an hour at each sunbathing, swimming, or dabbling in water activities.
- Travel to the day's destinations via open-air vehicle, ideal for seeing gorgeous terrain en route.
- Cold water and lime juice are complimentary; snack bars and restrooms are available at both beaches.

HELPFUL HINTS

- Suggested attire: swimwear and a cover-up with beach towel.
- Flat, comfortable, waterproof shoes are recommended.
- · Bring a hat, sunglasses and sunscreen as needed.

PLEASE NOTE

Walking on this excursion is mainly at guests' discretion; keep in mind there are sandy surfaces to negotiate. This tour is not available to wheelchair guests and those with mobility concerns are cautioned to evaluate their personal level of ability before participating. Slight currents can occur, could be windy and sometimes there are waves. Beaches can be rocky at some places, which can make entering the sea more difficult, so water shoes are recommended. Participation in water activities is at your own risk and you may be required to sign a waiver in order to come on this tour. The order of sights viewed or visited may vary.

CUR-006 TROLLEY TRAIN THROUGH HISTORY

Date: Mar 11, 2023 Time: 08:30 AM, 09:45 AM

Duration: 1.75 Hrs Price: \$159.00



OVERVIEW

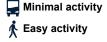
Hop aboard a brightly colored trolley for a comprehensive narrated ride through the UNESCO World Heritage-listed Willemstad historic district. Some of the many highlights include the landmark Queen Emma pontoon bridge; the Bolo di Bruit "wedding cake house" in the Scharloo district; an inside stop at impressive Pietermaai Cathedral; the cultural gathering place at Queen Wilhelmina Park and the impressive fort and barracks at Waterfort Arches. When the trolley arrives at Fort Amsterdam, look for a cannonball embedded in its wall as evidence of the need to guard this strategic harbor entrance from enemy ships back in the 1600s. An enjoyable way to get a maximum Curaçao overview in a minimum of shore time, the Trolley Train stops frequently for photos and landmark inspections. Entertaining narration along the route provides anecdotes and intriguing facts about this Dutch island's long and picturesque history.

HIGHLIGHTS

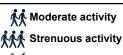
- Roll through the streets of UNESCO-listed Willemstad historic district by comfortable trolley train.
- Enjoy the open views and spirited onboard narration as you learn about the landmarks you're seeing.
- Stop frequently for photos and inside inspections of select sights like Pietermaai Cathedral.
- Wind up with a solid overview of the city without using too much precious shore time.
- At the tour's end, transfer back to the ship or remain in town to explore some more on your own.

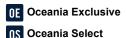
HELPFUL HINTS

• Wear weather-appropriate clothing; light weight suggested.



Evening excursion



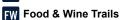






X Meal included







- · Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

PLEASE NOTE

This tour includes limited walking, mainly at guests' discretion during stops and afterwards in town. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of ability before participating. For those who remain in town, the cruise pier is just a short walk from downtown or you may opt to taxi back at your own expense.

CUR-007 SEA & SEE ISLAND DISCOVERY

Date: Mar 11, 2023 Time: 08:30 AM, 01:00 PM

Duration: 2.50 Hrs Price: \$159.00

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OVERVIEW

Discover Curaçao's diverse delights on this tour that showcases the best of Willemstad, both on land and below sea level. The adventure begins with a drive through town to rendezvous with the Seaworld Explorer. This state-of-the-art semi-submarine remains above sea level at all times, while her passengers sit comfortably at private windows in a viewing hull submerged 5 feet below the water's surface. The breathtaking undersea views will leave you in awe. Colorful reef fish are attracted right up to the sub's windows thanks to an accompanying diver armed with their favorite food; you'll likely spot yellowtail snapper, parrotfish, sergeant majors and others. After returning to dry land, you'll reboard the coach and head across the Queen Juliana Bridge, arching 185 feet over St. Anna Bay to offer amazing panoramic views of the city and harbor. Your destination is Chobolobo distillery, housed in a Dutch colonial country estate, for a guided tour and sampling of the famous sweet Curaçao liqueur made here from the peel of bitter oranges brought to the island by Spaniards centuries ago.

HIGHLIGHTS

- Take an air-conditioned window seat in a modern semi-submarine that offers spectacular undersea views while remaining above sea level at all times.
- See and photograph colorful fish life right outside your window as a diver swims alongside the semi-sub with food they can't resist.
- Enjoy a drive across the Queen Juliana Bridge, with jaw-dropping views of the city and its harbor.
- Visit a historic distillery known as Chobolobo and sip a sample of its trademark orange liqueur.
- At the tour's end, transfer back to the ship or remain in town to explore more on your own.

HELPFUL HINTS

- Wear weather-appropriate clothing; include a light raincoat or umbrella.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

PLEASE NOTE

This tour includes limited walking, mainly at guests' discretion during stops and afterwards in town. There are 4 steep steps to negotiate when entering and exiting the submarine. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of ability before participating. For those who remain in town, the cruise pier is just a short walk from downtown or you may opt to taxi back at your own expense.

CUR-010 CURACAO CITY & VIP BEACH DAY

Date: Mar 11, 2023 Time: 08:30 AM Duration: 4.50 Hrs Price: \$299.00



OVERVIEW

Spend hours relaxing at a beachside resort in a private VIP area reserved

just for your group. On the way there, you will learn a bit about Willemstad, the island's Dutch-influenced capital. But the day is really all about doing whatever you please at the beach. You might stretch out on the complimentary beach lounger and do nothing more ambitious than lie in the sun. Shade is readily available if you prefer that sort of setting. The water is typically clear and calm, which are ideal conditions for a refreshing swim in the sea. Feel free to walk along the beach at your leisure and look for shells or simply enjoy the views. An open bar and light snack are included, and the offerings can be served while you relax on the beach lounger, if you wish. If you're interested in other attractions, you will find boutiques and restaurants within easy walking distance.

HIGHLIGHTS

• Relax on a beautiful white-sand beach in a special VIP area. • Swim in the sea, stretch out on the beach and do most anything else you please. • Enjoy use of a complimentary beach lounger. • Take advantage of the open bar and light snack that are included.

HELPFUL HINTS

• Dress in weather-appropriate clothing with a swimsuit underneath. • Wear flat comfortable walking shoes.

PLEASE NOTE

Not recommended for guests with walking difficulties.

CUR-003 SCENIC COUNTRY DRIVE

Date: Mar 11, 2023 Time: 08:45 AM, 01:00 PM

Duration: 4.00 Hrs Price: \$79.00



OVERVIEW

This wide-ranging coach tour will introduce you to some of Curaçao's diverse natural wonders and cultural landmarks. Heading out from Willemstad, watch the cityscape give way to scenic countryside, with occasional plantation homes dotting the landscape. Your initial destination is Boka Tabla, a north shore national park famous for the thundering waves that crash into its coastline. Over the centuries, they've carved deep caves and blowholes into the rock. At nearby West Point and Playa Forti on the isle's western tip, you'll stop for postcard-quality sea cliff views. A visit to Tula Museum provides perspective on what life was like for Africans living on the island during and after the slavery era. Many locals consider Knip Beach the Island's most lovely; you'll soon understand why when you see its clear azure water, sweeping sand and high cliffs. Then get ready to see pink at the Jan Kok salt flats, where you'll be on the lookout for a flamingo colony that makes its home on this briny expanse of terrain. A photo stop here often yields eye-catching results.

HIGHLIGHTS

- Settle back for a diverse rolling survey of natural and historic highlights all around Curação.
- Visit Boka Tabla, a national park where large, unpredictable waves crash against an underground cave.
- Learn about the Africans once enslaved on Curação as you visit a museum devoted to their history.
- See Curaçao's arguably most-beautiful beach and spot a flock of flamingos wading across a salt flat.

HELPFUL HINTS

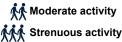
- · Wear weather-appropriate clothing; light weight suggested.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

PLEASE NOTE

This tour includes approximately 45 minutes of easy-to-moderate walking; there are steps to negotiate at some of the stops. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to

Minimal activity

Lasy activity









Evening excursion





evaluate their personal level of ability before participating. The order of sights viewed or visited may vary.

CUR-009 BEACH HOP TURTLE SNORKEL ADVENTURE Date: Mar 11, 2023 Time: 08:45 AM, 01:45 PM

Duration: 4.00 Hrs Price: \$89.00

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OVERVIEW

Snorkel off two beaches on the western shore of Curação that known for their crystal-clear waters and abundant marine life. The seas off tiny Playa Piskádo are teeming with so many fish that chances are you will spot numerous fishing boats in the distance. Once you start snorkeling there, you will see firsthand the wonders that lie beneath the surface. Besides the schools of brightly colored fish, these waters provide an ideal habitat for loggerhead, hawksbill and green sea turtles. It's a thrill when one slowly glides by, its flippers gracefully moving back and forth. You will also snorkel at Cas Abao Beach, which lies closer to Willemstad. In addition to the multitude of tropical fish that inhabit its reefs, Cas Abao attracts stingrays, eagle rays and occasional dolphin. While pausing for photos at the nearby salt pans, you will likely spot flamingoes feasting on algae, crustaceans and small fish, which make up the majority of their diet.

- · Observe the abundant sea life while snorkeling off two beaches along the western shore.
- · Look for brightly colored fish, graceful sea turtles and various species of ravs.
- Watch flamingoes feasting in the shallow waters of the salt pans.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- · Wear flat, comfortable walking shoes.

PLEASE NOTE

This tour requires a moderate amount of activity and participants should be in good physical condition and be able to swim. The tour is not available to wheelchair guests, guests with mobility concerns, recent back or neck injuries, heart conditions, epilepsy, diabetes, respiratory conditions or pregnant women. Flat, comfortable walking shoes or aqua socks; swim suits; towel; a change of clothing; sun caps; sunglasses and sunscreen are suggested. Slight currents can occur, could be windy and sometimes there are waves. Beach can be rocky (dead coral) which can make entering the sea a bit more difficult. Transfers can either be in open beach bus or air-conditioned coach, based on availability. Shower, beach chair and drink included in stop at Cas Abao Beach, no facilities at Playa Grandi.

CUR-008 SEAWORLD EXPLORER SEMI-SUB

Date: Mar 11, 2023 Time: 10:00 AM, 02:30 PM

Duration: 1.50 Hrs Price: \$159.00



OVERVIEW

This unique tour offers an enthralling face-to-face encounter with Curação's fantastic underwater world – without getting your feet wet. The adventure begins as soon as you step aboard the Seaworld Explorer. This state-of-the-art semi-submarine remains above sea level at all times, while her passengers sit comfortably at private windows in a viewing hull submerged 5 feet below the water's surface. The breathtaking undersea views will leave you in awe. Colorful reef fish are attracted right up the sub's windows for your viewing and photographing pleasure, courtesy of an accompanying diver armed with their favorite food. During the UW tour, you'll see many varieties of coral and likely spot yellowtail snapper, parrotfish, sergeant majors and other marine species native to these waters. You'll also gain fascinating knowledge of what you're viewing as you listen to the informative narration provided. After about fifty minutes

navigating the waters surrounding Curaçao, you'll return to shore and be transported directly back to the cruise pier.

HIGHLIGHTS

- Take an air-conditioned window seat in a modern semi-submarine that offers awesome undersea views while remaining above sea level at all times
- · See and photograph colorful fish life right outside your window as a diver swims alongside the semi-sub with food they can't resist.
- · Spend nearly an hour touring the reefs and waters surrounding Curação.
- · Gain knowledge of the marine environment you're viewing via informative onboard narration.

HELPFUL HINTS

- Wear weather-appropriate clothing; include a light raincoat or umbrella.
- · Flat, comfortable walking shoes are recommended.
- · Bring a hat, sunglasses and sunscreen as needed.

PLEASE NOTE

This tour includes limited walking, mainly at guests' discretion during stops and afterwards in town. There are 4 steep steps to negotiate when entering and exiting the submarine. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of ability before participating.

CUR-011 DUTCH-CARIBBEAN WINE & CHEESE TASTING

Date: Mar 11, 2023 Time: 02:00 PM Duration: 3.00 Hrs Price: \$249.00



OVERVIEW

Enjoy a selection of wine and cocktails thoughtfully paired with Dutch cheeses in the historic section of Willemstad, a UNESCO World Heritage site acclaimed for its colonial architecture and European-style layout. The guide will point out landmarks along the way and elaborate on their historical significance. At the first venue, you will be served three wines, each with its own characteristics. The wines will be chosen to complement the selection of hors d'oeuvres, which will likely include well-known favorites such as Edam and Gouda. You may also taste Geitenkaas, a Dutch cheese typically made with skimmed milk from goats, and Maasdammer, a creamy cheese made from cow's milk. The latter has holes much like Swiss cheese. At the second historical venue, you will sample a favorite local cocktail rather than wine. You can expect to be served a different selection of cheeses, as well, which will enhance your appreciation for Dutch-influenced products.

- Enjoy an enlightening tour through Willemstad, a UNESCO World Heritage
- · Sample wines and a cocktail paired with hors d'oeuvres, such as Dutch
- · Discover a bit about the historical venues that have been chosen for the tastings.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

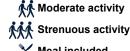
This tour is not recommended for guests with walking difficulties or wheelchairs. As the stops are all at historical venues with stairs, it is not very accessible. Venues subject to change. Participants must be at least 21 years of age to consume alcohol.

BB Beyond Blueprints

Kralendijk, Bonaire

Minimal activity Easy activity

Evening excursion



Oceania Exclusive



Culinary Discovery FW Food & Wine Trails Go Green Go Local



KRA-007 MARINE PARK GLASS BOTTOM BOAT TOUR Date: Mar 12, 2023 Time: 07:30 AM, 09:15 AM, 10:45 AM

Duration: 1.50 Hrs Price: \$69.00

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OVERVIEW

View the bountiful undersea world of Bonaire Marine Park from the comfort of a glass-bottom boat, without even getting wet. As one of the first Caribbean areas to ban reef-harming activities decades ago, the park teems with underwater life. Spectacular stands of elkhorn and staghorn coral support a diversity of fish and other marine creatures. You'll see it all clearly from this 32-foot boat designed expressly for this purpose; just settle into a shaded seat and look through the window that runs along the floor of the vessel. It's a relaxed and unintimidating way to take in wonders usually hidden under the surface. And it's a scene that continuously changes as the boat slowly motors over one reef, then another. While there's no telling exactly what will come into view, you can expect to see graceful sea turtles coasting in the currents and a full spectrum of colorful fish among the reef corals, including wrasses, grunts, goatfish, parrotfish and tangs. The onboard naturalist can help with fish identification or questions, and there are illustrated Caribbean fish charts on board as well. After about 75 minutes spent surveying this marvelous environment, you'll return to the pier. Dry and content.

HIGHLIGHTS

- See what's going on underwater in Bonaire's reefs without getting your feet - or anything else - wet.
- Take your shaded seat on a 32-foot glass-bottom boat headed for Bonaire Marine Park.
- Glide slowly from reef to reef in this protected reserve, watching an everchanging scene of corals, turtles, colorful fish and other marine life.
- Rely on the onboard naturalist or fish charts for help telling a goatfish apart from a parrotfish, or a tang.

HELPFUL HINTS

- · Wear light-weight, comfortable clothing.
- Flat, comfortable shoes with non-slip sole are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

PLEASE NOTE

This tour, which includes a very limited amount of walking, is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of ability before participating. There is no restroom on the boat.

KRA-GG1 ECHO CONSERVATION CENTER FOR PARROTS

Date: Mar 12, 2023 Time: 07:30 AM Duration: 4.00 Hrs Price: \$99.00



OV/FRV/IFW/

Discover how injured parrots are rehabilitated at the Echo conservation center and then hike through a reforested area looking for yellow-shouldered Amazon parrots. As an introduction to the island's natural wonders, you will take a circuitous route to the center, driving along the ocean, past salt pans and on to Goto Lake, where you may spot flamingos. You will delve deeper into the challenges of protecting Bonaire's birds, especially parrots, when touring the center with a naturalist. It will be inspiring to see how the birds are rescued, rehabilitated and eventually released back into the wild. To enhance your experience and understanding of Bonaire's endangered Amazon parrots, you will follow the naturalist into a replanted section of dry forest looking for these magnificent birds. Chunky and brightly colored, they are easy to identify. The birds are usually seen in pairs that remain monogamous throughout their lives, which typically last about 40 years on Bonaire.

HIGHLIGHTS

- Tour a conservation center that rehabilitates yellow-shouldered Amazon
- Hike through a replanted forest looking for parrots with a naturalist guide
- · Admire Bonaire's extraordinary natural beauty on a panoramic drive around the island.

HELPFUL HINTS

- Dress in weather-appropriate clothing .
- · Wear flat comfortable walking shoes .

PLEASE NOTE

This tour includes approximately 1.5 hours of walking over even and uneven ground plus any additional walking at the guests' discretion, therefore this tour is only suitable for the fit and healthy guests which can walk the trails. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. At the Echo Conservation Center guest must be able to walk narrow, steep hiking trails without help. Trails are narrow, up and down through dry forest with cactus, bushes and trees. It is mandatory to wear trekking shoes and recommended to bring sun hat, sunglasses, mosquito protection. The trails can slippery after rain. Guest should bring insect repellant.

KRA-GG2 MANGROVE INFO CENTER & KAYAKING

Date: Mar 12, 2023 Time: 07:30 AM, 09:30 AM Duration: 3.00 Hrs Price: \$259.00





OVFRVIFW

Kayak through the well-preserved, environmentally protected mangrove forest in Lac Bay after learning about the benefits of mangroves in the information center. The forest, which contains three different species of mangroves, is an official Ramsar site, which means it follows conservation and sustainable measures for wetlands. While paddling the sit-on-top kayak, you will notice that the exposed intertwined roots of the mangroves form a protective cage of sorts above the water, providing an ideal breeding area for fish and other marine life. Mangroves also stabilize the coastline and filter the water, keeping it crystal-clear. If you pass over sea grass in the shallows, you may notice queen conches, lobsters and seahorses. Wildlife abounds throughout, especially birds such as flamingos, a sight that will make this adventure all the more special. Feel free to ask your naturalist guide about the mangrove ecosystem and the rest of the bay, which is part of the Bonaire National Marine Park.

HIGHLIGHTS

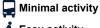
- Paddle through a protected mangrove forest in a sit-on-top kayak .
- · Gain an understanding of how mangroves provide numerous ecological benefits .
- Look for marine life such as queen conches and birds that may include flamingos .

HELPFUL HINTS

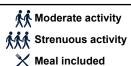
- Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes .

PLEASE NOTE

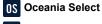
Guests should be in good physical condition to select this tour. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. The kayak starting point has sandy and rocky bottom in shallow water. There is a bathroom inside the Mangrove Center and personal belongings can be stored there and dry bags are available if needed. No shade during kayak activity so sunscreen and insect repellant must be used before entering the mangrove forest. The kayaks are double

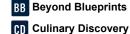


















seat kayaks and have a backrest. Life vest must be worn during kayaking.

KRA-001 ECO-POWERED TUK-TUK CITY TOUR

Date: Mar 12, 2023 Time: 07:45 AM, 09:00 AM, 10:15 AM,

11:30 AM

Duration: 1.00 Hrs Price: \$49.00

OVERVIEW

Bon Bini na Bonaire! Enjoy a brisk round-the-town welcome to Kralendijk from the comfort of an electric-powered Tuk-Tuk, enjoying the open air and sights. On this island, the three-wheeled mini-taxis don't make the "tuk tuk" sound of the famous Thai version - because this Caribbean version is electric, eco-friendly and noiseless. All the better for the scenic environment you'll be touring, and to hear the enlightening commentary by your local driver/guide. One of the top sights you'll encounter in this orientation ride is heavily fortified Fort Orange, built in 1639 for attacks that never came. It still has its cannons, just in case. Another highlight is the delightful Dutch architecture widespread in this island capital city whose name means "coral dike" in that language. You'll also see Bonaire's largest church and may have a chance to view the saltwater flats where flamingoes sometimes congregate in the shallows to scoop up brine shrimp with their upside-down beaks and backwards knees. That diet is what gives them their trademark rosy-orange hue. Once the tuk-tukking is done, you'll be dropped back at the pier.

HIGHLIGHTS

- Hop aboard an eco-friendly electric Tuk-Tuk mini-taxi for an orientation spin around Kralendijk.
- Enjoy your equally-friendly driver/quide's commentary about the sights you're seeing.
- See Fort Orange and its cannons, Bonaire's largest church and more.

HELPFUL HINTS

- Wear light, weather-appropriate clothing.
- Flat, comfortable shoes are recommended.
- · Bring a hat, sunglasses and sunscreen.

PLEASE NOTE

This tour is mostly panoramic with limited optional walking at the stops. The tour is not available to wheelchair guests and those with mobility concerns are cautioned only to participate to the extent of their personal ability. The tour sequence may vary. Maximum weight per participant is 260lbs.

KRA-002 THE WASHIKEMBA RESERVE BY ATV

Date: Mar 12, 2023 Time: 08:00 AM, 10:00 AM

Duration: 2.50 Hrs Price: \$129.00



OVERVIEW

Head into the arid wilds of the Washikemba reserve on an All-Terrain Vehicle and experience a hauntingly beautiful landscape. A brief coach ride brings you to the pick-up point, where you'll get your safety checkout before taking off eastward toward Washikemba. Four-wheeling your way into this rugged region, you'll reach areas most normal vehicles can't letting you encounter Bonaire in its most natural, undisturbed state. You might even see wild donkeys and goats, and iguanas basking in the sun. At the amazingly remote Spelonk Lighthouse, marking the island's easternmost point, you can't help but notice that the only other way here is by sketchy footpath. And it's sure to be an inspiring moment when you also realize that the only sound you can hear here is surf crashing on a rocky shore. Once you've absorbed that awhile, it's on to one of Bonaire's many caves, some still bearing inscriptions from Arawak Indians who lived here in pre-Columbian days. Today's cave residents are likely to be bats, clinging to the roof in great numbers as they wait for dusk to fly off in search of tasty insects. It's a good thing your dinner plans are elsewhere.

HIGHLIGHTS

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- Experience Bonaire's arid landscape in its natural state in the Washikemba reserve.
- · Make your way there by All-Terrain Vehicle, which can take you where other vehicles can't.
- Find yourself at a far-off lighthouse where the only sound is the ocean, or maybe a wild goat.
- · Visit a cave where ancients might once have lived, but now only bats. Lots and lots of bats.
- · See other wild places, including a remote settlement at the head of the reserve's sea lagoon.

HELPFUL HINTS

- · Wear comfortable clothing, including long trousers.
- Flat, sturdy closed-toe shoes are required.
- Bring a hat, sunglasses and sunscreen.

PLEASE NOTE

This tour includes limited walking, mainly at guests' discretion. There will be about 80 minutes of driving an All-Terrain-Vehicle over mostly off-road, bumpy conditions. Guests will be screened to determine their competence in being able to do simple maneuvers on the vehicle. The tour is not available to wheelchair guests, those with mobility concerns, or pregnant women - and is not advised for those with injuries or conditions that could be affected by the bumpy conditions. Minimum age for participation is 18 and all participants must present a valid driver's license. Participants must wear closed toe shoes and weigh less than 260lbs. The local operator may require guests to sign a liability waiver before taking part in the tour. Pricing is per person, not per vehicle.

KRA-003 GOTO LAKE BIKING ADVENTURE

Date: Mar 12, 2023 Time: 08:00 AM Duration: 4.00 Hrs Price: \$99.00

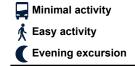


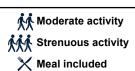
OVERVIEW

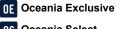
Pedal across Bonaire's relatively flat countryside, admiring the island's natural beauty and observing daily life here in the tropics. A drive through Kralendijk brings you to the departure point where you'll be set up with your mountain bike to begin this 12-mile cycling adventure that passes an array of classic Bonaire sights. Capture panoramas at Tolo Beach, a spectacular stretch of sand also known as Ol' Blue. Admire the dilapidated charm of Landhouse Karpata, a former plantation that raised goats, grew aloe and produced charcoal - now gone to seed. You might see wild donkeys lazing about; they've been island residents ever since Spaniards brought their ancestors here 500 years ago. Ahead lies Goto Lake, a favorite gathering place for Bonaire's flamingoes. They feed in the saltwater shallows here, using their upside-down beaks to scoop up brine shrimp – a diet that gives them their trademark rosy-orange hue. Stopping at Dos Pos, a drinking well at a nearby plantation, you're likely to spot other birds including lively yellow bananaguits. Once at Rincon, the island's oldest town, you'll take a well-earned outdoor rest at the Rose Inn, then leave your wheels behind and hop aboard ours for the return drive to Kralendijk.

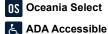
HIGHLIGHTS

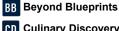
- Get fitted and head out for 12 miles of freewheeling tropical exploration by mountain bike.
- · Pedal along a coastal path that also turns inland after rounding a flamingo-favored salt lake.
- Pass beautiful beachfront and wander an abandoned old plantation.
- Be on the lookout for wild donkeys and stop by a drinking well that birds
- At the ride's end, enjoy a rest break in Rincon and a lift by coach back to

















the ship.

HELPFUL HINTS

- · Wear light-weight clothing.
- · Flat, closed-toe shoes are required.
- Bring a hat, sunglasses and sunscreen.

PLEASE NOTE

This tour includes a small amount of walking and approximately 2-1/2 hours of moderate to strenuous cycling over mostly flat terrain with occasional inclines. An escort vehicle will accompany the tour. The tour is not available to wheelchair guests or those with mobility concerns. Participants should be in good physical condition and weigh under 240lbs. The cruise line and excursion operator reserve the right to approve guest suitability for participation and there is a minimum height requirement of 54". Closed Toe shoes must be worn. While common, wildlife sightings are not guaranteed.

KRA-013 SELFIE SCENIC SPOTS Date: Mar 12, 2023 Time: 08:00 AM

Duration: 3.00 Hrs Price: \$69.00

OVERVIEW

Snap selfies and plenty of other picture-perfect photos at the most scenic spots on Bonaire and really wow your followers on social media. The island's natural beauty is spectacular, you will visit many of the most picturesque settings, including the idyllic beaches Chachacha and Te Amo near the port. If you wish, the guide will offer suggestions as to the best camera angles to capture the beauty of Bonaire. One of the most panoramic inland views will be from the observation point on the hill Seru Largo in the center of the island. From there, you can see all the way to the salt pans on the coast, which you will soon visit for a much closer look. Two of the most historical sites are nearby—the huts of the slaves that once worked the salt pans and a 19th-century lighthouse, the oldest on Bonaire. A different sort of beach setting awaits you at Sorobon, a stretch of sand that juts far into Lac Bay.

HIGHLIGHTS

 Stop at Bonaire's most scenic spots to take selfies and all sorts of other photos. • Capture gorgeous beach settings, inland panoramas and historical attractions. • Follow the guide's tips to take your photos from the best perspectives.

HELPFUL HINTS

• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes with non-slip soles.

PLEASE NOTE

Please note: This tour is primarily panoramic in nature with walking at the guest's discretion during short stops. Walking is on sand and uneven ground. It is available to guests who utilize a collapsible wheelchair, can make their way on and off the coach and have a companion to assist them

KRA-GL1 MEET THE LOCALS, HISTORIC CULTURAL EXPERIENC

Date: Mar 12, 2023 Time: 08:00 AM, 10:30 AM

Duration: 2.00 Hrs Price: \$79.00

OVFRVIFW

Discover the most fascinating aspects of Bonaire's history on an enlightening walk through downtown and through stories from costumed characters in the Terramar Museum. While strolling through the heart of Kralendijk, the island's capital, you will see how the 17th-century Dutch-built Fort Oranje has been converted into the island's main courthouse. Similarly, the Parliament House was once the private

residence of a prominent family. As revealing as these architectural insights will be, few experiences will be guite so revealing as listening to the museum's historical actors describe what life was like in the past. You may hear about the Dutch colonizers, how slavery was abolished and the origins of the island's traditions. The exhibits cover more than 7,000 years of history through artifacts recovered from shipwrecks, 3D reconstructions, descriptive timelines and historical photographs. After browsing the museum, you will have time for shopping at a market near the harbor.

HIGHLIGHTS

• Walk through Kranlendijk with a local guide that will describe the historical architecture. • Gain an understanding of how the Dutch have influenced Bonaire since the 17th century. • Listen to costumed historical characters tell stories of their past lives on Bonaire.

HELPFUL HINTS

· Dress in weather-appropriate clothing. · Wear flat comfortable walking shoes with non-slip soles.

PLEASE NOTE

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Please note: This tour includes approximately 2 hours of walking. It is available to guests who utilize a collapsible wheelchair and have a companion to assist them. There is shopping opportunity for some souvenirs during you walking tour.

KRA-004 4x4 ADVENTURE TO BONAIRE'S EAST COAST

Date: Mar 12, 2023 Time: 08:30 AM Duration: 3.00 Hrs Price: \$79.00



OVERVIEW

Travel off-road in a 4x4 Land Rover to explore Bonaire's remote eastern shore, a land of giant cacti, plentiful wildlife and stunning natural beauty. You'll head out from the pier and drive through Kralendijk. As you get further east, you'll notice the land getting more rugged. Before long, the paved highway will be in the rearview as you enter trackless, arid countryside. This sparsely populated part of the island is both beautiful and rugged. You're usually more likely to encounter wild donkeys, Caribbean parakeets, yellow-shouldered parrots or prehistoric-looking iguanas than humans around here. One exception is when you reach Sorobon Beach, catering to windsurfers who can't resist the waves kicked up by the steady offshore breezes. After a pause, you'll press on to pass one of Bonaire's five lighthouses then clustered stone huts that once housed slaves who worked in the surrounding salt flats until slavery was brought to an end here in 1863. These saltwater shallows are a known place where Bonaire's flamingoes gather to feed, using their upside-down beaks to scoop up brine shrimp – the unique diet responsible for their trademark rosy-orange hue. Perhaps they'll be hungry when you're passing through.

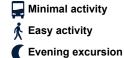
HIGHLIGHTS

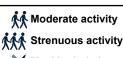
- Explore an arid, undeveloped part of Bonaire where the scenery is all about rugged beauty.
- · Be on the lookout for wild donkeys, chattering parrots, and iguanas lounging in the sun.
- Stop at a faraway, breeze-swept beach where the waves are irresistible to windsurfers.
- · Visit salt flats where flamingoes often congregate to feed, and stand around on one leg.

HELPFUL HINTS

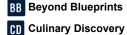
- · Wear light-weight clothing.
- · Flat, closed-toe shoes are required.
- · Bring a hat, sunglasses and sunscreen.

PLEASE NOTE



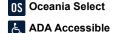








Meal included





This tour includes a limited amount of walking, mainly at guests' discretion during the stops. The off-road terrain can be bumpy and there are high steps involved in entering and exiting the vehicle. The vehicles can seat up to 11 participants in the back on bench seating. The tour is not available to wheelchair guests, pregnant women or children under 12. It may also not be suitable for those with mobility concerns or previous back or neck injuries. Depending on rainfall amounts, the dirt roads can become muddy. While common, wildlife sightings are not guaranteed. There is a single restroom facility at Sorobon Beach.

KRA-006 MUSHI MUSHI CATAMARAN SAIL

Date: Mar 12, 2023 Time: 08:30 AM Duration: 3.00 Hrs Price: \$89.00



OVERVIEW

Take to the sea aboard a beautiful catamaran and sail into pristine Bonaire Marine Park for a snorkel or simply to enjoy the scenery. Your vessel is the Mushi, a sleek 40-foot sailing cat with plenty of open deck for sunbathing. While you're welcome to assist the crew as they set and trim the sails, your only real job for the next few hours is to either relax on board, or ease into the water for some undersea sightseeing. As one of the first Caribbean areas to ban reef-harming activities decades ago, Bonaire Marine Park teems with underwater life. Spectacular stands of elkhorn and staghorn coral support a diversity of fish and other marine creatures. If you do opt to jump in and investigate the goings-on, expect to see longsnout seahorses and a full spectrum of colorful reef fish like wrasses, grunts, goatfish, parrotfish and tangs. Sea turtles also thrive here in the protected park waters. This optional snorkeling is unguided, but a crew member will be keeping a watchful eye out from the deck. After about an hour at anchor, the sails will be raised again for the voyage back to harbor, with an open bar en route.

HIGHLIGHTS

- · Skim over clear Caribbean waters aboard a sleek and roomy sailing cat named Mushi Mushi.
- Cross into the long-protected Bonaire Marine Park and moor for a blissful
- · Choose you pleasure: relaxing and sunbathing on board or investigating the reef by snorkel.
- Under the surface, encounter a world of lush corals, sea turtles, colorful fish and invertebrates.
- Toast the wonders of the sea during the open-bar return sail to Kralendijk.

HELPFUL HINTS

- Wear swimwear under a cover-up and bring a towel from the ship.
- Flat, comfortable shoes with non-slip sole or agua socks are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

PLEASE NOTE

While this tour includes a limited amount of walking, guests must be able to make their way on and off both the tender boat and the catamaran with limited assistance. The tour is not available to wheelchair guests or those with mobility concerns. Guests wishing to snorkel should be able swimmers and in good physical condition; snorkeling gear is provided. There is a restroom on the boat. Those who participate in any water activities do so at their own risk and responsibility.

KRA-005 SAMUR SAIL, BEACH & SNORKEL

Date: Mar 12, 2023 Time: 09:00 AM Duration: 3.00 Hrs Price: \$89.00



OVERVIEW

uninhabited islet known for its pristine beach and exceptional snorkeling. A Zodiac from the pier will tender you out to the Samur, an authentic 56-foot Siamese junk hand-built in Thailand. As the Samur's traditional red sails catch the wind and she slides out to sea, it's easy to imagine you're being transported back in time. The character of your destination only amplifies this sensation. Afloat in gin-clear waters and as deserted as Robinson Crusoe's island, Klein Bonaire is just west of Kralendijk - and a world away. En route, your captain will elaborate on what you can expect to find on the island and at Ebo's Reef just off its shore. The beach here is blissfully uncluttered - no snack stands, chaises or jetski rental operations - and the snorkeling reef presents a colorful array of marine life. You might see parrotfish, angelfish, sea horses and turtles, all gracefully swimming through their world, undisturbed by your presence. Relax in whatever way you please; there's no set schedule. After about an hour you'll tender back to the Samur to enjoy tropical fruits and rum punch on the return sail.

Sail a magnificent Siamese junk to the unblemished oasis Klein Bonaire, an

- Enjoy two superb sensations: riding the wind on a classic sailing ship and playing on a deserted island.
- Tender out to an authentic Siamese junk hand-built in Thailand with beautiful wood-carved details.
- Set sail for Kleine Bonaire, an unspoiled natural island half a mile and a million years from Kralendijk.
- On the island, spend your time along its gorgeous shores or snorkeling its pristine waters and reef.
- · Be treated to rum punch and tropical fruits during the return sail to Bonaire.

HELPFUL HINTS

- Wear swimwear under a cover-up and bring a towel from the ship.
- Flat, comfortable shoes or aqua socks are recommended.
- · Bring a hat, sunglasses and sunscreen as needed.

PLEASE NOTE

This tour includes a limited amount of walking, mainly at guests' discretion on the island. There will be sandy surfaces to negotiate at the beach and guests must be able to make their way on and off both the Zodiac and the sailboat with limited assistance. Those who wish to snorkel should be good swimmers and in good physical condition; snorkeling gear is provided. The tour is not available to wheelchair guests or those with mobility issues. There is a restroom on the boat but none at the beach. A small amount of cash is recommended if guests wish to purchase items such as waterproof cameras, t-shirts or caps on board the Samur. Those who participate in any water activities do so at their own risk and responsibility.

KRA-011 BONAIRE HIGHLIGHTS & CULTURAL EXPLORER

Date: Mar 12, 2023 Time: 09:00 AM Duration: 3.00 Hrs Price: \$69.00

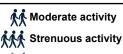


OVERVIEW

Discover the diversity of Bonaire on a panoramic tour that combines natural, cultural and historical highlights. Settling in for your picturesque coastal drive, you'll notice the island of Klein Bonaire, a little flat-top paradise just offshore. Another thing you'll notice is that the farther north you go, the more hilly and arid the terrain becomes. Huge candelabra cacti and mesquite trees appear in the landscape as you approach the village of Rincon – located a bit inland by the Spanish, safely beyond the cannon range of 15th-century buccaneer ships. On a visit to the Rose Inn here, you'll hear some regional history while relaxing under a shady tree, sipping a sample of the local favorite: Cadushy Liqueur, made from cacti and lime. For another perspective on the island's past, you'll visit its second oldest















Wellness Tour

Go Green



building. Mangazina di Rei, which means Storehouse of the King, was where seeds that priests had blessed were stored in centuries past. On a guided walk through the surrounding Culture Park you'll hear fascinating stories about the deep connections Bonaireans have to this important site. On the way back to the pier, you'll pass salt ponds where Bonaire's famous flamingoes gather to feed on brine shrimp.

HIGHLIGHTS

- Travel around the island by panoramic coach, stopping at numerous natural and cultural landmarks.
- Visit an outdoor venue where the trees are shady and the liqueur is flavored with cactus and lime.
- Learn the history of Bonaire's second oldest building, forming the heart of a cultural park.
- Pass salt ponds where flamingoes congregate to feed on brine shrimp and turn rosy-orange.

HELPFUL HINTS

- · Wear light, weather-appropriate clothing.
- · Flat, comfortable walking shoes are recommended.
- · Bring a hat, sunglasses and sunscreen.

PLEASE NOTE

This tour is mostly panoramic with limited optional walking at the stops. It is available to wheelchair guests who have a collapsible chair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. The tour sequence may vary.

KRA-010 SPICE BEACH CLUB
Date: Mar 12, 2023 Time: 09:30 AM
Duration: 3.00 Hrs Price: \$49.00



OVERVIEW

Spend awhile immersed in Caribbean amenities at a lovely waterfront resort where you can swim, sunbathe, dine or pamper yourself in the spa. The staff at Spice Beach Club will greet you with a cool tropical drink and a warm "bon bini," the phrase that means "welcome" in the Bonaire's local language. Once familiarized with the resort's facilities, you'll have several hours to spend enjoying this tropical getaway. You might choose sunbathing on a lounge along the powdery white sand, or poolside in the shade of a swaying coconut palm. If you're ready to get wet, Spice Beach is ready to accommodate: take an easy swim in sea waters known for their calmness and clarity, rent a kayak and paddle along the shore, or gear up with snorkel, mask and fins for a close-up inspection of the marine life. The reefs here in Bonaire are among the healthiest in the Caribbean thanks to almost 50 continuous years of committed environmental protection – so chances are good that you'll see colorful fish, seahorses and even sea turtles under the surface. If indulgence is on your agenda, an intimate spa and restaurant are on site, as are several private cabanas.

HIGHLIGHTS

- Enjoy a short, scenic drive along the Bonaire coast to Spice Beach Club.
- Arrive to a warm greeting accompanied by a cool Caribbean drink.
- Spend your hours here doing just what you like sunning, beaching, swimming, snorkeling, kayaking or enjoying a spa treatment.
- Satisfy your hunger at the onsite restaurant, your thirst at the Beach Bar, or retreat from it all in a private seaside cabana.

HELPFUL HINTS

- Wear swimwear under a cover-up and bring a towel from the ship.
- Flat, comfortable shoes with a non-slip sole or aqua socks are recommended.
- · Bring a hat, sunglasses and sunscreen as needed.

PLEASE NOTE

Walking on this tour is primarily at guests' discretion, with sandy and uneven surfaces involved at the beach including some coral. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of stamina before participating. Amenities available for an additional cost include cocktails and drinks from the Beach Bar, lunch at the restaurant, snorkeling equipment, kayak and dive shop rentals and spa treatments. Those who take part in any water activities do so at their own risk and responsibility.

KRA-009 CLEAR KAYAK & SNORKEL Date: Mar 12, 2023 Time: 10:00 AM Duration: 2.50 Hrs Price: \$79.00



OVERVIEW

Get a completely unique perspective on Bonaire's marine life as you paddle a glass-bottom kayak to a nearby beach for a relaxed snorkel. After a brief orientation on kayaking from your naturalist guide, you'll board a two-person kayak and head out into crystal-clear waters. Your stable, sit-on-top kayak will have all the usual features - comfortable backrest seat, life vests, a drybag for your personal belongings – and one nonstandard one: a glass bottom that provides a personal vantage point on the wonders below the surface. Paddling south along the coast, you'll be treated to great views of Kralendijk in one direction and the magnificently unspoiled natural island of Klein Bonaire in the other, surrounded by the protected waters of Bonaire National Marine Park. Speaking of those waters, you can gaze right down into them through the glass bottom of your kayak and see a whole other world where the locals have polyps, fins and flippers. After about 30 minutes of paddling, you'll reach the beach with about an hour to spend as you please, either relaxing on the sand or taking advantage of the snorkeling here, ideal for all skill levels. Afterwards, you'll kayak back to where you started.

HIGHLIGHTS

- Accompanied by your naturalist guide, paddle along the Bonaire coast in a unique glass-bottom kayak.
- Enjoy outstanding above-water scenery and below-the-water views at the same time.
- Arrive at a beach where the lazing is fine, and the snorkeling is typically calm and excellent.
- Take the plunge to see abundant Caribbean fish, stands of coral, maybe even a Hawksbill or Green turtle gracefully swimming along, completely oblivious to your presence.
- Your special two-person, sit-on-top clear kayak comes equipped with backrest seats, life vests and a drybag for personal belongings.

HELPFUL HINTS

- Wear swimwear under a cover-up and bring a towel from the ship.
- Flat, comfortable shoes with a non-slip sole are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

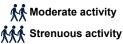
PLEASE NOTE

This tour includes approximately 20 minutes of walking, 30 minutes each way of paddling, and additional walking at guests' discretion during free time. There are sandy surfaces to negotiate at the beach. Participants should be in good physical condition, and those who wish to swim or snorkel should be comfortable in the water. Snorkeling gear is provided. The tour is not available to wheelchair guests or those with mobility concerns. There are no restrooms on this tour. Two persons will share each kayak and the combined allowable weight per kayak is 400 lbs. Those who take part in any water activities do so at their own risk and responsibility.

St. George's, Grenada

Minimal activity

* Easy activity



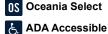
OE Oceania Exclusive

BB Beyond Blueprints
CD Culinary Discovery

G Go Green
Go Local

Evening excursion







GND-002 ADVENTURE JEEP TOUR Date: Mar 13, 2023 Time: 01:30 PM Duration: 4.00 Hrs Price: \$149.00

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OVERVIEW

Ride through Grenada's gorgeous interior in an open-air 4x4 vehicle, stopping on occasion for photos and to soak in the natural hot springs. The route will be immensely scenic, as you pass through verdant rainforest, charming villages and aromatic nutmeg plantations. Not far from Grenville on the eastern shore, you will take a leisurely walk through tropical woods to serene Claboney Sulphur Pond, which is typically waist deep. The nutrient-rich natural hot springs is said to be therapeutic, even to the point of having a positive effect on the aging process. Whether that's true or not, you can still expect to be wonderfully relaxed after a nice long soak. Then, returning to the 4x4 vehicle, you will continue driving to Grand Etang Crater Lake in the mountainous island interior. You may spot towering mahogany trees, bright splashes of flowers, and indigenous birds such as the broad-winged hawk, known locally as the gree-gree.

HIGHLIGHTS

- Drive around Grenada in a 4x4 Jeep, pausing every so often to take in the natural beauty.
- Enjoy a meandering walk through rainforest to a mineral-rich pond said to be therapeutic.
- Soak in the pond's thermal waters, an experience that will leave you wonderfully relaxed.
- Pause for photos on one of Grenada's highest points for a panoramic view of the interior.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- · Wear a swimsuit under a cover-up and bring a towel.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour involves approximately 15-20 minutes of hiking, at times over rough and uneven natural terrain. The tour is not available to wheelchair guests, those with mobility concerns, pregnant women or to guests with back problems. Participants must sign a liability waiver. Guests taking part in water activities do so at their own risk and responsibility. Guests must be at least 18 years old to consume alcohol. This is not a self-driven tour.

GND-003 CLEAR BOTTOM KAYAKING

Date: Mar 13, 2023 Time: 01:30 PM, 03:00 PM

Duration: 3.00 Hrs Price: \$109.00



OVERVIEW

Paddle a kayak with a clear bottom over a coral reef teeming with colorful marine life. Upon arriving at Grand Mal Bay, you will ease into a two-person kayak with a clear bottom that presents an unobstructed view of the natural wonders below. It will offer all the advantages of snorkeling but without having to change clothes or get wet. It won't take long to paddle out to the reef, a natural habitat for an abundance of marine species. It will be a never-ending, always-changing spectacle and there is no telling what you may see through the kayak's bottom. You may spot yellowtail snapper, spotted drums and horse-eyed jacks, a prized game fish that puts up a good fight. In time, you will kayak to Molinere Point, the site of an underwater sculpture park. The collection includes dozens of life-size figures standing on the bottom of the sea. Local artists created the sculptures, which reflect Grenada's history and culture. After approximately 75-minutes, you will return to the Sunset View Restaurant where you will have a chance to relax with a refreshing swim in the calm bay and a complimentary drink from the bar (rum punch, local beer, local fruit juice, soft drink or water).

HIGHLIGHTS

- Paddle a clear-bottom kayak over a coral reef teeming with marine life.
- Stay dry while observing underwater wonders that snorkelers usually only see.
- View stingrays and barracudas that might otherwise dart off if you were snorkeling.
- Kayak over a sculpture garden that local artisans created on the sea bottom.
- · Swim at a beach after kayaking.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel.
- · Wear flat comfortable walking shoes

PLEASE NOTE

This tour involves approximately 1½ hours of kayaking, which may be strenuous at times. The tour is not available to wheelchair guests, those with mobility concerns, pregnant women or persons with asthma, heart conditions or back problems. Guests taking part in water activities do so at their own risk and responsibility. Participants must sign a liability waiver. Guests must be at least 18 years old to consume alcohol.

GND-004 DISCOVER GRENADA

Date: Mar 13, 2023 Time: 01:30 PM Duration: 7.00 Hrs Price: \$159.00



OVERVIEW

Enjoy a remarkably comprehensive driving tour of Granada that will leave you with a clear understanding of the island's charms. Just east of Saint George's, you will find the 18th-century Fort Frederick, which is named the "backward-facing fort" because its cannons point inland. The views will be spectacular, as will be the ones of Grand Etang, a cobalt-blue lake in the crater of an extinct volcano. Grenada is also known for its premium rum, which you will taste at River Antoine Estate before dining at historical Belmont Estate. More memorable scenery awaits you at Carib's Leap, where dozens of indigenous Caribs jumped into the sea rather than surrender to the French in the mid-1600s. Continuing on, you will pass the island's largest fishing village, tour Dougaldston Spice Estate and finally see the bays where U.S. forces landed in 1983 during the invasion to protect American nationals from Grenada's Marxist regime, which was soon overthrown.

HIGHLIGHTS

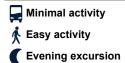
- Spend an enlightening day driving to Grenada's signature destinations and attractions.
- Tour an 18th-century fort and dine at an estate from the same time period.
- Gaze down on an impossibly blue lake that filled the crater of an extinct volcano.
- See the spot where Caribs jumped to their death rather than surrender to the French.
- Pass through one quaint village after another, including the island's largest fishing village.
- View the bays where U.S. forces landed during the 1983 invasion of Grenada.

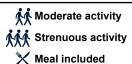
HELPFUL HINTS

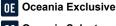
- Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

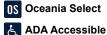
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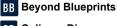
This tour involves approximately 3½ hours of moderate walking and standing. The tour is not available to wheelchair guests and those with















WT Wellness Tour



mobility concerns should evaluate their stamina and ability before joining the tour. Guests must be at least 18 years old to consume alcohol.

GND-006 MOUNTAIN RAINFOREST, GRAND ETANG & ANNANDAI

Date: Mar 13, 2023 Time: 01:30 PM Duration: 4.00 Hrs Price: \$89.00

OVERVIEW

Admire the stunning natural beauty of Grenada at a crystal-clear mountain lake and a gently cascading waterfall, and then discover how spices are processed on the island. Along the way, you will pass through several seaside villages while the guide points out attractions such as Beausejour Bay, which played a role in the 1983 U.S. invasion of Grenada. Upon reaching centuries-old Douglaston Spice Estate, you will discover traditional methods of preparing spices. You might watch mace being removed from nutmeg or cinnamon sticks being rolled from a tree's inner bark. Grenada is a leading producer of spices and is even nicknamed the Spice Island. Then, it's on to the interior mountains and Grand Etang Lake, which an extinct volcano formed long ago. The water is typically cobalt blue and lush vegetation grows right to the shoreline. During your visit, you will have time to for a refreshing drink at the Park's Visitors' Center. Not far away, you will find beautiful Annandale Falls. It too is edged by native flora, especially hanging ferns and tropical flowers.

HIGHLIGHTS

- Watch spices being prepared and packaged at a historical estate.
- Gain an understanding of why Grenada is known as the Spice Island.
- View the bays where U.S. forces landed during the 1983 invasion of Grenada.
- · Gaze down on an impossibly blue lake that filled the crater of an extinct volcano.
- · Behold glorious Annandale Falls and the hanging ferns that surround it.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable, closed-toe walking shoes.

PLEASE NOTE

This tour involves approximately one hour of moderate walking with a steep uphill to negotiate at Annandale. The tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Guests must be at least 18 years old to consume alcohol.

GND-001 THE SPICE OF OUR LIVES

Date: Mar 13, 2023 Time: 02:00 PM, 03:00 PM

Duration: 4.00 Hrs Price: \$89.00



OVERVIEW

Delve into the history and production of some of Grenada's most characteristic products, including spices and herbs, followed by a tasting of the island's distinctive rum. Your first stop will be a family-owned business that manufactures nutmeg products. Expect to be surprised by the variety of merchandise made with this one signature ingredient, including jam, hot sauce and rum punch. You will become further immersed in spices at nearby Laura Spice Gardens, which grows common spices such as cinnamon and more unusual ones such as tonka beans, which are often substituted for vanilla in recipes. Continuing on to Westerhall Estate, you will learn how cocoa and sugarcane was processed in the late 1800s. Today, the attention has turned to rum, and you will have the opportunity to sample several of its finest. The estate's rums run the gamut from dark to light and vintage to white, usually served neat in a chilled shot alass.

HIGHLIGHTS

- Visit a nutmeg manufacturer and marvel at the abundance of products made with the spice.
- · Learn about unusual spices and herbs grown throughout Grenada, the Spice Island.
- Sample several premium rums made with local sugarcane at a distillery.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour involves approximately one hour of easy walking. The tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Guests must be at least 18 years old to consume alcohol.

GND-005 MT. GAZO HIKE & SWIM

Date: Mar 13, 2023 Time: 02:00 PM Duration: 3.75 Hrs Price: \$89.00



OVERVIEW

Hike through a pristine rainforest on the outskirts of Saint George's as a prelude to spending free time on one of Grenada's most beautiful beaches. A picturesque drive along the city's Carenage inlet and through the historical town will bring you to Morne Gazo, the island's only remaining rainforest. This pristine landscape serves as an important watershed area and a wildlife reserve. It is a spectacular setting for your brisk hike up to the top of a conical hill that rises to 1,140 feet above sea level. From this elevated vantage point, you will enjoy a nearly 360?-view of landmarks such as Point Salines, Grand Etang National Park and seaside La Sagesse. Upon descending, you will drive to Grand Anse Beach, a silky stretch of sand that is nearly two miles long. You will spend a relaxing hour or so at the beach, doing whatever you please.

HIGHLIGHTS

- Follow a scenic route to the only remaining rainforest on Grenada.
- Hike to the highest point in the rainforest and view one of the island's finest panoramas.
- Spend free time at your leisure at Grand Anse Beach.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- Bring swimwear and a towel, if you wish to swim.
- Wear flat comfortable, closed-toe walking shoes.

PLEASE NOTE

This tour involves approximately 13/4 hours of hiking, which at times is strenuous and over rough and uneven natural terrain. The tour is not available to wheelchair guests, those with mobility concerns, pregnant women or to persons with heart conditions, asthma or back problems. Participants should be in good physical condition and must sign a liability waiver. Changing facilities are available at the beach. Guests taking part in water activities do so at their own risk and responsibility. Guests must be at least 18 years old to consume alcohol.

GND-007 SUNNYSIDE GARDENS

Date: Mar 13, 2023 Time: 02:00 PM, 04:30 PM

Duration: 2.00 Hrs Price: \$89.00



OVERVIEW

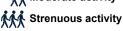
Meander through verdant Sunnyside Garden, a botanical oasis on a hill overlooking Saint George's. The brief drive will also be delightful, as you will follow the coastal road around the harbor, pass through Sendall Tunnel and pause at an overlook to take in the panoramic views. Upon reaching Sunnyside Garden, you will stroll the winding paths through

Minimal activity Easy activity

Evening excursion



Moderate activity



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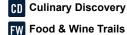
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Meal included

ADA Accessible





exotic foliage punctuated by a riot of color from plants such as hibiscus and African tulips. Depending on where you walk, you may see stout bottle palms, epiphytic staghorn ferns and blooming achiete, more familiarly known as the lipstick tree for its bright-red seeds that are used to make cosmetics. You might also notice the scent of spices and citrus wafting through the air, an aroma that will greatly enhance the experience. Following your guided tour, you will be served a refreshment of rum punch or local juices in house before your transfer back to the ship.

- Enjoy a brief but picturesque drive to a botanical garden overlooking Saint George's.
- · Admire the sweeping views of Grenada's natural beauty from the hilltop garden.
- Stroll the garden paths, passing rare exotic plants, many of which will be
- · Savor the serenity and the wonderfully pungent fragrances wafting through the air.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable, closed-toe walking shoes.

PLEASE NOTE

This tour involves approximately 1½ hours of easy walking and standing. The tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Guests must be at least 18 years old to consume alcohol.

Castries, St. Lucia

STL-001 LAND AND SEA TO SOUFRIERE

Date: Mar 14, 2023 Time: 08:30 AM Duration: 7.50 Hrs Price: \$149.00



OVERVIEW

Enjoy a panoramic tour of Castries before heading south to see more highlights in Soufriere, a colonial town in the shadow of the island's iconic Pitons. As you drive through the capital of St. Lucia, you will pass landmarks such as Castries' beautifully ornate central library and bustling Derek Walcott Square, named for the St. Lucian-born poet and playwright that won the Nobel Prize in 1992. You will then follow a winding coastal road through fishing villages and past banana plantations on the way to Soufriere. Your first stop will be the Diamond Botanical Gardens, a peaceful retreat that occupies an idyllic spot on the site of a therapeutic spring bath built in 1784 for the troops of King Louis XVI. The grounds are still restorative. You will also visit Morne Coubaril, the island's oldest French Creole estate, where you will enjoy a buffet lunch before cruising back to Castries on a catamaran.

HIGHLIGHTS

- · See Castries' highlights, including a square named for St. Lucia's Nobel
- Pause atop the former military post Morne Fortune and take in the views of Castries.
- Marvel at the spectacular coastal scenery on the way to Soufriere.
- Meander through a wonderfully serene botanical garden.
- · Savor a buffet lunch of Caribbean classics at the island's oldest French Creole estate.
- · Return to Castries on a catamaran, pausing along the way for a refreshing swim.

HELPFUL HINTS

· Dress in weather-appropriate clothing.

- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- · Wear flat comfortable walking shoes or agua socks.

PLEASE NOTE

This tour includes about 21/2 hours of moderate walking, at times over uneven, gravel and dirt surfaces. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Those with mobility concerns should evaluate their stamina and ability before joining the tour, as there is a significant amount of physical activity. Guests participating in water activities do so at their own risk and responsibility. Maximum weight suggestion is 250 pounds. The order of sites viewed or visited may vary. Menu items are subject to change.

STL-GG1 SUSTAINABLE AQUAPONICS FARMING & PITONS

Date: Mar 14, 2023 Time: 08:30 AM Duration: 6.00 Hrs Price: \$129.00



OVERVIEW

Visit a farming enterprise that uses sustainable aquaponics to grow fresh produce without harming the environment. On the way to the greenhouse farm, you will pause for photos of the Pitons, St. Lucia's most iconic attraction. These two volcanic spires are so bio-diverse that UNESCO declared them a World Heritage site. As you will discover at Green Haven in the village of Choiseul, farming through aquaponics is eco-friendly and entirely sustainable, so it doesn't negative affect the environment. While touring the greenhouses with one of the owners, you will gain an understanding of aguaponics, a combination of aguaculture—or raising fish—and hydroponics, in which plants grow in water rather than in soil. In essence, the waste from hundreds of tilapia fish provides nutrients for the plants in a closed system that uses minimal recycled water. It is a wonderfully efficient process with the end result being organic lettuce, tomatoes, cucumbers and peppers that grow year-round. At the end of the tour you will enjoy a farm to table lunch in their on-site café before returning back to the ship.

HIGHLIGHTS

- Tour Green Haven, an innovative farm that grows fresh produce in greenhouses.
- · Gain an understanding of the benefits of eco-friendly aquaponic farming
- Pause for photos of the Pitons, two World Heritage site volcanic spires along the coast.

HELPFUL HINTS

- · Dress in weather-appropriate clothing .
- Wear flat comfortable walking shoes .

PLEASE NOTE

This tour includes approximately 2 hours of walking or standing over some uneven ground. The sights on this tour are not wheelchair accessible and therefore, it is not available to wheelchair guests and those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes as well as insect repellent are suggested. Buses utilized on this tour are Japanese style with smaller seats and limited legroom.

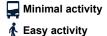
STL-003 4X4 BEACH SAFARI

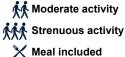
Date: Mar 14, 2023 Time: 09:00 AM Duration: 4.00 Hrs Price: \$89.00



OVERVIEW

Take off from Castries in a 4x4 vehicle, enjoying the ride as the driver/guide drives through the countryside while providing entertaining commentary along the way. Although you will see some of the highlights in



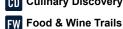


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Evening excursion

ADA Accessible





St. Lucia's capital city, the best view may be from just outside the city limits, atop Morne Fortune. From this former military outpost that once boasted two forts, you will gaze out over the Castries and the turquoise seas beyond. You will then head inland, following a rugged route through traditional villages such as Ti-Rocher, Destrameaux and Balata. In time, you will arrive at one of the most spectacular beaches on the island's eastern shore. With no schedule to follow, you can relax however you see fit. Don't miss the opportunity to swim though, as the waters here are absolutely gorgeous.

HIGHLIGHTS

- Ride in a 4x4 vehicle through some of the most remote and scenic areas of St. Lucia.
- Take in the sweeping view of Castries and its harbor from the Morne Fortune hilltop.
- Drive off road through the lush jungle and through several inland villages.
- Relax on one of the most idyllic beaches on St. Lucia's eastern coast.

HELPFUL HINTS

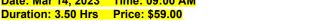
- · Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- · Wear flat comfortable walking shoes or aqua socks.

PLEASE NOTE

This is not a self-driving tour; a driver is provided. Beach chairs are not included in this tour, but are available for rental.

STL-007 ISLAND SPLENDOUR

Date: Mar 14, 2023 Time: 09:00 AM



OVERVIEW

Settle in for a rambling drive through the countryside that presents the island's natural beauty and architectural charms. It won't take long to reach La Toc Battery, a 19th-century fort built to protect St. Lucia's vital coal stations. It is an intriguing site with many of its tunnels, shell lifts and ventilation shafts still intact. Driving on, you will enter a bucolic landscape of banana plantations tucked between undulating hills before passing through the rustic village of Anse La Raye. Continuing on, you will soon arrive at Marigot Bay, a tranquil blue lagoon that the surrounding hills shelter, making it an ideal natural yacht harbor. On the return to Castries, you will pause for snacks and a beverage at St. Marks, a grand colonial-era house that overlooks the harbor.

HIGHLIGHTS

- Enjoy a panoramic drive through the most scenic areas on St. Lucia's western shore.
- Explore the remains of the 19th-century fort La Toc Battery.
- Marvel at the sweeping seaside views that capture the splendor of St.
- · Snack on Caribbean treats at a beautiful colonial house overlooking Castries' harbor.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

There are steps at La Toc Battery and St. Marks. Menu items are subject to change. Guests must be able to get on & off the buses and there are 5 steps leading up to St. Mark's and approximately 10 steps at La Toc Battery.

STL-013 ST. LUCIA TROLLEY TRAIN

Date: Mar 14, 2023 Time: 09:00 AM Duration: 1.50 Hrs Price: \$49.00





OVERVIEW

Ride the Hibiscus Trolley Train through Castries as the guide regales you with entertaining stories of the capital city's history and architectural highlights. Although the exact route will depend on the traffic conditions, you can expect to pass the bustling craft market, beautiful colonial government buildings and Derek Walcott Square, named for the St. Lucian-born poet and playwright that won the Nobel Prize in 1992. The highlight will be visiting the Cathedral of the Immaculate Conception, the largest church in the Caribbean when it was completed in 1897. Be sure to look above the altar, where you will see a representation of St. Lucia, the island's patron saint. She died in 304 A.D., the victim of Christian persecution during the reign of Roman emperor Diocletian. Following the city tour, you will enjoy a bit of free time at the beach where you can enjoy a complimentary rum or fruit punch.

HIGHLIGHTS

- See the highlights in Castries from the comfort of an open-air trolley train.
- · Hear about notable local figures such as Derek Walcott, a Nobel Prize-winner in 1992.
- Visit the cathedral that was the largest of its kind when completed in
- Relax at the beach toward the end of the sightseeing tour.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- · Wear flat comfortable walking shoes or agua socks.

PLEASE NOTE

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Sun chairs and umbrellas are not included at the beach. Transfer times may vary due to traffic conditions. Bathing suits can't be worn in the

STL-015 SKY CANOPY & AERIAL TRAM

Date: Mar 14, 2023 Time: 09:00 AM, 09:30 AM, 11:00 AM





OVERVIEW

Ride an aerial tram high into the rainforest canopy and then descend by zip line, an exhilarating way to soar through the trees like a bird. Even the drive to the eco-park will be scenic, as you will pass through traditional inland communities such as Babonneau and Fond Assau. Once you arrive, the naturalist guide will assist you on a trial run on the zip line cable. Then, off you will go on an aerial tram that will take you to the top of the zip line. It is all downhill from here—literally. In all, you will race through the treetops along eight zip line cables, each offering a unique thrill and different perspective of the rainforest. As you effortlessly glide down, you will be treated to outstanding views of the sea and the northern half of the island.

HIGHLIGHTS

- Glide through the rainforest canopy comfortably seated in an aerial tram's gondola.
- Take in the spectacular views of the St. Lucian countryside on the way
- Race down through the rainforest on a zip line, stopping between runs to observe nature.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

Participants must be at least 5 years of age and weigh no more than 350 lbs. The minimum waist measurement for the safety harness is 45.7 cm/18 inches and the maximum waist is 127 cm/50 inches. Guests are required to







Moderate activity



Meal included





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sign a waiver in order to participate. Guests who go ashore do so with the understanding that they will be mixing with members of the general public. No flip flops, shorts or skirts are permitted.

STL-009 A PANORAMIC VIEW OF ST. LUCIA

Date: Mar 14, 2023 Time: 09:15 AM Duration: 3.25 Hrs Price: \$79.00

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OVERVIEW

Admire the striking natural beauty of St. Lucia on a meandering panoramic ride with occasional stops at the most scenic viewpoints. From atop Morne Fortune, you will enjoy a sweeping view of Castries. Ironically, Morne Fortune means "hill of good luck," but it was the site of numerous horrific battles between French and English troops. Another stop will be made at Caribelle Batik, where you will watch artists creating one-of-a-kind fashions using hot wax and colorful dyes. Still, it is the scenic beauty of St. Lucia that captures so many hearts, as you will discover firsthand from the overlook at La Guerre, which was once the island's largest banana plantation. Later, while meandering through the gardens at Stony Hill with the estate's owners, you will hear about the joys of living in the tropics.

HIGHLIGHTS

- Enjoy some of the island's most picturesque views from hilltop lookouts.
- · Discover the intriguing history behind the sites that you visit.
- Tour an estate with its owners, as they describe life on St. Lucia.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes a limited amount of walking and steps; however, the sites are not wheelchair accessible and therefore the tour is not considered suitable for wheelchair guests.

STL-008 THE TREE TOP ADVENTURE

Date: Mar 14, 2023 Time: 09:30 AM Duration: 4.00 Hrs Price: \$129.00



OVERVIEW

Race through a rainforest canopy on an exhilarating zip line while admiring the tropical countryside from a unique vantage point high above the forest floor. Upon arriving at Errard Estate in the heart of the lush rainforest, you will receive a brief orientation on zip lining to maximize the experience. Then, the real fun will begin. The zip line features nine wooden platforms in the trees, all at different heights. During stops, the guides will prepare you for the next thrilling leg of the journey and describe the most fascinating sights along the way. If you are interested in the vegetation that you are zip lining through, the guides will be happy to describe the rainforest flora in detail. At the end of the zip line adventure, you will follow a nature trail back to the welcome center for a refreshing drink.

HIGHLIGHTS

- Tear through the tree canopy while safely harnessed on a zip line.
- · Observe the gorgeous surrounding landscape from high above the
- · Listen to commentary from the guides, while pausing on the platforms between zip lines.

HELPFUL HINTS

- Dress in weather-appropriate clothing, including long pants.
- · Wear flat comfortable walking shoes with closed toes.

PLEASE NOTE

This tour is not available to wheelchair guests, those with mobility concerns, pregnant women or guests with heart problems, asthma, epilepsy, or recent back or neck injuries. No one under the influence of alcohol or drugs may participate. Participants must weigh no more than 250 pounds, be no taller than 6'2" or older than 70. Participants may have to sign a liability waiver. No Flip Flops, Shorts or Skirts are permitted.

STL-GG2 HONEYBEES, ENHANCING BIODIVERSITY

Date: Mar 14, 2023 Time: 09:30 AM Duration: 2.00 Hrs Price: \$129.00



OVERVIEW

Gain insight into how honeybees contribute to St. Lucia's biodiversity while browsing the Iyanola Apiculture Collective, an organization that supports beekeeping throughout the Caribbean. From the on-site observation room, you will watch beekeepers in protective suits as they check on the hives and honey production. You will also learn a bit about the history of beekeeping over the past 4,500 years, the importance of bees with regard to pollinating many of the world's food sources and why bees are becoming endangered perhaps due to environmental factors. Bees are fascinating creatures, as they have five eyes, fly up to 15 miles an hour and are the only insect that produces food that humans eat. You will be offered a taste of the black mangrove honey produced at the collective and have the chance to make a scented candle from natural beeswax.

HIGHLIGHTS

- Discover how honeybees contribute to the environment in an eco-friendly way .
- Watch beekeepers maintain hives and ensure the production of honey.
- · Sample freshly made honey and make a candle from natural beeswax .

HELPFUL HINTS

- Dress in weather-appropriate clothing .
- · Wear flat comfortable walking shoes .

PLEASE NOTE

This tour includes a moderate amount of walking and about 20 steps to negotiate. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

STL-014 RAINFOREST AERIAL TRAM

Date: Mar 14, 2023 Time: 10:00 AM, 10:30 AM, 12:00 PM

Duration: 3.50 Hrs Price: \$179.00

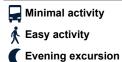


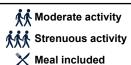
OVERVIEW

Ride through and above the rainforest on an aerial tram that presents a 360? bird's-eye view of the island's natural beauty. The tram takes off in the heights of the old-growth rainforest and soars even higher, well into the tree canopy in certain areas and even above the trees elsewhere. Along the way, the guide will point out the highlights and provide enlightening commentary about the flora and fauna. The rainforest is one of the few places on the island where you will find the endemic St. Lucia parrot, which is known locally as the jacquot. You might also spot a number of grommier trees, whose wood the Carib Indians originally used for hand-carved dugout canoes. If you see bursts of color in the dense foliage, chances are, it will be flowers such as lavender stars and white lace. At the end of your Tram Ride, there is an optional walk through the beautiful Hummingbird Garden.

HIGHLIGHTS

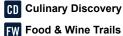
- · Glide through the rainforest canopy comfortably seated in an aerial tram
- · Listen to enlightening descriptions of the flora and fauna living in the rainforest.
- Look for the endemic St. Lucia parrot, the country's national bird.











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HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

A restaurant and a snack bar are available for dining on your own. Guests are required to sign a waiver in order to participate. The walk though the Hummingbird Garden is approximately 15 to 20 minutes and guests will be walking on uneven terrain, small garden stones and would have to climb approximately 25 to 30 steps. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

STL-005 SNORKEL AT MARINE PARK

Date: Mar 14, 2023 Time: 01:00 PM Duration: 3.00 Hrs Price: \$79.00



OVERVIEW

Cruise along St. Lucia's beautiful northwestern coast to Marine Park, an extraordinary site for snorkeling. Although the trip there will be magnificently scenic, few sights compare to the park's underwater wonders. The labyrinth of shallow reefs and coral heads provide habitats for all sorts of brightly colored tropical fish including French grunts, goatfish, jacks and snappers. You may also spot sea urchins, starfish and occasional octopuses tucked away in the rocks and crevices. Flying gurnards are especially fascinating, as these bottom dwellers typically expand their fins like wings to scare off predators. You won't have to snorkel the entire time, as you can always rest aboard the boat or relax on the beach. As you make your way back, refreshments will be served on board.

HIGHLIGHTS

- Cruise to a marine park that is absolutely teeming with tropical fish.
- · Snorkel along the shallow reefs and coral heads, looking for marine life other than fish.
- · Relax onboard or swim over to the beach, if you prefer not to snorkel the whole time.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- Wear flat comfortable walking shoes or aqua socks.

PLEASE NOTE

Participants must be competent swimmers and sign a liability waiver. Those taking part in water activities do so at their own risk and responsibility. This tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Snorkeling equipment is available on board.

lles Des Saintes, Guadeloupe

IDS-005 RESORT BEACH BREAK

Date: Mar 15, 2023 Time: 08:45 AM, 09:15 AM, 02:45 PM

Duration: 2.00 Hrs Price: \$109.00



OVERVIEW

Relax at a waterfront resort that features one of the most beautiful beaches on the volcanically formed island of Terre-de-Haut. You can expect the views in every direction to be magnificent, as the sparsely populated island is relatively undeveloped. Sugar Loaf may be the easiest landmark to identify as the bulbous mound looks like a miniature version of Rio de Janeiro's famed Sugar Loaf mountain. You will be free to do most anything you like during your time at the beach, as there isn't a schedule to follow. You might stretch out on a beach chair and bask in the sun, relax in

the shade with a complimentary drink in hand and take a refreshing swim in the sea. The resort's atmosphere couldn't be more welcoming or carefree, which makes it easy to completely relax as the day unfolds.

HIGHLIGHTS

- Spend time relaxing on the white-sand beach at a waterfront resort.
- Do whatever you please, from basking in the sun to swimming in the
- Admire the view of Sugar Loaf, one of the island's renowned natural attractions.

HELPFUL HINTS

- · Dress in layers in weather-appropriate clothing with a swimsuit underneath.
- · Bring a towel.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes limited walking, mainly at the guest's discretion. Availability of beach chairs, restrooms and changing facilities. Food & beverages are available at an additional cost.

IDS-002 SNORKELING LES SAINTES

Date: Mar 15, 2023 Time: 09:30 AM, 01:30 PM

Duration: 2.50 Hrs Price: \$149.00



OVERVIEW

Cruise the gorgeous coast of Terre-de-Haut, stopping along the way to snorkel in the crystal-clear turquoise waters. As you sail along the shore, you will pass several other enchanted islands that make up Les Saintes, which Christopher Columbus named on his second voyage to the Caribbean in 1493. The majority of the archipelago's islands, including Grand-llet, llet a Cabrit and La Coche, are uninhabited and blanketed with dense tropical vegetation. After about an hour of cruising, the boat will anchor just off Pain de Sucre beach. Its name, which means Sugar Loaf, comes from the bulbous hill at the end of the peninsula, which resembles the famed Sugar Loaf in Rio de Janeiro. The waters there are teeming with so many brightly colored tropical fish that it often feels like snorkeling in an aquarium. Look for sergeant majors, parrot fish, sea urchins and all sorts of sea fans along the coral reef.

HIGHLIGHTS

- · Cruise along the shore of Terre-de-Haut island, taking in the spectacular tropical scenery.
- Pass other islands, many of them uninhabited, that make up the Les Saintes archipelago.
- Snorkel off Pain de Sucre beach, an area teeming with colorful marine

HELPFUL HINTS

- Dress in layers in weather-appropriate clothing with a swimsuit underneath.
- · Bring a towel.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour requires a moderate amount of activity and participants should be in good physical condition and be able to swim. Those with mobility concerns are cautioned to carefully evaluate their personal level of stamina and ability.

IDS-004 LES SAINTES TREASURES

Date: Mar 15, 2023 Time: 01:00 PM, 01:45 PM

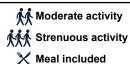
Duration: 2.50 Hrs Price: \$129.00



OVERVIEW



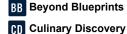






ADA Accessible







FW Food & Wine Trails



Explore some of the historical attractions on Terre-de-Haut, one of the few populated islands that make up the Les Saintes archipelago just south of Guadeloupe. The best view is arguably from atop Mount Mire, the bluff where the French constructed Fort Napoleon in the 18th century. As you wander around the now-renovated stone fort, you will learn about its history protecting the island from English invasion and its use as a penitentiary during World War II. Chances are, you will spot iguanas roaming the property's botanical gardens, which consist mostly of succulents. In the small village below the fort, you will pause at Our Lady of the Assumption, a 19th-century church that is considered a historic monument. There you will sample local specialties, including tourment d'amour, a small tart-like cake with a crunchy shell that is often filled with coconut, banana or guava. A cool rum punch, another local favorite, makes a perfect complement.

HIGHLIGHTS

- Enjoy the view from Fort Napoleon, which perches atop one of the island's highest points.
- Stop at the Lady of the Assumption, a 19th-century historic monument.
- Taste local specialties that include a tart-like cake with a tropical fruit filling.

HELPFUL HINTS

- Dress in layers in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes a moderate amount of activity. Those with mobility concerns are cautioned to carefully evaluate their personal level of stamina and ability.

Roseau, Dominica

DOM-001 DOMINICA'S FAVORITES
Date: Mar 16, 2023 Time: 08:30 AM
Duration: 4.50 Hrs Price: \$99.00

OVERVIEW

Travel to the most popular, must-see attractions in and around Roseau for a remarkably comprehensive look into island life. The journey begins with a scenic drive up Morne Bruce to take in the spectacular views from the lookout, which is named for an 18th-century engineer who designed forts on Dominica. At the botanical garden at the bottom of the hill, you will see exotic trees and imperial amazons, a parrot endemic to the island. More natural beauty awaits you at the twin waterfalls near the village of Trafalgar and later within Trois Pitons, the first national park on Dominica. The park has earned UNESCO World Heritage recognition for its smoking fumaroles, hot springs, volcanoes and extraordinary biodiversity. You will follow a naturalist guide on a short hike through the park's rainforest, which will end at the Emerald Pool. A narrow, 40-foot-high waterfall plunges into the pool, making the jungle scenery all the more spectacular.

HIGHLIGHTS

- Enjoy a magnificent view of Roseau from a 400-foot-high lookout.
- See firsthand why Dominica is called the Nature Isle of the Caribbean.
- Stroll through a botanical garden that is home to parrots only found on Dominica.
- Behold waterfalls cascading over steep cliffs in the dense rainforest.
- Hike through Dominica's first national park, a rugged land of volcanoes and hot springs.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

DOM-002 RIVER TUBING AND EMERALD POOL

Date: Mar 16, 2023 Time: 08:30 AM Duration: 4.50 Hrs Price: \$129.00

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OVERVIEW

Swim in a crystal-clear pool beneath a waterfall and then enjoy an exhilarating river tubing adventure. It won't take long to reach Morne Trois Pitons National Park, a luxuriant tropical forest with precipitous slopes, hot springs, fumaroles that belch volcanic gases and several volcanoes. These geological features are rarely found together, which is why the park has been designated a UNESCO World Heritage site. A short hike through the park will bring you to the shimmering Emerald Pool and the waterfall that forms it. It's an idyllic setting, where you may swim or simply relax along the shore. Afterwards, you will tube down the beautiful Layou River, which has carved a steep gorge through the jungle. You can expect an adrenaline-pumping ride as you maneuver through the rapids, down cascades and into swirling pools, all under the watchful eye and direction of an experienced river guide.

HIGHLIGHTS

- Drive to Dominica's first national park, a rugged land of volcanoes and hot springs.
- Hike a natural trail through the rainforest and on to the Emerald Pool.
- Swim in the waterfall-fed pool or just relax and enjoy the blissful setting.
- Tube down the Layou River, which snakes through the rainforest.
- Follow the guide's direction and expertly ride the river rapids for the ultimate thrill.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- · Wear a swimsuit and bring a towel and sunscreen.
- · Wear sneakers or water shoes.

PLEASE NOTE

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Participants must be able to swim. It is suggested you wear a swimsuit under clothing. The condition of the river will determine the tour operation.

DOM-018 CHOCOLATE EXPERIENCE AT BOIS COTLETTE

Date: Mar 16, 2023 Time: 08:30 AM, 01:00 PM

Duration: 3.00 Hrs Price: \$99.00

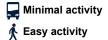
Hrs Price: \$99.00

OVERVIEW

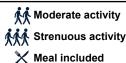
Enjoy an enlightening and interactive immersion into the processing of cacao beans on Dominica's oldest estate and then create your own chocolate candies in the kitchen. This culinary experience takes place at Bois Cotlette, a colonial estate constructed in the early 1720s with the island's only windmill. After settling in, you will see firsthand how the beans are fermented, dried, roasted and ground for products such as cocoa powders, cocoa butter and chocolate. To enhance your appreciation of the versatile cacao bean, tastings will be offered during each step. Then you will create your own chocolate candies in the estate's kitchen. You might infuse them with caramel, top them with sea salt or add flavors such as bacon and pepper. While sampling your concoctions, you can refer to a chocolate flavor wheel to help you express the characteristics of your signature candies. Afterwards, you may explore the grounds, including the Planter's Herb Garden.

HIGHLIGHTS

- Enjoy a hands-on chocolate-making experience at the island's oldest estate.
- See the unexpected archaeological treasures excavated on the grounds.
- Observe how cacao beans grown on the estate are processed for chocolate products.



Evening excursion



OE Oceania Exclusive
OS Oceania Select

ADA Accessible

BB Beyond Blueprints
CD Culinary Discovery

GG Go Green

FW Food & Wine Trails



- Create your own chocolate candies, infusing them with your favorite
- · Sample the candies you have created and the estate's dark chocolate
- · Stroll the estate's manicured grounds and gardens.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes about two hours of easy to moderate walking and standing with some uneven surfaces. Due to accessibility issues, the tour is not available to wheelchair guests. Those with mobility concerns should evaluate their stamina and ability before joining the tour.

DOM-023 ROSEAU HIGHLIGHTS BY TROLLEY TRAIN

Date: Mar 16, 2023

Time: 08:30 AM, 10:45 AM, 01:00 PM 03:15 PM



Duration: 1.50 Hrs Price: \$59.00

OVERVIEW

Ride through Roseau on a trolley train with wheels and pause on occasion at attractions that lend insight into the history of Dominica's capital, which was built on the site of an ancient Kalinago Indian village. Much of the compact downtown features beautifully restored historical architecture such as the landmark Roseau Cathedral. The train's conductor will offer enlightening commentary on the most noteworthy attractions, including the Roseau River, which flows through town before emptying into the Caribbean Sea. French settlers in the 17th century named the town for the Roseaux reeds that once grew along the riverbank. Of all the natural highlights, the Dominica Botanic Gardens may be the most magnificent. Feel free to stretch your legs there by walking the trails that wind through this urban oasis. Chances are, you will observe a variety of indigenous plants as well as Dominica's national bird, the purple-and-green Sisserou parrot.

HIGHLIGHTS

- Settle into a seat on a trolley train for a leisurely ride through Dominica's capital city.
- · Hear enlightening commentary that provides a historical perspective of
- Pause for photos at the most noteworthy attractions, including the cathedral.
- Meander through the Dominica Botanical Gardens if you like.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour is primarily panoramic in nature with walking at the guest's discretion during stops. Casual clothing and comfortable, flat walking shoes or agua socks are suggested. Participants cannot exceed 350 lbs.

DOM-004 WHALE AND DOLPHIN SAFARI

Date: Mar 16, 2023 Time: 08:45 AM **Duration: 3.50 Hrs Price: \$139.00**



OVFRVIFW

Gain a deeper understanding of the whales and dolphins that inhabit the surrounding seas by cruising on a boat equipped with hydrophones that allow you to hear them communicate. Dominica is one of the best places in the Caribbean for encounters with cetaceans, the family of marine creatures that includes whales, dolphins and porpoises. While cruising the waters off Dominica, you may spot humpback and sperm whales

breaching the water's surface and pods of playful dolphins swimming alongside the boat. It will be thrilling to watch these magnificent marine creatures in their natural environment and just as exciting to listen in on their underwater communication through the onboard hydrophones. You may hear large-toothed sperm whales communicating through clicking sounds and hear dolphins "speak" through clicks and whistles. A guide will be on hand to explain this fascinating aspect of cetacean life and answer other questions you may have about whales and dolphins.

HIGHLIGHTS

- · Cruise into the crystalline waters off Dominica to observe whales and dolphins.
- Marvel at the massive size of the whales that breach the water's surface.
- Delight in the antics of the acrobatic dolphins that often swim right next to the boat.
- Hear whales and dolphins communicate through the boat's hydrophones.
- Listen to the naturalist guide explain remarkable aspects of cetacean

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

DOM-005 CHAMPAGNE SNORKEL Date: Mar 16, 2023 Time: 09:00 AM Duration: 3.00 Hrs Price: \$89.00



OVERVIEW

Snorkel the crystal-clear waters at Champagne Reef, one of Dominica's top spots to observe marine life. A leisurely boat ride will bring you to the unusual reef, which is named for the champagne-like bubbles that continuously rise around it. As the guide will explain, subterranean geothermal activity causes gas to be released through small vents in the ocean floor here, forming streams of rising bubbles. In those areas, the water temperature can reach 90? Fahrenheit and the ocean floor will be warm to the touch. The abundant marine life will be just as mesmerizing, as you can expect to spot sergeant majors, angelfish, white-spotted filefish and schools of soldierfish. In all likelihood, you will also see divers in the deeper water, which reaches depths of up to 70 feet.

HIGHLIGHTS

- · Snorkel Champagne Reef, an underwater wonderland teeming with marine life.
- · Watch the continuous streams of champagne-like bubbles rise from the
- Feel the warmth of the ocean floor from the geothermal activity below.
- · Observe a variety of marine creatures, including tropical fish and hawksbill turtles.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

DOM-015 BEST OF THE VOLCANIC SOUTH

Date: Mar 16, 2023 Time: 09:00 AM, 01:00 PM

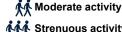
Duration: 3.50 Hrs Price: \$89.00



OVERVIEW

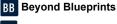
Explore attractions along the island's southern shore, which include a volcanic complex, several inspiring lookouts and a plantation from the French colonial period. One of the most spectacular views will be from Scotts Head, an elevated finger of land that divides the Caribbean Sea and the Atlantic Ocean. If it is a clear day, you may catch sight of Martinique. You will gain a different outlook at the seaside Morne Plat Pays volcanic





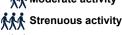


Oceania Exclusive

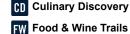


Go Green Go Local

Easy activity



Oceania Select







complex. Although there hasn't been an eruption since the 13th century, volcanic heat from the complex still radiates up from the sea floor, a phenomenon that the guide will explain in detail. Despite the volcanic threat, one of the island's oldest Roman Catholic churches has stood nearby for centuries, and you will have the opportunity to look at its beautiful interior. For a revealing glimpse into Dominica's past, you will visit Bois Cotlette, an estate built in the 1720s with the island's only windmill.

HIGHLIGHTS

- Enjoy spectacular views of the Caribbean Sea and Atlantic Ocean from atop Scotts Head.
- Gain an understanding of how volcanic eruptions created Dominica.
- Browse Dominica's oldest Roman Catholic church near a still-active volcanic complex.
- · Visit the island's oldest estate and see what archaeological excavations have unearthed.
- Pause at Morne Bruce lookout for photos and a view of your cruise ship in the distance.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes about one hour of easy to moderate walking, plus any additional walking at the guests' discretion during photo stops. There will be uneven surfaces. The tour is not available to wheelchair guests and not considered suitable for those with mobility concerns. There aren't handicap-accessible restrooms at Bois Cotlette.

DOM-017 DOMINICA BY LAND & SEA

Date: Mar 16, 2023 Time: 09:00 AM, 01:00 PM

Duration: 4.00 Hrs Price: \$99.00

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OVERVIEW

Behold the natural beauty of volcanically formed Dominica from a coastal lookout and by snorkeling just offshore before visiting the island's oldest estate. Upon reaching Scotts Head, an elevated peninsula that divides the Caribbean Sea and the Atlantic Ocean, you will be treated to outstanding views of the Morne Plat Pays volcanic complex across the bay. Views are just as spectacular below the water's surface, as you will discover while snorkeling at a marine reserve teeming with tropical fish. If you prefer to stay on land and take in the sweeping vistas, chairs will be available. You will next visit Bois Cotlette, an estate built in the 1720s. It boasts the only surviving windmill on the island and has been the subject of intense archaeological work since 2009. The estate is so well preserved, you can easily imagine living here centuries ago.

HIGHLIGHTS

- Enjoy spectacular views of the Caribbean Sea and Atlantic Ocean from atop Scotts Head.
- · Gain an understanding of how volcanic eruptions created Dominica.
- Snorkel the crystalline waters of a marine reserve or simply enjoy the vistas from land
- Browse the oldest estate on the island and discover its intriguing history.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear a swimsuit under your clothing and bring a towel, if you snorkel.
- Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes about two hours of easy to moderate walking and standing, plus additional walking at the guests' discretion. There will be uneven surfaces. The tour is not available to wheelchair guests and not considered suitable for those with mobility concerns. Guests taking part in water activities do so at their own risk and responsibility. There aren't handicap-accessible restrooms at Bois Cotlette.

DOM-019 CHAMPAGNE SNORKEL BY LAND

Date: Mar 16, 2023 Time: 09:00 AM Duration: 2.00 Hrs Price: \$149.00



OVERVIEW

In those areas, the water temperature can reach 90? Fahrenheit and the ocean floor will be warm to the touch. The abundant marine life will be just as mesmerizing, as you can expect to spot sergeant majors, angelfish, white-spotted filefish and schools of soldierfish. In all likelihood, you will also see hawksbill and green turtles and perhaps divers in the deeper water. The remains of a 17th-century shipwreck, including cannons and chains, lie scattered about the ocean floor.

HIGHLIGHTS

• Snorkel Champagne Reef, an underwater wonderland teeming with marine life. • Watch the continuous streams of champagne-like bubbles rise from the ocean floor. • Feel the warmth of the ocean floor from the geothermal activity below. • Observe a variety of marine creatures, including tropical fish and hawksbill turtles.

HELPFUL HINTS

• Bring towel, swimwear, comfortable clothing • Wear water shoes.

PLEASE NOTE

This tour requires a strenous amount of activity and participants should be in good physical condition and be able to swim. The tour is not available to wheelchair guests, guests with mobility concerns, recent back or neck injuries, heart conditions, epilepsy, diabetes, respiratory conditions or pregnant women. Flat, comfortable walking shoes or aqua socks; swim suits; towel; a change of clothing; sun caps; sunglasses and sunscreen are suggested.

DOM-020 BONGO BATHS THERAPEUTIC HOT POOLS

Date: Mar 16, 2023 Time: 09:00 AM, 10:00 AM, 11:00 AM,

12:00 PM



Duration: 2.00 Hrs Price: \$99.00

OVFRVIFW

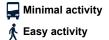
Ease into a geothermally heated natural pool and reap the benefits of its soothing waters. You will find the hot springs at Bongo Baths in Wotten Waven, an inland village in the heart of a mountain rainforest. Remnant volcanic activity well below the earth's surfaces heats the mineral-rich hot springs, which are wonderfully relaxing to soak in. The detoxifying waters are said to have abundant therapeutic effects, which may include reducing stress, promoting better sleep, boosting blood circulation and naturally relieving pain. The minerals in the water might also alleviate skin problems. Chances are, you will emerge refreshed, rejuvenated and ready to enjoy the remainder of the day in just the right state of mind. Afterwards, you might relax on a shaded bamboo bench, breathe in the fresh mountain air and do nothing more strenuous than listen to the mellifluous sounds of nature from the surrounding jungle.

HIGHLIGHTS

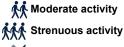
- Relax in the mineral-rich, geothermally heated hot springs at Bongo Baths.
- · Reap the water's therapeutic benefits, which may include stress reduction and pain relief. • Emerge from the hot springs refreshed and rejuvenated.

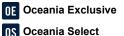
HELPFUL HINTS

• Dress in weather-appropriate clothing and bring towel. • Wear flat comfortable walking shoes.

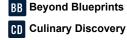


Evening excursion





ADA Accessible





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PLEASE NOTE

It is not advisable for quests to stay in the pools for more than one hour. It is available to quests who utilize a collapsible wheelchair, can make their way on and off the coach and have a companion to assist them. Flat, comfortable walking shoes or aqua socks; swim suits; towel; a change of clothing; sun caps; sunglasses and sunscreen are suggested.

DOM-022 EASY DOMINICA & RAINFOREST DRIVE

Date: Mar 16, 2023 Time: 09:00 AM, 11:00 AM, 01:00 PM

Duration: 3.00 Hrs Price: \$69.00

OVERVIEW

Behold some of the naturally beautiful attractions that reflect Dominica's nickname, "The Nature Isle of the Caribbean." For the ultimate view of the island's capital city Roseau, you will ascend to the lookout at Morne Bruce, from which you can spot the Dominica Botanic Gardens, your next stop. As you wander through this idyllic natural setting, you will see an array of indigenous plants that may include orchids and bromeliads. You will also likely view the twisted remains of a school bus beneath a massive baobob tree that crushed it during Hurricane David in 1979. The gardens are home to Sisserou parrots, which was named Dominica's national bird as it's the only species of parrot found on the island. While the gardens are manmade, nature shaped Hibiscus Falls, which you can easily reach on a brief walk through the rainforest. There, you will snack on fresh fruits and a cool tropical drink.

HIGHLIGHTS

- Enjoy a sweeping view of Roseau and the sea beyond from atop the Morne Bruce lookout.
- · Walk through the serene Dominica Botanic Gardens, an urban oasis full of native flora.
- · Behold easy-to-reach Hibiscus Falls as it cascades over a precipice in the rainforest.

HELPFUL HINTS

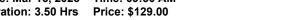
- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes minimal walking and is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and tour vessel and have a companion to assist them. Those with mobility concerns are cautioned to evaluate their personal level of stamina and ability

DOM-007 RIVER TUBING AND TRAFALGAR FALLS

Date: Mar 16, 2023 Time: 09:30 AM Duration: 3.50 Hrs Price: \$129.00



OVFRVIFW

Behold the beautiful twin waterfalls near the village of Trafalgar and then tube down the longest river in Dominica. It won't take long to reach Trafalgar Falls, twin waterfalls of varying heights; one is known as the Father Falls, the other is called the Mother Falls. Their source is the Morne Trois Piton River, which flows from the national park of the same name. Your first glimpse of the cascades will be from the top of the waterfalls, after which you will take a delightful walk through ginger plants and vanilla orchids to reach the second lookout. Both viewpoints are spectacular and well worth photographing. The tubing portion of this tour will begin at the Layou River, a waterway that meanders at times and then narrows into bubbling cascades at other points. You can expect the experience to be exhilarating, especially as you run the rapids.

HIGHLIGHTS

• See the twin Trafalgar Falls from two wonderfully scenic vantage

points.

- Learn how tropical storms have altered the falls and exposed warm water pools.
- Tube down a scenic section of the longest river in Dominica.
- Enjoy the thrill of riding the rapids as you race downstream.
- Relish the serenity of the calm pools between the stretches of rapids.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear a swimsuit under your clothing.
- · Wear sneakers or water shoes.
- · Bring a towel and sunscreen.

PLEASE NOTE

Participants must be able to swim. The condition of the river will determine if the tour operates.

DOM-010 RAINFOREST JEEP SAFARI

Date: Mar 16, 2023 Time: 10:00 AM Duration: 3.00 Hrs Price: \$139.00

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OVERVIEW

Ride through the idyllic countryside in an open 4x4 Jeep that allows for unobstructed views of the island, often ones that few visitors see. It won't take long to pass through historical Roseau and ascend to the lookout at Morne Bruce for a sweeping view of Dominica's capital. You will also make a brief stop at the nearby botanical gardens, where you may see brightly colored Imperial parrots, an endemic species that has been designated the national bird. More natural beauty awaits you deeper in the island's lush interior at Wotten Waven Sulphur Springs. Remnant volcanic activity well below the earth's surfaces heats the mineral-rich hot springs, which are wonderfully soothing to soak in. A bit farther into the rainforest, you will find Titou Gorge, a deep narrow crease in the land that formed when molten lava cooled centuries ago. You will be free to take an exhilarating swim to the waterfall at the end of the gorge or simply relax with a refreshing beverage in hand.

HIGHLIGHTS

- Drive through the rainforest that blankets Dominica in an open-air 4x4 Jeep.
- Delight in the unobstructed views of the island's natural beauty.
- · Stroll through an aromatic botanical garden.
- · See steaming, mineral-rich springs heated by geothermal activity.
- Swim through a steep narrow gorge to the base of a picture-perfect waterfall.

HELPFUL HINTS

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- · Dress in weather-appropriate clothing.
- · Wear a swimsuit under your clothing.
- · Wear flat comfortable walking shoes.
- · Bring a towel and sunscreen.

PLEASE NOTE

This tour includes about two hours of moderate walking, most of it over uneven or natural surfaces with a significant number of steps. The tour is not considered suitable for wheelchair guests or those with mobility concerns. Guests do not drive the jeep.

DOM-014 BOIS COTLETTE ESTATE HERITAGE TOUR - VIP

Date: Mar 16, 2023 Time: 10:00 AM Duration: 3.00 Hrs Price: \$129.00



OVERVIEW

Tour the early 18th-century plantation Bois Cotlette with a noted anthropologist that will offer a historical and cultural explanation of estate,

Minimal activity Easy activity

Moderate activity ሲሲ Strenuous activity

Oceania Exclusive Oceania Select

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Wellness Tour

Evening excursion



both past and present. Nestled in a valley within the active Morne Plat Pays volcanic complex, the estate is the best-preserved example of plantation architecture on the island and includes buildings for processing coffee, sugar and cocoa. It has been meticulously restored and has become self-sustaining with regard to food, power and water. Mark Hauser, the anthropologist that has led the excavation of the property for years, will accompany you on an in-depth tour of Bois Cotlette. Two stories will emerge. The first will detail the estate's construction; the second will candidly elaborate on the plantation owners and the slaves that worked at the plantation. By the end of the tour, you will have gained a true glimpse of life in the tropics centuries ago.

HIGHLIGHTS

- Follow an anthropologist on VIP tour of Dominica's oldest estate.
- Gain an understanding of early 18th-century plantation life in the tropics.
- Study excavated artifacts that reveal daily life for the plantation owners and the slaves.
- · See how Bois Cotlette has become self-sustaining once again.
- · Enjoy traditional Creole snacks and refreshments.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes about two hours of easy to moderate walking and standing with some gravel and uneven natural surfaces to negotiate. The tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour.

DOM-021 DOMINICA PANORAMIC DRIVE BY OPEN SAFARI

Date: Mar 16, 2023 Time: 12:30 PM Duration: 3.50 Hrs Price: \$89.00



OVERVIEW

Settle in for an immensely scenic drive around the southern part of Dominica in an open vehicle that will present the most unobstructed views. You will follow a winding coastal highway through the fishing village of Soufriere, named for the French word for "sulfur," a reference to the natural sulfur springs in the nearby valleys. St. Mark's Catholic Church there was built in the 19th century with volcanic stone and it is one of the most picturesque spots on the island. You will pause for photos and to feel the geothermally heated seawater in the small bath out front. Another panoramic view awaits you at Scott's Head, an elevated finger of land at the very tip of the island, which divides the Caribbean Sea and the Atlantic Ocean. Before returning to Roseau, you will gaze out over the capital from the lookout at Morne Bruce, from which the guide may point out the botanical garden that you will visit next.

HIGHLIGHTS

• Pause at a 19th-century Catholic church in Soufriere, an incredibly photogenic spot. • Drive to a slender peninsula that divides the Caribbean Sea from the Atlantic Ocean. • Enjoy a magnificent view of Roseau from the 400-foot-high Morne Bruce lookout. • Marvel at the flora and fauna that flourish in Roseau's botanical garden.

HELPFUL HINTS

• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes

PLEASE NOTE

Guests can opt to stay on bus. Casual clothing and comfortable, flat walking shoes are suggested.

DOM-006 RIVER TUBING

Date: Mar 16, 2023 Time: 01:00 PM Duration: 3.00 Hrs Price: \$119.00



OVERVIEW

Float down the Layou River in a comfortable, inflatable tube that will allow you to maximize the experience. The river is the longest in Dominica, the so-called "Land of 365 Rivers," and it eventually empties into the Caribbean Sea. You will tube down a portion that offers a mix of bubbly rapids, swirling eddies and calm pools, all surrounded by stunningly beautiful scenery. After a brief orientation, you will ease into the reliably stable tube and let the river current take you downstream without having to paddle or exert yourself in any way. Simply sit in the center of the circular tube and enjoy. The conditions will change through the adventure, as the river twists, narrows and widens as it meanders through the countryside. You can expect it to be an exhilarating experience that you will not soon forget.

HIGHLIGHTS

- Tube down a scenic section of the longest river in Dominica.
- Enjoy the thrill of riding the rapids as you race downstream.
- Relish the serenity of the calm pools between the stretches of rapids.
- Marvel at the verdant jungle-like foliage that grows right to the water's edge.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- · Wear a swimsuit under your clothing.
- · Wear sneakers or water shoes.
- · Bring a towel and sunscreen.

PLEASE NOTE

Participants must be able to swim. The condition of the river will determine if the tour operates.

Bridgetown, Barbados

BDG-002 BEACH BREAK

Date: Mar 17, 2023 Time: 08:45 AM Duration: 3.50 Hrs Price: \$69.00



OVERVIEW

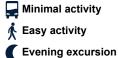
Spend a day relaxing on one of the premier beaches in Barbados, a lovely stretch of sand that rims Carlisle Bay in the southwestern part of the island. Your time at the Harbor Lights beach facility will be completely at your leisure, allowing you to enjoy the tropical setting as you please. You might bask in the sun on the soft powdery sand, take a refreshing swim, walk along the coast as the waves gently lap the shore, and relax in the shade of a coconut palm while gazing out at the sea. If you rent snorkeling equipment, chances are, you will spot one of the shipwrecks just offshore, sea turtles and schools of brightly colored fish. You might also dine on your own at one of the beachside restaurants and shop at the kiosks, where the local Barbadians typically sell jewelry made with sea glass and coral.

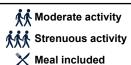
HIGHLIGHTS

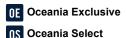
- Enjoy hours of free time at a spectacular beach just outside Bridgetown.
- \bullet Bask in the sun, swim in the sea and do most anything else that pleases you.
- Rent snorkeling gear and observe the underwater wonders just off shore
- Dine on your own and shop at the beachfront facilities.

HELPFUL HINTS

• Dress in weather-appropriate clothing.







ADA Accessible





FW Food & Wine Trails



- · Wear flat comfortable walking shoes.
- · Bring a towel and swimsuit.

PLEASE NOTE

This tour is not available to wheelchair guests and those with mobility concerns should evaluate their personal level of ability and stamina before joining the tour. Guests taking part in water activities do so at their own risk and responsibility. A complimentary welcome drink, beach chair, shared umbrella and use of the showers and restroom facilities are included.

BDG-001 BEST OF BARBADOS Date: Mar 17, 2023 Time: 09:00 AM Duration: 4.50 Hrs Price: \$99.00

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OVERVIEW

Visit an array of representative attractions that present the island's natural beauty, history and culture in enlightening ways. Few places are quite so serene as Orchid World, where you will meander winding garden paths that lead to countless orchids and more than a thousand other Caribbean plants. You may see hummingbirds flitting about from blossom to blossom, exotic dendrobiums and oddly shaped succulents. Continuing on to the parish of St. George, you will find Gun Hill Station, one of a series of signal stations that was once manned to warn of approaching enemy ships. From this elevated vantage point, you will be treated to spectacular views of the sea and beyond. For a different historical perspective, you will browse Sunbury Plantation House, a magnificent 17th-century residence decorated with period furnishings. Although many of the original pieces were lost in a fire, the furniture in the planter's office belonged to the sugar plantation's first owners.

HIGHLIGHTS

- · Stroll through Orchid World, whose namesake flowers only touch on the garden's flora.
- · Admire the lengthy views from atop Gun Hill Station, one of the island's highest points.
- Browse a 17th-century sugar plantation that presents a glimpse into the past.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

Camouflage clothing is not permitted in Barbados.

BDG-003 DISCOVER BARBADOS Date: Mar 17, 2023 Time: 09:30 AM Price: \$79.00 Duration: 3.50 Hrs



OVERVIEW

Take in the scenic diversity of Barbados on a panoramic driving tour through the bucolic countryside and along the beautiful coastline. As soon as you leave Bridgetown, the landscape will become much more agricultural with sugar cane being the dominant crop. The Dutch introduced sugar cane to Barbados in 1624 for export and rum production, and the crop is still grown but no longer in enormous quantities. The views will spectacular in a different way as you drive along the coast, passing luxury resorts and long stretches of remote beach. You will find one of the best views from St. John's Parish Church, a Gothic-style building constructed in 1836. Other versions of the church have stood on this site since 1645, but hurricanes and fires have destroyed them. More magnificent vistas await you from the hilltop Highland Centre, where you will linger over a cool drink while admiring views of Barbados' eastern

shore.

HIGHLIGHTS

- Drive through the gorgeous countryside and along the coast, taking in
- · Listen to commentary about the history of Barbados and its early plantation life.
- Pause for photos at a historical church that offers extraordinary views.
- · Gaze out over Barbados' eastern shore while enjoying a drink.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

There is uneven terrain at Bathsheba. There is a little walking involved in this tour but no stairs. This tour does not accommodate wheelchairs or walkers.

BDG-007 LUXURY CATAMARAN & SAIL Date: Mar 17, 2023 Time: 09:45 AM





OVERVIEW

Relax aboard a catamaran and cruise along Barbados' beautiful Platinum Coast, a highly affluent area on the western shore. The catamaran is so comfortable you might do nothing more than enjoy the luxurious setting and gorgeous views. It will be your choice. However, if you wish to explore the wonders underwater, you will have that opportunity once the catamaran anchors in a secluded cove. The island's Platinum Coast isn't just affluent, there is also a wealth of marine life just off shore. Snorkelers can expect to see schools of brightly colored tropical fish and perhaps even hawksbill sea turtles, which frequent the area because there are abundant sandy nesting sites within reach. If you spot one with a heart-shaped carapace, it is a young hawksbill turtle, as the shell elongates with age. On the return to Bridgetown, you will enjoy a delicious barbecue buffet with wine.

HIGHLIGHTS

- Sail on a luxurious catamaran along the island's magnificent Platinum Coast.
- · Anchor in a secluded cove and enjoy the onboard comforts.
- Take a refreshing swim in the turquoise sea.
- Snorkel in waters teeming with marine life, including hawksbill turtles.
- Enjoy a barbecue buffet on the return cruise to Bridgetown.

HELPFUL HINTS

- Dress in weather-appropriate clothing with swimwear under a cover-up.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

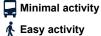
This tour includes limited walking. Those who wish to snorkel or swim should be good swimmers and in good physical condition. The tour is not available to wheelchair guests or those with mobility concerns and is not recommended for those who suffer from motion sickness. Guests who participate in water activities do so at their own risk and responsibility. Alcoholic beverages will only be served to those who are 21 years of age or older and only after water activities have concluded. Marine life sightings are not guaranteed. The tour may be altered depending on weather conditions.

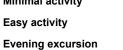
BDG-011 ATLANTIS SUBMARINE ADVENTURE

Date: Mar 17, 2023 Time: 10:45 AM Duration: 2.50 Hrs Price: \$169.00

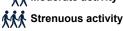


OVERVIEW





Moderate activity



Meal included





ADA Accessible

BB Beyond Blueprints



Go Green GG







Enjoy incredible underwater views at depths up to 150 feet from the comfort of the Atlantis III submarine. A scenic ferry ride will take you to the submarine, where you will settle in for an adventurous journey into areas that only scuba divers usually see. The submarine's co-pilot will provide narration throughout the cruise and point out the most fascinating marine life. You can expect to view an ever-changing, nonstop parade of tropical fish darting in and out of the coral reefs and gracefully swimming by the submarine. Brightly colored queen angelfish, honeycomb cowfish, glasseye snappers and black durgons are commonly spotted. You might even catch sight of southern stingrays, moray eels and hawksbill turtles. You will also cruise past a shipwreck that adds yet another dimension to the experience.

HIGHLIGHTS

- Ride a ferry along the coast to the awaiting submarine Atlantis III.
- · Settle into a seat in front of a large viewing port in the air-conditioned submarine.
- · Observe an endless array of marine life as the submarine dives to depths of up to 150 feet.
- · Look for large white-spotted eagle rays and hawksbill turtles gracefully swimming by.
- · Listen to the co-pilot explain some of the marine creatures' most unusual behavior.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour involves limited walking, but guests must be able to negotiate an 11-step ladder to enter and exit the submarine and use the gangways without assistance. The tour is not available to wheelchair guests and not considered suitable for those with mobility concerns. The minimum height requirement is three feet tall, and the minimum age to participate is four years of age, if accompanied by a parent or adult guardian. This tour may not be exclusive to cruise line guests.

Kingstown, St. Vincent

KGN-001 VERMONT NATURE TRAIL HIKE Date: Mar 18, 2023 Time: 07:30 AM, 12:30 PM

Duration: 4.00 Hrs Price: \$119.00



OVERVIEW

Hike through a protected rainforest with a guide that will point out exotic flora and fauna that may include the endangered St. Vincent Parrot, a species endemic to the island. Upon reaching the enormous St. Vincent Parrot Reserve, you will hike the Vermont Nature Trail, which winds through the lush rainforest. The scenery will be spectacular throughout the journey, but the real draw will be the chance to see the rare St. Vincent Parrot. Endangered because of loss of habitat and the illegal pet trade, this large parrot with multi-colored plumage is a favorite of birdwatchers. There is a good chance of seeing one or at least hearing its call. Similarly, the Whistling Warbler is another bird endemic to St. Vincent and often observed in the reserve. The boldly patterned, black-and-white warbler is usually seen happily flitting about the undergrowth. It too has a distinctive call that rises steadily in volume before ending emphatically.

HIGHLIGHTS

· Sample freshly prepared conch that the guides have just plucked from the sea.

HELPFUL HINTS

· Dress in weather-appropriate layered clothing.

· Wear flat comfortable walking shoes with closed toes.

PLEASE NOTE

This tour includes hiking about one mile over mostly uphill and natural terrain. There are footholds, but they are inconsistent in height and width. The trail may be slippery when wet. The tour is not available to wheelchair guests or those with mobility concerns. Participants should be in good physical condition. Wildlife sightings are common, but not guaranteed.

KGN-002 BEST OF ST. VINCENT

Date: Mar 18, 2023 Time: 07:45 AM, 12:45 PM Duration: 3.25 Hrs Price: \$99.00



OVERVIEW

Trace the island's history at Fort Charlotte and then behold its natural beauty at a botanical garden. The British started construction on the fort in 1763, building it on a ridge that offers an unobstructed view of Kingstown and beyond. Interestingly, the cannons point inland over the moat, as the fort was built to protect the English from the indigenous Indians and their French allies, who were more inclined to attack from land than the sea. Nearby, you will find the island's botanical gardens, which are among the oldest in the Western Hemisphere, having been established in 1765. An oasis of serenity, the gardens contain countless species including rare ones such as a breadfruit tree that is the third generation of one donated by the infamous Captain Bligh of the HMS Bounty. Continuing on, you will venture through the Mesopotamia Valley, where much of St. Vincent's fruits, vegetables and spices are grown.

HIGHLIGHTS

- Visit Fort Charlotte dating back to 1763 and offering views over Kingston.
- · View an oasis of serenity at the Botanical gardens
- · Enjoy a scenic drive through the Mesopotamia Valley

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes about an hour of easy to moderate walking with some slopes to negotiate. The tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Due to a weight restriction on the drawbridge at Fort Charlotte, you will travel there by minibus. Following this stop, you will travel by motor coach for the remainder of the tour.

KGN-003 GARDENS OF ST. VINCENT

Date: Mar 18, 2023 Time: 08:00 AM

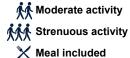
Duration: 4.25 Hrs Price: \$109.00



OVERVIEW

Meander down the lushly landscaped paths of two vastly different gardens: Kingstown's centuries-old botanical gardens and the more mountainous Montreal Gardens. Established in 1765, the botanical gardens are among the oldest in the Western Hemisphere. They contain colorful torch lilies, brain fruit palms, towering mahoganies and flowering Soufrieres, the national tree of St. Vincent, which isn't found anywhere else but on the island. A different sort of garden awaits you in the mountains above the fertile Mesopotamia Valley. A former plantation, Montreal Gardens is blessed with rich volcanic soil and a lovely terraced terrain. It is here that Welsh-born landscape designer Timothy Vaughn renovated 71/2 acres of land and turned it into a spectacular collection of gardens, each with its own design and personality. There is a formal garden, a color garden accented with splashes of brilliant flowers and a rainforest garden with a mountain stream that enhances its serenity.

Evening excursion





ADA Accessible





Food & Wine Trails

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CEANIA CRUISES®

HIGHLIGHTS

- Pass a war memorial that honors the Vincentians that died in World War I.
- Stroll the winding paths of Kingstown's centuries-old botanical gardens.
- · See a breadfruit tree descended from one donated by Captain Bligh of the HMS Bounty.
- Behold the exotic gardens that flourish in the volcanic soil of the Montreal Gardens.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes about two hours of moderate walking with some hills that may be steep. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who should evaluate their stamina and ability before joining the tour.

KGN-006 KAYAK & SNORKEL ADVENTURE

Date: Mar 18, 2023 Time: 08:00 AM Duration: 4.25 Hrs Price: \$119.00



OVERVIEW

Kayak and snorkel along St. Vincent's picturesque leeward coast and then stop at a movie location for "Pirates of the Caribbean." Being on the wind-sheltered side of the island, the seas are typically calm and easy to kayak, allowing you to focus on the sights. They include a backdrop of verdant mountains, serene coves and gorgeous beaches. If you gaze toward the horizon, you may see humpback, pilot and sperm whales and pods of frolicking dolphins. In time, you will paddle past the Bat Cave, an opening in the volcanic shoreline that thousands of bats inhabit, and then arrive at Byahaut Cove. It is one of the best snorkeling spots on the island and typically not crowded, as it can only be reached by sea. You may recognize the cove from the movie "Pirates of the Caribbean," some of which was filmed there. As you will discover while snorkeling, the sights are just as extraordinary below the surface.

HIGHLIGHTS

- · Kayak through the typically clear, calm waters on the island's protected leeward side
- · Snorkel a coral reef teeming with colorful tropical fish and other Caribbean marine life.
- Look for whales and dolphins, which frequent the waters year-round.
- See a cove that served as a set for the movie "Pirates of the Caribbean."

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- Wear flat comfortable walking shoes or aqua socks.

PLEASE NOTE

This tour includes moderate to strenuous activity and paddling for nearly 1½ hours. The tour is not available to wheelchair quests or those with mobility concerns. Guests should be in good physical condition. Kayakers must wear the provided safety vests. Single & double kayaks are available. Pack valuables in a watertight container. There are no restroom facilities on this tour. Guests participating in water activities do so at their own risk and responsibility.

KGN-007 BEQUIA BY SAILING CATAMARAN

Date: Mar 18, 2023 Time: 08:15 AM Duration: 6.50 Hrs Price: \$179.00



OVERVIEW

Sail to the neighboring island of Beguia and enjoy free time before snorkeling and then relax on the beach. The yachting paradise of Beguia measures just seven square miles, all of it beautiful, as you will discover after pulling into Port Elizabeth on a catamaran. Most of the boutiques are along Front Street, so you won't have far to walk. Sailing on, you will soon arrive at Moonhole, a cluster of quirky stone homes built under a natural arch in a coastal cliff. Few of the homes have windows or doors, some are partially constructed with whalebones, and all of them use rainwater collected in cisterns. You will anchor just offshore, leaving plenty of time to admire the private compound and snorkel off shore. Following lunch aboard, you will sail to Princess Margaret Beach, a beautiful ribbon of golden sand named for England's Princess Margaret, who once swam there.

HIGHLIGHTS

- · Sail on a catamaran to the nearby island of Bequia and explore Port
- Marvel at the strange "off-the-grid" stone homes built into the cliffs on Beguia.
- Swim and snorkel in the crystal-clear waters off the island.
- Spend hours relaxing on a lovely beach named in honor of England's Princess Margaret.
- Dazzle your friends by correctly pronouncing Beguia as "Bek-way."

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- · Wear flat comfortable walking shoes or aqua socks.

PLEASE NOTE

This tour includes moderate activity mainly at the guests' discretion. It is not available to wheelchair guests and not recommended for those with mobility concerns. Restrooms are available on board the catamaran. Lunch is served "castaway-style" with disposable glassware and utensils. Guests participating in water activities do so at their own risk and responsibility.

KGN-005 PIRATES OF THE CARIBBEAN & SNORKEL

Date: Mar 18, 2023 Time: 08:30 AM, 01:15 PM

Duration: 3.50 Hrs Price: \$119.00



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OVERVIEW

Enjoy the scenic splendor of St. Vincent by sailing along the coast, stopping to snorkel and visiting a set for "Pirates of the Caribbean." While cruising the leeward coast of St. Vincent, you will see British-built Fort Charlotte and the Bat Cave, an opening in the volcanic shoreline that thousands of bats inhabit. In time, the captain will anchor so you can snorkel through the turquoise waters, which are teeming with colorful, tropical fish. You will also be free to comb the beach, sunbathe or simply relax in the shade. Be sure to look for humpback, pilot and sperm whales and pods of frolicking dolphins, all of which frequent these waters year-round. Later, you will stop at Wallilabou Bay, which served as the fictional location of Port Royal in the movie "Pirates of the Caribbean" and its sequels. Many of the original sets still remain, and you may well recognize them.

HIGHLIGHTS

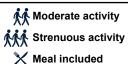
- · Sail along the beautiful leeward coast of St. Vincent.
- · Swim and snorkel in the crystal-clear waters, if conditions permit.
- Relax on the beach, an idyllic stretch of sand shaded by palms.
- · See sets from "Pirates of the Caribbean," much of which was shot in Wallilabou Bay.

HELPFUL HINTS

· Dress in weather-appropriate clothing.

Minimal activity Easy activity

Evening excursion



Oceania Exclusive Oceania Select

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Food & Wine Trails



- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- · Wear flat comfortable walking shoes or aqua socks.

PLEASE NOTE

This tour includes moderate activity, mainly at the guests' discretion. The tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Fins are not provided. Dependent upon prevailing weather and sea conditions, guests may not be able to disembark at Wallilabou Bay. Guests participating in water activities do so at their own risk and responsibility.

KGN-004 PANORAMIC ST. VINCENT

Date: Mar 18, 2023 Time: 09:00 AM, 12:00 PM

Duration: 2.00 Hrs Price: \$89.00



OVERVIEW

Drive through the bustling capital of Kingstown and the surrounding countryside, taking in the scenery and historical sights. Known as the "City of Arches" for its volcanic stone archways, Kingstown was first settled by the French. In the following decades, the island was ceded to the British, who built Fort Charlotte on a high bluff to protect Kingstown primarily from land attacks by the French and Caribs. Many of the landmarks in town are churches, and you will enjoy an exterior view of three of the most impressive ones. St. George's Anglican Church is known for its lovely stained-glass windows. St. Mary's Catholic Cathedral of the Assumption was built in stages and its eclectic architecture reflects the additions. Freed slaves help build Kingstown Methodist Church, a pastel-colored brick building. Leaving Kingstown behind, you will drive along the island's windward side, admiring the dramatic scenery, which includes black-sand beaches, rocky bluffs and coastal villages.

HIGHLIGHTS

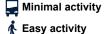
- Pass many of Kingstown's most historical landmarks
- View three churches, including one with stained-glass windows that Queen Victoria donated.
- Observe another church that freed slaves constructed.
- · Behold the beautiful shoreline and coastal villages along the island's windward side.
- Sample coconut water and coconut meat or "jelly," a staple on the island.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

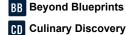
This tour includes limited walking and is mostly panoramic in nature. Wheelchair guests who can make their own way on and off the coach and have an able-bodied companion to assist them may participate in the tour; however, there is no room for wheelchairs on the coach and they must remain at the terminal until the tour's return. Those with mobility concerns should evaluate their stamina and ability before joining the tour.



Evening excursion



ADA Accessible









General Information

WHAT'S INCLUDED

Transportation - Licensed and insured late-model coaches, mini-vans, automobiles, watercraft and other modes of transportation are utilized. Guides - Licensed, English-speaking local guides accompany all tours.

Admission Fees - Shore excursions include all required admission fees, where applicable.

Meals & Refreshments - Meals and/or refreshments are included only when indicated in the shore excursion description.

CANCELLATIONS & REFUNDS

- · Shore excursions operate rain or shine.
- Minimum participation levels are required to operate shore excursions, so please sign up as early as possible. Excursions may be cancelled if minimum participation levels are not met. To ensure quality guides and sufficient transportation, we must provide the tour operator with passenger counts at least 36 hours in advance.
- Packages Unlimited Passport Collection and Your World Collection
- are fully refundable prior to embarkation of your cruise. Packages cancelled after embarkation will incur a 100% cancellation fee.
- · À la carte excursions are fully refundable until 36 hours in advance of the excursion. Excursions cancelled less than 36 hours in advance will incur a 100% cancellation fee.
- In the event of a port cancellation, guests who have purchased an Unlimited Passport Collection or Your World Collection package will receive a pro rata refund for that port based on the price paid. Guests who have purchased an à la carte excursion for a cancelled port will receive a full
- · No refunds or credits will be given for individual Your World Collection excursions not taken, unless the excursions are cancelled by Oceania Cruises.

PRICES, ITINERARIES & GENERAL INFORMATION

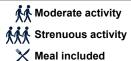
- All pre-reserved shore excursions receive priority confirmation over those booked on board.
- In order to receive maximum pre-cruise savings, you may pre-purchase shore excursions up until 7 days prior to your sail date.
- The discount of 25% off à la carte excursion prices that is offered with the Your World Collection is subject to a minimum number of excursions that must be purchased. This minimum is based on the number of port days on your cruise.
- · Shore excursion prices are subject to change to meet unexpected cost increases or currency fluctuations. Once excursions have been purchased, pricing is guaranteed and not subject to change.
- · During local or national holidays, access to certain facilities (such as museums or archaeological sites) may be limited or denied. In such instances, adjustments in the shore excursion itinerary will be made to minimize inconvenience to quests.
- · Some shore excursions have limited availability, reserve your excursions early to avoid dissapointment.
- · Oceania Cruises reserves the right to require guests to complete a liability waiver for select shore excursions. For more information, please consult the Destination Services Desk on board.

PLEASE NOTE

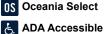
While the greatest care has been taken to offer the finest services available, Oceania Cruises will not be held responsible for any event or omission during the time that guests are not on board the ship or its tenders. All arrangements for certain optional off-board activities, including air transportation, hotel accommodations, ground transfers and shore excursions, are made by Oceania Cruises with the suppliers of the services for the convenience of our guests. Each guest agrees not to hold Oceania Cruises, its owners, employees, agents or representatives liable, in the absence of its own negligence, for any loss, injury, expense or damage which results directly or indirectly from any act or omission, whether negligent or otherwise, of any person or firm which provides any goods or services in connection with any optional travel component or any other option that is available for purchase. Arrangements with independent contractors include but are not limited to services, products and transportation provided elsewhere than onboard an Oceania Cruises vessel in connection with tours, whether arranged or organized by tour operators, travel agents or Oceania Cruises. Tours, including hotel accommodations and transportation by any vessel not owned or operated by Oceania Cruises or by air, rail or land, are not under the supervision and control of Oceania Cruises. Notwithstanding that Oceania Cruises, at the guest's option, arranges air transportation, hotel accommodations, group transfers, shore excursions and other services with independent suppliers of the services, it should be understood that Oceania Cruises, being a "for profit entity," earns a fee on the sale of the optional services.

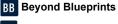
All Oceania Cruises shore excursion fares are per person, are subject to change and are subject to availability. Some tours are capacity controlled and may be withdrawn at any time without prior notice. While Oceania Cruises makes every effort to adhere to the specifics mentioned in each shore excursion description, circumstances may require otherwise. All shore excursion descriptions and information are subject to change without notice at Oceania Cruises' discretion. Oceania Cruises is not responsible or liable for typographical errors, omissions or misprints.











Food & Wine Trails

