

Shore Excursions

Tokyo (Yokohama), Japan to Tokyo (Yokohama), Japan RIVIERA — March 20, 2024

EXPLORE ASHORE

Oceania Cruises' shares your passion for new discoveries and that has led us to create an award winning program of optional shore excursions and tours that explore the world's most important historical, cultural and artistic gems. The wide variety of tour options means you may choose from the most enriching tours and adventures available in each of our ports of call. Witness natural wonders, explore man-made marvels and immerse yourself in the culture, history and cuisine of these storied destinations.

Reasons to book - Enjoy peace of mind knowing that your excursions are monitored by the ship's staff and star pier side for your security and convenience. Professional English-speaking experts to guide you through your journey. A staff of experienced, excursion specialists expertly plans each tour and is dedicated to maximizing your time in each port. Travel with premier, licensed and insured, tour companies aboard the best available, climate controlled luxury transportation. Plus, your excursion price is guaranteed from the moment you book with no penalty on cancellations up to embarkation day.

PACKAGES & PRICING

Your LAND OF THE RISING SUN voyage offers three pricing options that provide discounts of up to 40% off per person when you reserve your shore excursions before your cruise.

Á La Carte Excursions

Individual à la carte excursions are available for pre-purchase. Reserving in advance gives you the peace of mind knowing that your excursions have been pre-arranged and pre-reserved prior to your arrival.

Oceania Select Excursions - While all of the shore excursions offer extraordinary experiences, some are so outstanding and so awe-inspiring that they merit special recognition. These tours are designated as Oceania Select excursions and offer unique, one-of-a-kind experiences to the passionate explorer wishing to delve even deeper into a region's culture and history.

Oceania Exclusive Excursions - For those travelers who prefer an added measure of privacy, intimacy and flexibility, we also offer our Oceania Exclusive excursions. With a minimum participation of 10 guests, and never more than 16, these excursions benefit from a higher level of personal attention and detail only possible in small groups.

Your World Collection Package

Save 25% - Your World Collection provides the flexibility for you to design a personalized, value-packed collection of excursions by allowing you to select the exact number of tours you want to take from our entire portfolio. Best of all, you will save 25% off onboard à la carte prices when you reserve the shore excursion minimum. Save 25% when you reserve the minimum of 6 shore excursions.

Unlimited Passport Collection Package

SAVE up to 40% - For just \$1,299.00 per person, the Unlimited Passport Collection affords you the ultimate indulgence - the opportunity to fully experience all that a destination has to offer with UNLIMITED excursions throughout the voyage. You may choose from an array of excursions for one low price at a savings of up to 40% off à la carte excursion prices. As an added bonus, Unlimited Passport Collection guests also receive significant discounts off Oceania Select and Oceania Exclusive excursions.

BOOK YOUR SHORE EXCURSIONS

Guests in Suites and Concierge Level staterooms enjoy a 60-day priority booking period, prior to the 120-day online booking window.

If you purchase either the Your World Collection or Unlimited Passport Collections you also receive priority confirmation of your selections.

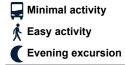
This added benefit is especially appealing if you wish to ensure that you have a place on the most popular tours in marquee cities.

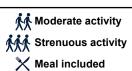
All excursion packages have the added convenience of being fully refundable until sail date and must be purchased in advance of sailing to enjoy the maximum savings. Packages will be non-refundable thereafter. Á la Carte excursions will remain fully refundable up until 36 hours before the excursion. You may pre-purchase shore excursions up until 7 days prior to your sail date.

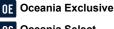
OceaniaCruises.com - OceaniaCruises.com offers a wealth of information about your cruise. Learn about and purchase shore excursions, select pre- and post-cruise hotel programs, find answers to frequently asked questions, read general information about your upcoming cruise experience, and much more. Our website safely and securely accepts credit card payments; you will automatically receive confirmation of your online purchase by email. All shore excursions purchased online receive priority processing and guaranteed acceptance.

To book your shore excursions, visit OceaniaCruises.com/myaccount or call Oceania Cruises 855-OCEANIA (855-623-2642).

THROUGHOUT THE FOLLOWING PAGES, YOU WILL FIND SYMBOLS WITH EACH DESCRIPTION TO ASSIST YOU IN CHOOSING THE SHORE EXCURSION THAT IS RIGHT FOR YOU:







OS Oceania Select

ADA Accessible

BB Beyond Blueprints
CD Culinary Discovery

Food & Wine Trails

GG Go Green
GL Go Local

WT Wellness Tour

CEANIA CRUISES

Nagoya, Japan

NGO-001 ATSUTA SHRINE & TOYOTA TECHNOLOGY MUSEUM

Date: Mar 21, 2024 Time: 09:15 AM Duration: 3.75 Hrs Price: \$109.00

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OVERVIEW

Discover two vastly different aspects of Nagoya: its love of history at an ancient shrine and its reverence for innovation at a technology museum. Although the city was largely destroyed during World War II, it has been lovingly reconstructed, including fire-ravaged Atsuta Shrine. It was supposedly founded in the 3rd century when a legendary sacred sword was enshrined here. Over time, the Shinto shrine became a great spiritual center, and today thousands of artifacts are displayed, including holy garments, utensils for deities and ancient documents. In contrast, the Toyota Commemorative Museum of Industry and Technology celebrates industrial innovations. The museum is located in a 1911 factory for automatic looms in honor of Sakichi Toyoda, the inventor of Japan's first power loom and founder of the Toyota Group. The company name was later changed from Toyoda to Toyota in part because it requires only eight brush strokes to write in Japanese, and eight is a lucky number.

HIGHLIGHTS

- Visit a Shinto shrine supposedly founded in the 3rd century to house a sacred sword.
- Join the pilgrims at the shrine that hope the sword will bring them good luck
- Browse a museum that celebrates Toyota's industrial innovations.
- Discover the fascinating history of Toyota and the founder's inventions.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.
- Bring Japanese yen for shopping.

PLEASE NOTE

This tour includes about three hours of moderate walking with steps, cobblestones and gravel surfaces to negotiate. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns should evaluate their stamina and ability before joining the tour. The tour sequence may vary.

NGO-003 INUYAMA CASTLE AND NORITAKE GARDEN

Date: Mar 21, 2024 Time: 09:30 AM Duration: 6.50 Hrs Price: \$159.00



OVERVIEW

Travel into the beautiful Nobi Plain to visit one of Japan's most revered castles and browse a cultural complex devoted to Noritake ceramics. Now an official national treasure, Inuyama Castle was completed in 1537 and has survived relatively intact over the centuries. As you browse the extraordinary interior, you will see artifacts relating to the Naruse family that once owned the castle. The armory of samurai weapons and the hidden doors for the guards are of particular note, as they shed light on the fact that the castle was under constant threat of attack. Noritake Garden presents a more artistic side of the area. Located on the site of the former Noritake ceramics factory, the garden also contains a craft center, museum and gallery. While meandering through the buildings, you will learn about the history and production of Noritake ceramics, see important Noritake pieces from the early 1900s and admire the traditional artwork.

HIGHLIGHTS

• Meander through a largely intact 16th-century castle.

- See the castle's armory of samural weapons and hidden defensive mechanisms.
- Walk the winding paths in fragrant Noritake Gardens.
- Learn the history of Noritake ceramics and see precious pieces from the early 1900s.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.
- · Bring Japanese yen for shopping.

PLEASE NOTE

This tour includes about 2½ hours of moderate to strenuous walking with cobblestones and steps to negotiate. The tour is not recommended for wheelchair guests and may not be suitable for guests with mobility concerns who should evaluate their stamina and ability before joining the tour. The tour sequence may vary.

NGO-002 TOKUGAWA LEGACY

Date: Mar 21, 2024 Time: 09:45 AM Duration: 4.25 Hrs Price: \$129.00



OVERVIEW

Visit several historical landmarks associated with Japan's legendary Tokugawa Shogun family, starting at the extraordinary Nagoya Castle. leyasu Tokugawa, the first shogun of the Edo period, ordered its construction in 1612. Although destroyed in World War II, the castle was rebuilt to its original splendor. You will see Tokugawa family treasures in the Tokugawa Art Museum, including period furniture, armor and ceramics for tea ceremonies. Many objects of art are from the peaceful Edo period, which lasted from 1603 to 1868. More priceless artifacts await you at Atsuta Shrine, which is said to have been founded in the 3rd century to enshrine a sacred sword. While the sacred sword remains the most valuable item, the last person claiming to see it was a priest from the Edo period, who soon died from a mysterious curse. Even so, that hasn't deterred the pilgrims that come hoping that the sword will bless them with good luck.

HIGHLIGHTS

- Explore a replica of 17th-century Nagoya Castle, which was rebuilt after World War II.
- View treasures from the powerful Tokugawa family in its namesake art museum.
- Visit a Shinto shrine supposedly founded in the 3rd century to house a sacred sword.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.
- · Bring Japanese yen for shopping.

PLEASE NOTE

This tour includes about three hours of moderate walking with steps, cobblestones and gravel surfaces to negotiate. The tour is not available to wheelchair guests and may not be suitable for guests with mobility concerns who should evaluate their stamina and ability before joining the tour. The tour sequence may vary.

NGO-004 PANORAMIC TOUR OF NAGOYA

Date: Mar 21, 2024 Time: 10:00 AM Duration: 4.00 Hrs Price: \$99.00



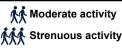
OVERVIEW

Explore a Shinto shrine and Nagoya's namesake castle before enjoying a serene stroll through one of the city's traditional Japanese gardens. As

Minimal activity

Reasy activity

Evening excursion

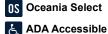








Meal included







you approach lovely Toyokuni Shrine, you will first notice the large Torii gate that leads to the entryway. The shrine is dedicated to Toyotomi Hideyoshi, who was born a peasant here in 1536 and rose to become a great feudal lord who unified Japan's warring political factions. Nagoya Castle is another architectural gem and was one of the largest castles in Japan until World War II, when most of it was destroyed. While browsing the replica castle, be sure to note the golden sea creatures on the roof that have become a symbol of Nagoya. For a respite from the hubbub of the city, you will stroll through Shiratori Garden, a green oasis meant to leave visitors with a great sense of ease and tranquility.

HIGHLIGHTS

- Observe the splendor of a Shinto shrine dedicated to one of Japan's greatest feudal lords.
- Meander through 16th-century Nagoya Castle, which is still largely intact.
- Enjoy the urban oasis Shiratori Garden, one of the more serene settings in Nagoya.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.
- · Bring Japanese yen for shopping.

PLEASE NOTE

This tour includes about two hours of moderate walking with cobblestone surfaces and gravel and earthen paths to negotiate. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have a companion to assist them. Guests with mobility concerns should carefully evaluate their stamina and ability and ability before joining the tour. The tour sequence may vary.

Kochi, Japan

KZC-003 EKINGURA MUSEUM & KOCHI CASTLE

Date: Mar 22, 2024 Time: 09:45 AM Duration: 4.00 Hrs Price: \$259.00



OVERVIEW

Delve into the fiery art of 19th-century Kochi artist Ekin at a museum dedicated to his work and explore Kochi Castle, which looms atop Otakasa Hill. Known for his magnificent folding screen artwork with red as the dominant color, Ekin painted ordinary subject matters that common people adored such as fishing and farming. You will find many of his most passionate pieces displayed at Ekingura Museum, including unusual ones meant to be viewed through peepholes. For a glimpse into the local culture in the 17th-century, you will visit Kochi Castle, an extraordinary building that has endured invasions, fires and natural disasters. One of a dozen Japanese castles with its original keep and palace, the castle is an architectural gem with a wooden interior that reflects the style of the Edo Period

HIGHLIGHTS

- Peruse the bright, energetic artwork of Ekin, an esteemed 19th-century
- See folding screen paintings meant to be viewed through peepholes.
- Explore Kochi Castle, the seat of the powerful Yamauchi lords during the
- · Appreciate the historical significance of the castle's original 17th-century keep and palace.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes more than two hours of walking on flat, hilly and steep terrain with about 160 steps to reach the castle's main building and additional stairs inside. This tour is not available to wheelchair guests or those with walking or mobility concerns. Flash photography and the use of tripods is prohibited inside the castle. Guests might be asked to remove their shoes and wear provided slippers in some areas of the castle.

KZC-004 RYUGADO CAVES & KOCHI CASTLE

Date: Mar 22, 2024 Time: 09:45 AM Duration: 5.00 Hrs Price: \$239.00



OVERVIEW

Discover the geological wonders in the Ryugado Caves and then explore Kochi's iconic early 17th-century castle. Designated an official national monument, the limestone caves are full of remarkable, illuminated formations named for figures from Japanese mythology. Artifacts and earthenware found in the caves indicate that they were inhabited about 2,000 years ago. Today, about 100 species of animals live inside, including bats, shrimp and crabs. The Japanese government has also recognized Kochi Castle for its cultural importance, in part because its keep and palace are original, despite being damaged from fires and invasions. Sometimes called the "Hawk Castle" for its curved tile roof, Kochi Castle also features a large Otemon Gate with a watch room where guards could monitor those entering the castle. Kochi is one of the few castles in Japan with spikes embedded in the walls to deter ninjas.

HIGHLIGHTS

- Observe the unusual geological formations within the Ryugado Caves.
- Learn about the people that inhabited the caves 2,000 years ago.
- Explore Kochi Castle, the seat of the powerful Yamauchi lords during the
- · Appreciate the historical significance of the castle's original 17th-century keep and palace.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- Bring a rain jacket, as water may drip from the cave ceiling.
- Wear flat comfortable walking shoes with non-slip soles.

PLEASE NOTE

There are nearly 800 steps at the caves and about 200 more at Kochi Castle. This tour is not available to wheelchair guests or those with walking or mobility concerns and is not recommended for guests that suffer from claustrophobia. Photography is prohibited in the cave areas inhabited by bats. Flash photography and the use of tripods is prohibited inside the castle. Guests might be asked to remove their shoes and wear provided slippers in some areas of the castle.

KZC-005 KOCHI CASTLE & KATSURAHAMA BEACH

Date: Mar 22, 2024 Time: 10:00 AM Duration: 3.50 Hrs Price: \$129.00

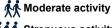


OVERVIEW

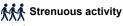
Enjoy a spectacular view of Kochi and beyond from its namesake 17th-century castle and then spend free time at nearby beach known for its stunning natural beauty. Kochi Castle sits atop Otakasa Hill and is considered so iconic that it has become a symbol of the city. Even the Japanese government holds the castle dear and has officially recognized its cultural importance. Highlights of the five-story castle include the original keep and palace. You might also notice the spikes embedded in the stone walls, which were added to discourage ninja attacks. An entirely different setting awaits you at Katsurahama, a tranquil beach with shaded walking paths. Although swimming is prohibited because of the strong currents, Katsurahama is still quite popular because of its scenery. The statue of



Easy activity **Evening excursion**



Meal included





Oceania Select

ADA Accessible

BB Beyond Blueprints

Culinary Discovery

Food & Wine Trails

Go Local

Wellness Tour



Kochi-born Sakamoto Ryoma, one of the architects of modern Japan, is also worth a look.

HIGHLIGHTS

- Explore Kochi Castle, the seat of the powerful Yamauchi lords during the Edo Period.
- · Appreciate the historical significance of the castle's original 17th-century keep and palace.
- Spend free time strolling along the shore at Katsurahama Beach.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

There are about 200 steps to negotiate at Kochi Castle. This tour is not available to wheelchair guests or those with walking or mobility concerns. Flash photography and the use of tripods is prohibited inside the castle. Guests might be asked to remove their shoes and wear provided slippers in some areas of the castle.

KZC-006 RYUGADO CAVES

Date: Mar 22, 2024 Time: 10:00 AM Duration: 3.25 Hrs Price: \$159.00



Walk through one of Japan's largest stalactite caves, a wondrous setting that has been designated a national natural monument. The caves are located within Mount Sampo and are estimated to be at least 175 million years old. While meandering along the caves' narrow paths and steel platforms, you will behold an abundance of unusual formations, many of them named for figures from Japanese mythology. Colored lights illuminate the formations to add drama. About 100 different species of animals inhabit the caves, including marine creatures such as shrimp and crabs that can be seen in the streams that flow throughout the caves. Humans lived here about 2,000 years ago, a fact determined when extremely rare earthenware and charcoal furnaces were uncovered near the caves' entrance. Perhaps the most remarkable relic is God's Vessel, an earthenware vessel encased in a stalactite.

HIGHLIGHTS

- Observe the unusual geological formations within the Ryugado Caves.
- Learn about the people that inhabited the caves 2,000 years ago.
- · Look for marine creatures in the streams and waterfalls throughout the caves.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- Bring a rain jacket, as water may drip from the cave ceiling.
- Wear flat comfortable walking shoes with non-slip soles.

PLEASE NOTE

There are nearly 800 steps at the caves This tour is not available to wheelchair guests or those with walking or mobility concerns and is not recommended for guests that suffer from claustrophobia. Photography is prohibited in the cave areas inhabited by bats.

KZC-002 JAPANESE PAPER MAKING EXPERIENCE

Date: Mar 22, 2024 Time: 10:15 AM Duration: 3.00 Hrs Price: \$149.00



OVERVIEW

Discover the art of Washi paper making at a craft village near the beautiful Niyodo River. As you will see, the paper is made by hand using raw materials sourced from the surrounding forest. Extraordinarily clean water is also essential to the process, which is why the village was established

by the river. Stronger and more durable than ordinary paper, Washi paper is traditionally used for arts, crafts and writing. Although the Chinese originally created paper, Buddhist monks introduced it to Japan in the 7th century so they could write down their scriptures. Washi paper is made from the inner bark of three indigenous plants, and while the process has become mechanized, the artisans at the craft village still work by hand. Later, you will see the crystal-clear waters of the Niyodo River from the low Nagoya Chinka Bridge, which was designed to let flood waters rush over it.

HIGHLIGHTS

- See how artisans make traditional Washi paper by hand in a craft village.
- · Recognize the attributes of Washi paper and why it is ideal for arts and
- · Gain an understanding of the history of paper making in Japan.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

This tour is available to wheelchair guests who have a collapsible wheelchair and are able to make their own way on and off the transportation. Guests must be self-sufficient or travel with a companion who can provide assistance.

KZC-001 BEAUTIFUL TEMPLE & GARDENS

Date: Mar 22, 2024 Time: 10:30 AM Duration: 3.00 Hrs Price: \$139.00



OVERVIEW

Explore two extraordinary landmarks atop Mount Godaisan, a sacred mountain not far from downtown Kochi. Established in the 8th century, Chikurinji Temple features an unusual five-story burgundy pagoda and is an important stop on a pilgrimage route that includes 88 temples. Known as a temple of learning, Chikurinji contains scrolls of great importance. It is also where Japan's beloved Buddhist saint Kobo Daishi received his training. He is venerated as a deity in one of the temple's halls. Nearby, you find the Makino Botanical Garden, built in 1958 to honor the Father of Japanese Botany, Kochi-born Dr. Tomitaro Makino. More than 3,000 species of plants flourish here, and as you stroll through the green oasis you can't help but feel immensely relaxed. If the outdoor experience piques your curiosity about Dr. Makino, visit the Exhibition Hall that focuses on his life and achievements.

HIGHLIGHTS

- Take in the serenity of Chikurinji Temple, an important stop on a pilgrimage route.
- Admire the temple's five-story pagoda and its unusual burgundy color.
- · Stroll the winding paths of a garden dedicated to the Father of Japanese
- · Recognize the achievements of botanist Dr. Tomitaro Makino in an exhibition hall.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes about two hours of walking on flat, hilly and steep terrains with about 150 steps at Chikurinji temple. This tour is not available to wheel chair guests or those with walking or mobility concerns.

Kagoshima, Japan

Minimal activity Easy activity

Moderate activity





Oceania Exclusive

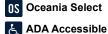


BB Beyond Blueprints

Go Green

Evening excursion

Meal included





Go Local **Wellness Tour**



KOJ-005 VOLCANIC SAKURAJIMA Date: Mar 23, 2024 Time: 10:45 AM Duration: 3.50 Hrs Price: \$129.00

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OVERVIEW

Discover the natural beauty of volcanic Japan by cruising to Sakurajima. one of the country's most active volcanoes and the beloved symbol of Kagoshima. As you cruise across Kinko Bay, you will be treated to a unique perspective of the volcano, which smokes and erupts almost daily, although fortunately not in a major way. However, an eruption in 1914 was so massive that when the lava flow hardened it bridged the bay. connecting an island just off shore to Osumi Peninsula. Upon arriving at the port, you will visit the Arimua Observatory, which sits atop a volcanic hill formed by another eruption. It is one of the few places in the world where you can safely view a highly active volcano. There are numerous lookout decks that will offer a variety of viewpoints of towering Sakurajima.

HIGHLIGHTS

- · Cruise to a peninsula where you will behold one of Japan's most active volcanoes up close.
- Expect to see the volcano belching smoke and perhaps even feel a minor eruption.
- · Discover how past major eruptions have shaped the surrounding landscape.
- Enjoy several perspectives of the volcano from the lookouts at Arimua Observatory.

HELPFUL HINTS

- · · Dress in weather-appropriate clothing.
- · · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes about 11/2 hours of walking and standing. Guests must negotiate 60 steps to reach the observatory. This tour is not available for wheelchair guests and not recommended for those with mobility concerns.

KOJ-001 HIGHLIGHTS OF KAGOSHIMA Date: Mar 23, 2024 Time: 12:00 PM Duration: 5.50 Hrs Price: \$209.00



OVERVIEW

Discover the natural beauty and flora surrounding Kagoshima with a special emphasis on the wonders of the active volcano Mount Sakurajima. The volcano constantly emits smoke and ash, at times thousands of feet into the air. You will enjoy an excellent view of the volcanic activity while riding a ferry across the bay to the Arimura Lava Observatory, where the view will be even more spectacular. The observatory sits atop a hilly lava field that a 1946 eruption created. Back in Kagoshima, you will pause at Sengan-en Garden, a botanical oasis built to complement the 17th-century residence of one of Japan's most influential feudal lords. It couldn't be lovelier, especially with majestic Mount Sakurajima towering in the background. For a glimpse into Kagoshima's industrial history, you will browse the Shoko Shuseikan Museum, which holds a collection of items from one of Japan's earliest machinery factories.

HIGHLIGHTS

- · Admire the still-active volcano Mount Sakurajima while riding a ferry across the bay.
- · Enjoy an even closer look at the volcano from an observatory on an old lava field.
- See the 17th-century home and garden of the powerful Shimazu clan.
- · Browse museum exhibits that depict Kagoshima's earliest efforts to industrialize.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes a moderate amount of walking mainly at the guest's discretion. It is available to guests who utilize a collapsible wheelchair, can both make their way on and off the coach and have a companion to assist them. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

KOJ-003 CHIRAN DISCOVERY Date: Mar 23, 2024 Time: 12:15 PM

Duration: 4.00 Hrs Price: \$189.00

OVERVIEW

Indulge in a revitalizing full-body sand bath at a traditional Japanese ryokan inn in beachside Ibusuki. After donning a light Japanese robe known as a yukata, you will lie in a specially prepared shallow pit and then be buried up to your neck in steaming volcanic black sand. The heat and weight of the sand will have a refreshing cleansing effect on your body with your skin being one of the main beneficiaries. After luxuriating in the sand for about 15 minutes, you will bathe in a hot springs bath, an experience that will totally relax your body. During the free time that follows, you might visit the Satsuma Denshokan Museum. Its enlightening exhibits focus on the 1868 Meiji Restoration and the history of Satsuma, which was the ancient name of the Kagoshima prefecture.

HIGHLIGHTS

- Experience the rejuvenating effects of being buried up to your neck in steaming black sand.
- Bathe in a natural hot spring after your sand bath.
- Browse a museum that details the local history on your own, if you wish

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

Tour is available to wheelchair guests who have a collapsible wheelchair and are able to make their own way on and off transportation. Guests must be self-sufficient or if assistance is required, they should travel with a companion who can provide this.

KOJ-006 SENGANEN GARDEN & MUSEUM

Date: Mar 23, 2024 Time: 12:30 PM Duration: 3.25 Hrs Price: \$139.00

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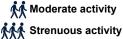
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OVERVIEW

Discover the exquisite flora at Sengan-en Garden and delve in Kagoshima's industrial history by browsing a museum with artifacts from one of Japan's earliest machinery factories. Both attractions are so spectacular that UNESCO declared them World Heritage sites. The garden is a botanical oasis built to complement the 17th-century residence of one of Japan's most influential feudal lords. It couldn't be lovelier, especially with majestic Mount Sakurajima towering in the background. It surrounds the former villa of the powerful Shimazu clan. A few centuries later, a descendant of the clan built Japan's first Western-style factory in Kagoshima to produce armaments, glass, ceramics and farm tools. You will see some of those artifacts at the Shoko Shuseikan Museum, including personal items from the Shimazu clan and fine Satsuma porcelain. Even the building is significant, as it was the first western-style stone building in Japan with arches.

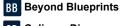
HIGHLIGHTS

Minimal activity Easy activity

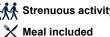




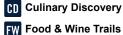
ADA Accessible













- Stroll through the 17th-century botanical oasis Sengan-en Garden, a World Heritage site.
- See how the garden was built to complement the Shimazu clan's 17th-century residence.
- · Browse a museum with artifacts from a factory that a Shimazu clan descendant built.
- · Admire the museum structure, Japan's first western-style stone building with arches.

HELPFUL HINTS

- · · Dress in weather-appropriate clothing.
- · · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes about two hours of walking and standing on mostly level ground with cobblestones and some uneven surfaces at the gardens. It is available to guests who utilize a collapsible wheelchair, can make their way on and off the coach and have a companion to assist them. Guests utilizing a wheelchair may not be able to access some parts of Sengan-en

Nagasaki, Japan

NGS-005 BEST OF NAGASAKI

Date: Mar 24, 2024 Time: 08:15 AM, 01:30 PM

Duration: 4.00 Hrs Price: \$149.00



OVERVIEW

Delve into the culture and history of Nagasaki by visiting two museums and a park that reveal the effects of the 1945 atomic blast and the isolationist Edo period. As you browse the displays in the Atomic Bomb Museum, you will learn about the city's culture before the bomb struck and the aftermath of the atomic blast. The museum's goal is to candidly show the devastation from the atomic bomb in hopes that nuclear weapons will eventually be abolished. It is only fitting that you will next visit the Peace Memorial Park, an urban greenspace built near Ground Zero of the atomic blast. For a different perspective of Nagasaki's past, you will tour an historical museum on Dejima, an artificial island built hundreds of years ago to isolate Portuguese missionaries. Through documents, artwork and restored buildings, the museum shows what life was like during this cultural period.

HIGHLIGHTS

- Browse the riveting and poignant exhibits in the Atomic Bomb Museum.
- Reflect on the effects of the 1945 atomic bomb blast in Peace Memorial
- Pause at Dejima and hear why the Portuguese were segregated here in the 17th century.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.
- · Bring local currency for shopping.

PLEASE NOTE

This tour includes about three hours of easy to moderate walking and standing with some steps. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach, and have an able-bodied companion to assist them. Guests with mobility concerns should evaluate their stamina and ability before joining the tour. Weather appropriate clothing; sun cap; sunglasses; and flat, comfortable walking shoes are recommended. The tour sequence may vary.

NGS-002 THE SPLENDOR OF ARITA & NAGASAKI

Date: Mar 24, 2024 Time: 08:30 AM Duration: 7.00 Hrs Price: \$259.00



OVERVIEW

Discover the extraordinary ceramics produced in the city of Arita and then visit a memorial park in Nagasaki near the epicenter of the 1945 atomic bomb blast. Although it will take two hours to reach Arita, it will be well worth the time. Your immersion into ceramics will begin at Fukagawa-Seiji, a crafts company founded in 1894. The artisans here are particularly revered for their porcelain, especially the white porcelain that appears transparent. As you will see, traditional methods are still used to manufacture a wide variety of products. During free time in Arita's atmospheric Old Town, be sure to browse the pottery galleries. While Arita is considered the birthplace of Japanese porcelain, Nagasaki will forever be remembered for the devastating atomic bomb that was dropped here. As you meander through the Peace Memorial Park, you can take a moment to reflect on the bomb's effects.

HIGHLIGHTS

- Enjoy an enlightening tour of a ceramics factory that opened in Arita in
- Behold the extraordinary porcelain and ceramics on display.
- Browse the porcelain galleries in Arita's lovely Old Town.
- Take a leisurely walk through Nagasaki's serene Peace Memorial Park.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.
- · Bring local currency for shopping.

PLEASE NOTE

This tour includes about 2½ hours of walking with some steps to negotiate. This tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. The order of sites visited may vary. On shorter port calls, the tour will last 61/2 hours and visit Genemongama Pottery instead of Arita's old town.

NGS-006 HIGHLIGHTS OF UNZEN AND SHIMABARA

Date: Mar 24, 2024 Time: 08:30 AM Duration: 7.25 Hrs Price: \$339.00

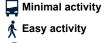


OVERVIEW

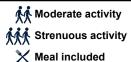
Stroll a boardwalk that winds through boiling geothermal springs known as Unzen Hell and then visit Shimabara castle, which a cruel feudal lord built in the 17th century. A magma reservoir at the bottom of a nearby bay causes the steaming, hissing landscape of Unzen Hell, which is of geological and historical interest. Here, between 1627 and 1632, dozens of Christians were executed by being thrown into the boiling waters to suppress the spread of Christianity, which had been introduced to Japan about 100 years earlier. A plaque stands at Unzen Hell to commemorate the martyrs. The struggles of Japan's early Christians are also detailed at Shimabara Castle, which was built by the lord that ordered the Christians to be murdered at Unzen Hell. The museum inside the castle showcases the ordeals of Christians at the time and their uprising in the Shimabara Rebellion. The five-tiered castle is a reproduction of the original, except for the stone foundation and moat that survived intact.

HIGHLIGHTS

- · Marvel at the bubbling sulfur pits and hissing steam vents at aptly named Unzen Hell.
- · Discover why Christians were boiled alive in its geothermal springs in the early 1600s.

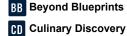


Evening excursion





ADA Accessible





Food & Wine Trails



- Explore imposing Shimabara Castle, a reproduction built on the original stone foundation.
- Browse a castle museum that details the struggles of the early Christians in Japan.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.
- · Bring local currency for shopping.

PLEASE NOTE

This tour includes about two hours of moderate walking and standing. There will be gravel paths, cobblestone surfaces and a few steps to negotiate at Shimabara Castle. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach, and have an able-bodied companion to assist them. Guests with mobility concerns should evaluate their stamina and ability before joining the tour. The tour sequence may vary.

NGS-001 HIGHLIGHTS OF NAGASAKI

Date: Mar 24, 2024 Time: 08:45 AM, 01:15 PM

Duration: 3.00 Hrs Price: \$139.00



OVERVIEW

Visit the key landmarks in Nagasaki, most of which recognize the devastating effects of the atomic bomb that was dropped on the city in August 1945. At first glance, the city appears to be modern, having been rebuilt since the end of World War II; however, your exploration will also reveal more historical areas with temples and secluded gardens. Still, attractions that commemorate Nagasaki's destruction from the bomb blast take center stage. The Peace Memorial Park now stands near Ground Zero and features statues and sculptures that countries all over the world have donated. The statue of a man with his right arm pointing to the sky to indicate the continued threat of nuclear destruction is particularly moving. You will also browse the Atomic Bomb Museum, which holds hundreds of artifacts that show the power of the bomb's impact and contains displays on modern nuclear technology.

HIGHLIGHTS

- Enjoy a panoramic drive around Nagasaki that reveals its modern and historical sides.
- Focus on attractions that reveal the destruction of the atomic bomb dropped here in 1945.
- Reflect on the effects of the bomb blast in Peace Memorial Park.
- Browse the riveting and poignant exhibits in the Atomic Bomb Museum.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.
- · Bring local currency for shopping.

PLEASE NOTE

This tour includes about 21/2 hours of walking with a limited number of steps to negotiate. Guests with mobility concerns should evaluate their stamina and ability before joining the tour. This tour includes sensitive material, including graphic pictures and displays on the atrocities of war. The order of sites visited may vary.

NGS-004 PANORAMIC NAGASAKI

Date: Mar 24, 2024 Time: 09:00 AM Duration: 4.75 Hrs Price: \$129.00



OVERVIEW

Take in the natural beauty of Nagasaki and some of the most scenic vistas in and around town, beginning with a stop atop Mount Inasayama. Thanks

to the mountain's proximity to the city center, you will be treated to sweeping vistas of the urban sprawl. Ask the guide to point out the Peace Memorial Park, as it will be your next destination. It is located near Ground Zero of the atomic bomb that was dropped here in 1945. Today, the park is a lush oasis full of fountains, statues and sculptures that countries around the world have donated in the name of peace. You will also visit Urakami Cathedral, where relics damaged in the bomb blast are on display, including charred stone saints. For a different historical reference point, you will pause at Dejima, an artificial island built in 1636 to segregate the Portuguese population and control their missionary activities. Dejima is now part of the mainland.

HIGHLIGHTS

- Enjoy a mountaintop view of Nagasaki that shows the dramatic lay of the
- Reflect on the effects of the 1945 atomic bomb blast in the serene Peace Memorial Park.
- See religious relics damaged in the bomb blast at Urakami Cathedral, which was leveled.
- Pause at Dejima and hear why the Portuguese were segregated here in the 17th century.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

The tour is available to guests who utilize a wheelchair who can make their way on and off the coach and have a companion to assist them.

Busan, South Korea

BSN-006 HAEDONG YUNGGUNGSA TEMPLE & CITY TOUR

Date: Mar 25, 2024 Time: 08:30 AM Duration: 6.00 Hrs Price: \$169.00



OVERVIEW

Discover the area's most iconic architecture, both ancient and modern, before immersing yourself in local daily life by visiting two bustling marketplaces. Originally built in the 14th century, Haedong Yonggungsa is revered for its pagoda and Buddhist sanctum inside a cave. It is said that the Great Goddess Buddha lives in the sea and appears on the back of a dragon, making Haedong Yonggungsa one of three sacred places related to the Goddess Buddha. The 108 steps down to the temple represent the 108 anguishes in Buddhist life. For a glimpse into South Korea's modern architecture, you will visit the glass-and-steel domed APEC House. This airy, light-filled building was designed to represent the spirit of openness and cooperation, as it is used for meetings and international summits. You will then browse Gukje Market, the country's largest traditional market, and Jagalchi Fish Market, South Korea's largest seafood market. Both display an extraordinary amount of merchandise.

HIGHLIGHTS

- Visit a temple that is one of three sacred places related to the Goddess
- · See South Korea's modern side at a seaside building used for international summits.
- · Enjoy a buffet lunch, then peruse traditional merchandise such as clothing and ceramics at Gukje Market.
- · Browse the stalls of Jagalchi Fish Market, observing the exotic marine creatures.

HELPFUL HINTS

· Dress in weather-appropriate clothing.





Moderate activity







BB Beyond Blueprints

Culinary Discovery



Meal included







· Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes about 21/2 hours of moderate to strenuous walking with some uneven surfaces and more than 100 steps to negotiate at the temple. The aisles at the fish market are narrow and the flooring can be wet and slippery. Lines may be long. The tour is not available to wheelchair guests or those with mobility concerns. The tour sequence may vary.

BSN-007 BEOMEOSA TEMPLE AND MARKETS

Date: Mar 25, 2024 Time: 08:45 AM Duration: 4.00 Hrs Price: \$99.00

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OVERVIEW

Visit an ancient Buddhist temple that dates to the Silla Dynasty before returning to Busan for a revealing glimpse into modern daily life at two bustling marketplaces. The temple is Beomeosa, a sprawling complex nestled on a mountainside surrounded by wisteria woods. Many of the buildings date from the 7th and 8th centuries, although after countless invasions they have been repeatedly reconstructed. In all likelihood, you will see the monks praying and chanting in Buddha Hall. A glimpse into two of Busan's most bustling markets follows. Refugees of the Korean War started Gukje, which has grown into the country's largest traditional market. Fresh seafood is the allure of Jagalchi Fish Market, where every imaginable fish and exotic sea creature is displayed on ice. Both markets are excellent venues for people-watching and to observe daily life.

HIGHLIGHTS

- Explore a reconstructed Buddhist temple complex that looks like it did in the 7th century.
- · Observe the monks at prayer.
- Stroll the maze-like aisles in Korea's largest traditional market.
- · Browse countless stalls laden with exotic seafood in Jagalchi Fish Market

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes with non-slip soles.

PLEASE NOTE

This tour includes about two hours of moderate to strenuous walking with some uneven surfaces and about 100 steps to negotiate at the temple. The aisles at the fish market are narrow and the floor can be wet and slippery. Lines may be long. The tour is not available to wheelchair guests or to those with mobility concerns. The tour sequence may vary.

BSN-008 HAEDONG YONGGUNGSA TEMPLE & FISH MARKET

Date: Mar 25, 2024 Time: 09:00 AM Duration: 3.75 Hrs Price: \$99.00



Recognize how the sea greatly influences local life by visiting several representative coastal attractions. Unlike the majority of Buddhist temples, Haedong Yonggungsa was constructed right on the shore in honor of the fact that the Great Goddess Buddha lives in the sea. The temple that stands today is an exact replica of the 14th-century original. The designers of the modern APEC House believe its seaside location provides a calm setting for the meetings and international summits that are held there. Natural light bathes the airy interior, adding to the soothing ambiance. The sea's bounty will be evident as you browse the Jagalchi Fish Market, South Korea's largest seafood market. Each morning, fresh fish and every other imaginable marine creature is delivered, iced and displayed in the seemingly endless shops and stalls. Other seafood is kept live in water tanks. Besides its incredible variety of seafood, the market is an excellent venue for people-watching.

HIGHLIGHTS

- Visit a seaside temple that is one of three sacred places related to the Goddess Buddha.
- · See South Korea's modern side at a seaside building used for international summits.
- · Browse the stalls of Jagalchi Fish Market, observing the exotic marine creatures.

HELPFUL HINTS

· Dress in weather-appropriate clothing. · Wear flat comfortable walking

PLEASE NOTE

This tour includes approximately 2 hours of walking. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Guests will have to negotiate many steps at the temple and wet floors at the fish market. Casual clothing and comfortable, non-slip walking shoes are suggested. The order of the sites visited or viewed may vary.

BSN-001 CULTURAL PERFORMANCE & BUSAN CITY

Date: Mar 25, 2024 Time: 09:15 AM Duration: 3.75 Hrs Price: \$119.00



OVERVIEW

Delve into the culture of Busan by visiting some of its most representative attractions and by watching a traditional dance performance at the city's cultural center. The performance will include a selection of regional dances that are improvisational rather than choreographed. South Korean dances are more about feelings than telling stories, and you can expect the show to be guite moving. On the other hand, Yongdusan Park conveys a sense of serenity, as you will see by meandering the paths of this urban oasis. Now a symbol of the city, Busan Tower rises high above the park. To experience local life on a more intimate level, you will also visit the Jagalchi Fish Market, the country's largest seafood market. As you browse the stalls and stores, you can expect to find every imaginable marine creature, including live eels, sea squirts and skates, which are similar to stingrays.

HIGHLIGHTS

- Watch a traditional dance performance at a cultural center.
- Stroll through tranquil Yongdusan Park, which Busan Tower dominates.
- Browse the stalls of Jagalchi Fish Market, observing the exotic marine creatures
- Stay in town after the excursion and return on your own, if you choose.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

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This tour includes about 1½ hours of easy walking and standing with some wet tile surfaces and narrow aisles at the Jagalchi Fish Market. The tour is available to wheelchair quests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns should evaluate their stamina and ability before joining the tour. Entrance to the Busan Tower is not included. Drop-off location for free time will be at the Hotel Foret nearby Gukje Market and Jagalchi Fish Market. Photography is not allowed at the cultural performance. The order of the sites viewed or visited may vary.

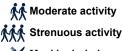
BSN-004 TEA CULTURE AND CITY HIGHLIGHTS

Date: Mar 25, 2024 Time: 09:30 AM Duration: 4.00 Hrs Price: \$139.00





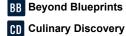






ADA Accessible







Wellness Tour



OVERVIEW

Participate in an elegant Korean tea ceremony, followed by a relaxing stroll through an urban park and a glimpse into daily life at a bustling fish market. Also known as a "darye," meaning "etiquette for tea," the ceremony has been practiced for thousands of years. During the elegant ceremony, you will discover many of the ritual's nuances, which involve visual beauty, the aroma of the tea and its flavor. The experience is intended to heighten the senses and provide a path to spiritual enlightenment. Yongdusan Park offers another venue ideal for relaxation, as it is a leafy urban oasis. Feel free to meander the grounds, where you are sure to see local residents enjoying the serenity. Jagalchi Fish Market will offer a change of pace, as it is a bustling energetic venue A favorite of locals, the fish market offers a wonderful glimpse into daily life and the bounty of the sea.

HIGHLIGHTS

- Join in a tea ceremony meant to provide spiritual enlightenment.
- Stroll through tranguil Yongdusan Park, which Busan Tower dominates.
- Browse the stalls of Jagalchi Fish Market, observing the exotic marine
- Stay in town after the excursion and return on your own, if you choose.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes about 11/2 hours of easy walking and standing with some wet tile surfaces and narrow aisles at the Jagalchi Fish Market. The tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Guests must sit on the floor for about 40 minutes during the tea ceremony or in the few available chairs. Entrance to the Busan Tower is not included. Drop-off location for free time will be at the Hotel Foret nearby Gukje Market and Jagalchi Fish Market. Photography is not allowed at the cultural performance. The order of the sites viewed or visited may vary.

Hiroshima, Japan

HIJ-002 HIROSHIMA & MIYAJIMA EXPLORATION

Date: Mar 26, 2024 Time: 10:15 AM Duration: 7.25 Hrs Price: \$339.00



OVERVIEW

Visit a memorial park that recounts the devastation from the atomic bomb dropped on Hiroshima in 1945 and then enjoy the wonders on beautiful Miyajima Island. Hiroshima Peace Memorial Park was built after World War II as a memorial to the tens of thousands of people who died in the atomic bomb blast. While here, you will see the Atomic Bomb Dome, one of the few structures left after the blast, and the Flame of Peace, a memorial that will continue to burn until nuclear weapons are abolished worldwide. You will enjoy an entirely different perspective of the area at Miyajima Island, which you will reach by ferry. Revered for its breathtaking beauty since ancient times, the island is home to the glorious Itukushima Shrine, a World Heritage site renowned for its "floating" red torii gate. You will have time to wander through the main hall and the adjoining shrines, which can be reached through bright-red passageways.

HIGHLIGHTS

- Discover how Hiroshima has risen from the ashes of the 1945 atomic bomb blast here.
- · Behold the ruins of the Atomic Bomb Dome, which has become a symbol
- Stand before the Flame of Peace, which will burn until nuclear weapons

are abolished.

- Admire the beauty of Itsukushima island, a holy place of Shintoism since
- Appreciate the island's 12th-century shrine, a UNESCO World Heritage

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes about four hours of walking with a few steps. Guests with mobility concerns should evaluate their ability and stamina before joining the tour. Sites include sensitive material, graphic pictures and displays on the atrocities of war. The order of sites visited may vary. Bring local currency for shopping. Please note that the Torii Gate is under renovation and will be covered up until June 2020.

HIJ-007 PEACE MEMORIAL PARK & MUSEUM Date: Mar 26, 2024 Time: 10:15 AM, 02:15 PM

Duration: 3.00 Hrs Price: \$109.00



OVERVIEW

Visit the poignant Hiroshima Peace Memorial Park and its emotionally powerful museum, which contains victims' mementos and exhibitions that convey the devastation from the atomic bomb blast in 1945. Hiroshima was the world's first city destroyed by an atomic bomb, and you will find haunting reminders of that event throughout the park. The most iconic is surely the Atomic Bomb Dome, the only structure left standing near the epicenter of the atomic blast. Now a World Heritage site, its skeletal remains stand exactly as they did right after the bomb blast. You will also see the impactful Children's Peace Monument, which depicts a young girl named Sadako holding a wire crane above her head. Sadako believed if she folded enough origami cranes—the crane symbolizing long life—she would survive the effects of the bomb's radiation. She died at age 12, and visitors still leave paper cranes in her memory at the foot of the monument.

HIGHLIGHTS

- Delve into the horrifying effects of the atomic bomb that was dropped on Hiroshima.
- Behold the ruins of the Atomic Bomb Dome, which has become a symbol of Hiroshima.
- · Reflect on the devastation from the atomic blast at the memorial Cenotaph.
- Stand before the Flame of Peace, which will burn until nuclear weapons are abolished.
- Learn the moving story of Sadako, a young victim of the atomic blast.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

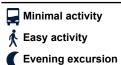
This tour includes about 11/2 hours of walking with some steps. The tour may not be suitable for wheelchair guests and those with mobility concerns should evaluate their ability and stamina before joining the tour. Sites include sensitive material, graphic pictures and displays on the atrocities of war. The order of sites visited may vary. Flash photography is prohibited inside the Peace Memorial Museum.

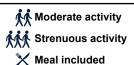
HIJ-005 PANORAMIC HIROSHIMA

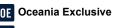
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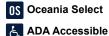
Duration: 2.00 Hrs Price: \$129.00

OVERVIEW













Food & Wine Trails



Enjoy a panoramic drive through Hiroshima, pausing on occasion at attractions that highlight the city's history and rise from near total devastation by an atomic bomb in 1945. Your first stop for photos will be at the Atomic Bomb Dome, the only structure left standing near the epicenter of the atomic blast. While a stark, powerful reminder of the destructive force of an atomic bomb, the building has also become a symbol of peace and hope for the elimination of nuclear weapons. The skeletal remains of the dome stand exactly as they did right after the bomb blast. Continuing on, you will see a wonderful reconstruction of the 16th-century Hiroshima Castle, a historical building that the atomic bomb leveled. Rebuilt in 1958, the stone and wooden castle rises five stories above its immaculately landscaped grounds and is surrounded by a protective moat.

HIGHLIGHTS

- Discover how Hiroshima has risen from the ashes of the 1945 atomic bomb blast here.
- Behold the ruins of the Atomic Bomb Dome, which has become a symbol of Hiroshima.
- · Pause for photos at Hiroshima Castle, an exact replica of the 16th-century original.
- Appreciate the castle's strategic setting and perfectly manicured grounds.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour is primarily panoramic in nature and walking is at the guests' discretion during the photo stops. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach, and have an able-bodied companion to assist them. The tour sequence may vary.

HIJ-008 SHUKKEI-EN JAPANESE GARDEN Date: Mar 26, 2024 Time: 10:30 AM, 02:00 PM

Duration: 2.50 Hrs Price: \$129.00

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OVERVIEW

Stroll through tranquil Shukkei-en Garden in the shadow of Hiroshima Castle as a prelude to visiting sites that memorialize victims of the atomic bomb blast here in 1945. The bomb leveled much of Hiroshima, including centuries-old Shukkei-en Garden. Replanting started almost immediately and today the garden is a revered urban oasis. While meandering along its natural paths, you can expect to find sculpted gardens, arched bridges over serene ponds and a variety of flowering plants, as the garden was designed so that something is always in bloom. Hiroshima Peace Memorial Park encourages reflection, but in a different way. Its attractions are grim reminders of the atomic bomb's devastation. The skeletal Atomic Bomb Dome, one of few buildings left somewhat intact after the blast, has become a symbol of Hiroshima. Other memorials include the Cenotaph, where the names of the victims are inscribed, and the Flame of Peace, which will burn continuously until nuclear weapons are abolished worldwide.

HIGHLIGHTS

- · Revel in the serenity of Shukkei-en Garden, which the atomic bomb blast in 1945 leveled.
- · Behold the ruins of the Atomic Bomb Dome, which has become a symbol of Hiroshima.
- Reflect on the devastation from the atomic blast at the memorial Cenotaph.
- Stand before the Flame of Peace, which will burn until nuclear weapons are abolished

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes just over an hour of walking and with steps and cobblestone surfaces to negotiate. The tour is not recommended for wheelchair guests or those with mobility concerns. The tour sequence may vary.

HIJ-004 MIYAJIMA

Date: Mar 26, 2024 Time: 12:45 PM **Duration: 4.25 Hrs Price: \$189.00**



OVERVIEW

Take the ferry to Miyajima, a small forested island known for its stunning natural beauty and ancient shrines. Upon arriving, you will first notice the giant red torii gate that rises up out of the ocean as if it were floating. The revered primary shrine is also built over the water and together these iconic attractions have been declared a UNESCO World Heritage site, as they illustrate the Japanese concept of scenic beauty, in which nature and human creativity harmoniously combine. At high tide, the gate and the 12th-century shrine seem to be floating on the water. To alleviate friction from the rising tides and more severe water conditions, the shrine's wooden floors have spaces between the planks and were constructed without metal nails that would restrict the planks from moving with the tides.

HIGHLIGHTS

- Ride the ferry over to Miyajima, a sacred island since ancient times.
- Marvel at how the shrine and torii gate here seem to float in the sea at high tide.
- Appreciate how the shrine fulfills the Japanese concept of scenic beauty
- Discover the ingenuity behind the construction of the shrine, a World Heritage site.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes nearly three hours of walking with some steps. The tour is not recommended for wheelchair guests and those with mobility concerns should evaluate their ability and stamina before joining the tour. Bring local currency for shopping. Please note that the Torii Gate is under renovation and will be covered up until June 2020.

HIJ-001 HIGHLIGHTS OF HIROSHIMA Date: Mar 26, 2024 Time: 01:00 PM

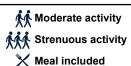
Duration: 4.00 Hrs Price: \$189.00



OVERVIEW

View the landmarks of Hiroshima, some commemorating the atomic bomb blast here in 1945 and others reflecting the city's celebration of peace. At the poignant Hiroshima Peace Memorial Park, you will behold the ruins of some of the few concrete buildings left after the atomic bomb was dropped. One of them, the Atomic Bomb Dome, has been declared a UNESCO World Heritage site and has become a symbol of Hiroshima. You will also see the Cenotaph memorial, where the names of the tens of thousands that lost their lives in the blast are inscribed, and the Flame of Peace, which monks visit daily to offer prayers and burn incense. While the mood there is somber, serenity is the overarching theme at Shukkei-en Garden. Besides being a wonderful respite from the hubbub of the city, the garden is a visual delight, as plants are always in bloom regardless of the

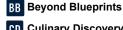






ADA Accessible











season.

HIGHLIGHTS

- Discover how Hiroshima has risen from the ashes of the 1945 atomic bomb blast here.
- Behold the ruins of the Atomic Bomb Dome, which has become a symbol of Hiroshima
- Reflect on the devastation from the atomic blast at the memorial Cenotaph.
- Revel in the serenity of the urban oasis Shukkei-en Garden.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes about two hours of walking with a few steps. Guests with mobility concerns should evaluate their ability and stamina before joining the tour. Sites include sensitive materials, graphic pictures and displays on the atrocities of war. The order of sites visited may vary. Bring local currency for shopping.

Beppu, Japan

BE9-003 USUKI STONE BUDDHAS & VILLAGE

Date: Mar 27, 2024 Time: 08:30 AM Duration: 4.50 Hrs Price: \$229.00



OVERVIEW

Delve into the history of Usuki, a former castle town famous for its many Buddha sculptures carved into the surrounding rock cliffs. Buddhas made of stone are rare in Japan, but there are about 60 of them in Usuki, all carved between the 8th and 12th centuries. The Buddhas are considered national treasures. As such, they are sheltered from the elements as the stone is of volcanic origin and somewhat soft and moist, which makes the sculptures susceptible to erosion. Although the castle overlooking Usuki is in ruins, it still offers a hint of what life was like in the 16th century. You will get a more revealing glimpse into the past in the town's historical district. Its centerpiece is a narrow road that winds past elaborate temples and Edo-style samurai residences with several levels due to their limited street frontage. You are sure to find the district wonderfully photogenic.

HIGHLIGHTS

- Behold a collection of Buddhas sculpted into a cliff that are considered national treasures.
- · Meander through Usuki's historical district for a look at what life was like centuries ago.
- Notice the district's Edo-style architecture that was designed to maximize the limited space.

HELPFUL HINTS

· Dress in weather-appropriate clothing. · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes approximately 2 hours of walking, with some strenuous walking over uneven surfaces, some steps, and narrow passageways. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual clothing and comfortable, flat walking shoes are suggested.

BE9-005 USA JINGU SHRINE & KUMANO MAGAIBUTSU STONE **BUDDHA** OS AAA

Date: Mar 27, 2024 Time: 08:30 AM

Duration: 4.50 Hrs Price: \$229.00

OVERVIEW

Gain insight into the Shinto religion at an 8th-century shrine and view one of the largest stone Buddhas in Japan. Usa Jinga is one of the country's oldest shrines and is dedicated to Hachiman, the patron deity of war and archery. The design of the shrine's vermilion-lacquered main hall is a prototype of Hachiman-zukuri style of architecture and deserves attention, as do the cultural artifacts in the shrine's treasure hall. The setting for the ancient Kumano Magaibutsu stone Buddha is more rural, and the surrounding natural beauty makes up for the difficulty in reaching this official National Important Cultural Property. It requires climbing a set of steep, boulder-strewn "demon steps" with the aid of handrails, but it is well worth the effort. Once you arrive at the stone cliff, you will see the sublime face of Buddha in bas relief, which like Usa Jinga was created in the 8th century.

HIGHLIGHTS

- Visit a national treasure 8th-century shrine that shaped the local Shinto faith
- Learn why the shrine's design became a prototype for Hachiman-zukuri architecture
- Behold a large stone Buddha sculpted in bas relief in the 8th century.

HELPFUL HINTS

· Dress in weather-appropriate clothing. · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes strenuous walking over uneven surfaces, including many stone steps and steep slopes to negotiate at Kumano Magai Butsu. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual clothing and comfortable, flat walking shoes are suggested. The order of the sites visited or viewed may vary.

BE9-001 AMAZING HELL SPRINGS & VILLAGE STOP Date: Mar 27, 2024 Time: 08:45 AM, 01:00 PM

Duration: 3.00 Hrs Price: \$199.00



OVERVIEW

Visit two of Beppu's many hot springs known as jigokus or "hells" and a village that has been producing natural bath products for centuries. With so many thermal springs in and around Beppu, thick clouds of steam can always be seen rising from the ground. At the Umi Jigoku, the so-called Sea Hell, you will notice that the cobalt-blue water is near boiling and so hot that visitors can only observe the thermal phenomenon. However, at the Chinoike Jigoku or Blood Pond Hell, you might take a foot bath in the iron oxide-rich water that gives the pool its reddish color. The hot springs throughout Beppu are said to have restorative powers, and visitors come from all over to soak in them. While browsing the shops in Myoban Yunosato village, you might purchase some of the healing minerals and bath salts that have been extracted from the waters to create your own hot springs experience at home.

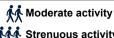
HIGHLIGHTS

- Discover the healing powers and varying colors of Beppu's hot springs.
- · Soak your feet in vibrant red thermal water said to have restorative powers.
- · Shop for bath products made with minerals and salts extracted from the hot springs.

HELPFUL HINTS

• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes. • Bring a towel if you take a foot bath.

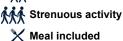
Minimal activity Easy activity

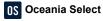




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PLEASE NOTE

This tour includes a moderate amount of walking. It is available to guests who utilize a collapsible wheelchair, can both make their way on and off the coach and have a companion to assist them. Casual clothing and comfortable, flat walking shoes are suggested. The order of the sites visited or viewed may vary.

BE9-004 BEPPU HOT SPRING EXPERIENCE Date: Mar 27, 2024 Time: 09:00 AM, 01:15 PM

Duration: 3.00 Hrs Price: \$199.00

OVERVIEW

Ease into the restorative, mineral-rich waters of a hot spring and enjoy free time exploring Kannawa, a village built on soil that constantly steams due to the thermal springs below. It is almost impossible to avoid the lingering foggy steam that makes Kannawa so spectacularly atmospheric. While wandering about, you will also likely notice the variety of small shops with sidewalk displays of freshly steamed eggs, sweet potatoes and pork dumplings. The residents have learned to live with the corrosive effects of the high humidity and minerals in the water, as most everything mechanical or electric soon breaks down. However, as you will discover firsthand, soaking in a thermal spring can work wonders. You can expect to emerge from the water wonderfully refreshed and relaxed. As an option, you might just steam your feet in the supposedly healing mist that rises from the hot water.

HIGHLIGHTS

- · Soak in the mineral-rich waters of a hot spring and emerge refreshed and relaxed.
- Browse the atmospheric streets of Kannawa, a village built atop steaming hot springs.
- Try a local snack such as eggs or dumplings cooked over a steaming hot spring.

HELPFUL HINTS

• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes

PLEASE NOTE

This tour includes limited walking, mainly at the guest's discretion. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Guests are required to be naked at the hot spring as it is not allowed to wear swimsuits. Tattoos are prohibited. Guests should watch their step in a hot spring as surfaces may be slippery. It is recommended that guests not wear accessories as the color may be changed due to hot spring water. Please do not bring valuable items. The order of the sites visited may vary.

BE9-006 YUFUIN WITH HOT SPRING EXPERIENCE

Date: Mar 27, 2024 Time: 09:00 AM Duration: 6.50 Hrs Price: \$349.00





OVFRVIFW

Become familiar with the considerable charms of Yufuin, an Edo-style village in the shadow of twin-peaked Mount Yufu, and relax by soaking in a hot spring. While pausing for photos at Lake Kinrin, you will enjoy sweeping views of the natural beauty that makes the Oita Prefecture so appealing. Yufuin is equally captivating, especially along Yunotsubo Kaido, a street lined with low-slung shops and cafés that lend it a traditional atmosphere. Walk into any of them, and you can expect to smell the bewitching aroma of yuzu kosho, a local citrus chili paste used liberally in the cuisine and for sale in most shops. Although the atmosphere is laid-back throughout Yufuin, its hot springs make relaxing an art form. After soaking in the soothing waters, you will feel incredibly refreshed and tension-free. A stop at Sagiridai Observatory will present another perspective of Yufuin nestled at the foot of Mt. Yufu.

HIGHLIGHTS

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- · Soak in the mineral-rich waters of a hot spring and emerge refreshed and relaxed.
- Browse the shops along a traditional street in the heart of laid-back Yufuin
- · Admire the area's gorgeous natural beauty at Lake Kinrin and from atop an observatory.

HELPFUL HINTS

· Dress in weather-appropriate clothing. · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes a moderate amount of walking, mainly at the guest's discretion. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Guests are required to be naked at the hot spring as it is not allowed to wear swimsuits. Tattoos are prohibited. Guests should watch their step in a hot spring as surfaces may be slippery. It is recommended that guests not wear accessories as the color may be changed due to hot spring water. Please do not bring valuable items. Towels will be provided upon entry to the hot spring. The order of the sites visited may vary.

BE9-GG1 BEPPU HOT SPRINGS & GEOTHERMAL ENERGY

Date: Mar 27, 2024 Time: 09:00 AM Duration: 6.00 Hrs Price: \$319.00





OVERVIEW

Discover how the thousands of hot springs in and around Beppu influence nearly every aspect of life there. While visiting the Yuyama Geothermal Power Plant, you will learn how much of that renewable energy is harnessed for heating and electricity. You will also be offered a snack known as jigoku-mushi, which is cooked in steam that naturally rises from the ground. After taking in the panorama of Beppu from atop the Jumonjibara Observatory, you will enjoy a close-up view of some of the most representative hot springs. Oniishi Bozu is named for its churning grey thermal mud that supposedly looks like the shaven head of a bozu or Buddhist monk. The water is cobalt-blue at Umi Jigoku, which inspired its name "Sea Hell." The entire village of Kannawa constantly steams due to the geothermal springs below. As you will see, the clouds of steam make the streets spectacularly atmospheric.

HIGHLIGHTS

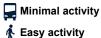
- See how Beppu harnesses its abundant geothermal energy at a nearby power plant.
- Enjoy a sweeping view of Beppu from atop an observatory in the hills above the city.
- · Visit a hot spring known as Sea Hell because the cobalt-blue water is unbearably hot .
- · Browse the atmospheric streets of Kannawa, a village built atop steaming hot springs.

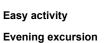
HELPFUL HINTS

- · Dress in weather-appropriate clothing .
- · Wear flat comfortable walking shoes .

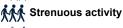
PLEASE NOTE

This tour includes approximately 3 hours of walking. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual,



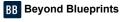


Moderate activity









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weather-appropriate clothing and comfortable, flat walking shoes are suggested.

BE9-002 JIGOKUMEGURI & BAMBOO CRAFT EXPERIENCE

Date: Mar 27, 2024 Time: 09:15 AM Duration: 4.00 Hrs Price: \$199.00

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OVERVIEW

Behold two unusual hot springs and become immersed in the art of making exquisite bamboo handicrafts. Although there are countless thermal springs around Beppu, each one tends to have its own qualities and highly descriptive name. As you will observe at Sea Hell, the cobalt-blue water is so hot that sitting in it would be unbearable. The water at Blood Pond Hell is nearly as hot, but boasts a blood-red hue from the iron oxide in it. If you opt for a foot bath there, you will discover how soothing the mineral-rich water can be. In the nearby Beppu Bamboo Crafts Center, you will find an extraordinary display of woven bamboo works of art. The collection goes far beyond traditional baskets and includes unexpected items such as bamboo furniture and clothing. During a fun, hands-on workshop, you will learn to decorate a bamboo bell with colored bamboo sticks.

HIGHLIGHTS

- Visit a hot spring known as Sea Hell because the cobalt-blue water is unbearably hot.
- · Soak your feet in vibrant red thermal water said to have restorative powers.
- Learn the basics of making bamboo crafts in a hands-on workshop.

HELPFUL HINTS

• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes. • Bring a towel if you take a foot bath.

PLEASE NOTE

This tour is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual clothing and comfortable, flat walking shoes are suggested. The order of the sites visited or viewed may vary.

Kyoto (Kobe), Japan

KBE-005 HIGHLIGHTS OF KYOTO Date: Mar 29, 2024 Time: 08:15 AM Duration: 8.00 Hrs Price: \$139.00



OVERVIEW

Explore two of Kyoto's marquee attractions: the impressive Golden Pavilion and formidable Nijo Castle, a quintessential example of Momoyama architecture, which flourished 400 years ago. Originally built as a three-story home in 1397, the pavilion follows the Shinden style by being positioned at the edge of a tranquil pond. While viewing the pavilion's exterior, you will notice that the second and third stories are covered in shimmering gold leaf. The mirror reflection of the temple on the glassy pond is another highlight. More history awaits you at Nijo Castle, a wooden fortification built in 1603 as the residence of the Tokugawa clan. An esteemed UNESCO World Heritage site, the castle is protected by a moat, stone walls and ingenious nightingale floors, which chirp like a bird when walked upon to alert the guards of potential intruders. Despite its defensive elements, the castle was primarily a home.

HIGHLIGHTS

- View the 14th-century Golden Pavilion, a Zen temple covered in gold
- See how the temple reflects in the adjacent pond, a feature of Shinden architecture.

- Explore Nijo Castle, a World Heritage site that was once the home of a powerful clan.
- Be amazed by the castle's defensive systems, including floors that chirp as a warning.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.
- · Bring local currency for shopping.

PLEASE NOTE

This tour includes about 2½ hours of moderate walking and a significant number of steps to negotiate. It is not recommended for wheelchair guests or those with mobility concerns who should evaluate their stamina and ability before joining the tour. Guests must remove their shoes to enter Ninomaru Palace in Nijo Castle. Photography or shooting video is not permitted inside the palace. The drive between Kyoto and Osaka is about 1½ hours and subject to traffic delays. The order of the sites viewed or visited may vary.

KBE-001 TRADITIONAL KYOTO

Date: Mar 29, 2024 Time: 08:30 AM Duration: 9.50 Hrs Price: \$339.00



OVFRVIEW

Discover the gracious spirit of Old Japan while touring Kyoto's most alluring sites, starting with the magnificent Golden Pavilion. Built in the late 14th century as a shogun's retirement residence, the three-story pavilion is now a revered temple. Its most outstanding features are the shimmering gold leaf that covers the two top stories and the positioning of the temple so that it reflects in a tranquil pond. Nearby, you will find Nijo Castle, a wooden fortification built in 1603 with nightingale plank floors that chirp when walked on, so as to warn the residents of invaders. Other defensive measures of this World Heritage site include a moat and towering stone walls. You will also see Sanjusangendo, a temple with 1,001 statues of Kannon, the goddess of mercy. The statues have multiple heads and arms to better see and help those who are suffering. You will find them in the main hall, which is Japan's longest wooden structure.

HIGHLIGHTS

- · Gain an understanding of Kyoto's past through its ancient temples and castle.
- · Behold the lavish gold leaf-covered second and third stories of the Golden Pavilion.
- Discover the castle defensive measures, not all of which are visible.
- Walk through Japan's longest wooden structure, which holds 1,001 statues of Kannon.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.
- · Bring local currency for shopping.

PLEASE NOTE

This tour includes up to five hours of walking with steps to negotiate, including 30 steps at Kinkakuji Temple. Guests with mobility concerns should evaluate their stamina and ability before joining the tour. Photography or shooting video is not permitted inside Ninomaru Palace or Sanjusangendo, and shoes must be removed to enter either site. Parts of Nijo Castle may be closed. The order of sites visited may vary.

KBE-007 PANORAMIC OSAKA

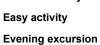
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Date: Mar 30, 2024 Time: 08:45 AM Duration: 4.00 Hrs Price: \$159.00

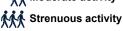




Minimal activity Easy activity



Moderate activity









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OVERVIEW

Visit two icons in Osaka that represent vastly different time periods: a classic 16th-century castle and a modern high rise. Magnificent Osaka Castle consists of 13 structures that include gates, moats and gunpowder storehouses. The nine-story donjon at its center is adorned with golden sea creature ornaments and is so distinctive that the government has designated the castle an Important Cultural Asset and the cherished symbol of Osaka. While touring the exterior, you will learn about the castle's construction, particularly its massive stone wall. For a modern perspective of the city, you will ascend to the observation deck of towering Umeda Sky Building. Completed in 1993, the twin-tower glass-and-steel high rise offers a stunning, 360-degree view of Osaka and beyond to Awaji Island. Nearly 3 million people live in Osaka, so you can imagine the urban sprawl nearly as far as you can see.

HIGHLIGHTS

- · Marvel at Osaka Castle, which was built to be Japan's most formidable fortification.
- Get a glimpse into the life of the "Napoleon of Japan," who built the 16th-century castle.
- Behold the castle's defensive walls, the tallest in Japan.
- · Enjoy a panoramic view of Osaka and beyond from atop a soaring high

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes nearly 2 hours of easy walking and standing with a few steps and some gravel surfaces. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach, and have an able-bodied companion to assist them. Guests with mobility concerns should evaluate their stamina and ability before joining the tour.

KBE-003 NARA & OSAKA DISCOVERY

Date: Mar 29, 2024 Time: 08:45 AM Duration: 9.00 Hrs Price: \$339.00



OVERVIEW

Explore the key historical attractions in Nara and Osaka, two of Japan's most influential cities. The 8th-century capital of Japan, Nara is considered the cradle of Japanese arts, literature and crafts with temples and shrines that pre-date those found in Kyoto. Eight World Heritage sites and numerous official National Treasures and Important Cultural Assets are located here, including Todai-ji Temple, where you will behold the world's largest Buddha statue. It is housed in the world's largest wooden building. Nara is also known for its urban oases such as Deer Park, where you will stroll through the woodlands where at least 1,000 deer roam. In the Shinto religion, deer are considered sacred messengers of the gods. The namesake castle is the ultimate attraction in Osaka. Besides seeing how architecturally extraordinary it is, you might browse the museum full of historical and cultural artifacts.

HIGHLIGHTS

- Delve into the most fascinating aspects of Japan's history in Nara and Osaka
- Marvel at the world's largest statue of Buddha in a World Heritage site temple
- Stroll through an urban park in Nara with more than 1,000 free-roaming
- · See how Osaka Castle was built to withstand invasion but succumbed to lightning fires.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.
- · Bring local currency for shopping.

PLEASE NOTE

This tour includes about four to five hours of walking with some steps to negotiate, especially at the Kasuga Shrine. Guests with mobility concerns should evaluate their stamina and ability before joining the tour. The parking lot at Osaka Castle is at 15-minute walk from the castle. Photography or shooting video is not permitted inside parts of the castle. The order of sites visited may vary.

KBE-004 HIGHLIGHTS OF OSAKA

Date: Mar 29, 2024 Time: 08:45 AM Date: Mar 30, 2024 Time: 08:30 AM Duration: 5.00 Hrs Price: \$199.00



OVERVIEW

See landmarks in Osaka that reveal its historical importance and how the city developed technologies in construction, engineering and the arts. Your introduction to Osaka begins at its famed castle, which played a major role in the unification of Japan in the 16th century. Be sure to notice the ornamental roof tiles and bas-reliefs carved in the shape of crouching tigers, which are all gilded with gold. Inside, you will find an engaging museum that traces the history of the castle from the late 1500s to the present day by displaying items such as innovative armor, furnishings and personal effects from the city's war lords. Shitennoji, the oldest temple in Japan, will present a cultural view of Osaka. Although repeatedly destroyed by fires, each time it has been rebuilt to reflect the original 6th-century design. The most notable features are the five-story pagoda and a treasure house that holds several massive wooden Buddha statues.

HIGHLIGHTS

- Get a glimpse into Japan's past through two of its oldest, most revered attractions
- Marvel at Osaka Castle, which was built to be Japan's most formidable fortification
- Behold the castle's defensive walls, the tallest in Japan.
- Browse artifacts deemed national treasures in the Buddhist Shitennoji Temple.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.
- Bring local currency for shopping.

PLEASE NOTE

This tour includes about three hours of walking with numerous steps to negotiate. Guests with mobility concerns should evaluate their stamina and ability before joining the tour. The parking lot at Osaka Castle is at 15-minute walk from the castle. Photography or shooting video is not permitted inside parts of the Osaka Castle.

KBE-002 THE GLORY OF MT. ROKKO

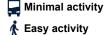
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Duration: 3.50 Hrs Price: \$179.00

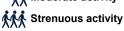
OVERVIEW

Ride an old-fashioned, open-air cable car to the summit of Mt. Rokko and take in the panoramic views from its observation deck. The cable operates on a two-car, one-track system, so the ascending and descending cars pass each other halfway up the mountain. As dramatic as the ride will be, the views from the summit will be even more spectacular. With an



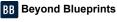


Moderate activity

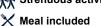


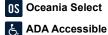


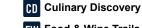
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elevation of 3,000 feet, Mt. Rokko is the highest peak in the mountain range and its observation deck has been enthralling visitors since opening in 1901. From there, you will enjoy sweeping vistas of Kobe, Osaka Bay and distant Awaji Island. Back in the city, you will browse a sake museum that is housed in a former sake brewery. While touring this authentic setting, you will see the various stages of producing sake and how they have changed over the centuries. You may also have the rare chance to taste freshly pressed, unpasteurized sake.

HIGHLIGHTS

- Ride a cable car to the summit of Mt. Rokko and admire the views during the ascent.
- Enjoy the ultimate view of Kobe and Osaka from the observation deck at the top.
- · Browse the exhibits in a museum devoted solely to the production of sake.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.
- · Bring local currency for shopping.

PLEASE NOTE

This tour includes about 1½ hours of walking with some steps, including the 30 at the funicular station. Guests with mobility concerns should evaluate their stamina and ability before joining the tour. The order of sites visited may vary.

KBE-008 SORAKUEN GARDENS AND VIEWS

Date: Mar 29, 2024 Time: 09:00 AM, 01:45 PM

Date: Mar 30, 2024 Time: 09:15 AM Duration: 3.00 Hrs Price: \$129.00

OVERVIEW

Walk along the paths of Kobe's only traditional urban garden and then behold the world's longest span bridge, a marvel of engineering. As you stroll the winding paths of Sorakuen Gardens, you may see a 17th-century houseboat and the Hassam House, two attractions that the government has designated Important Cultural Properties. Still, it's the gorgeous landscaping that makes Sorakuen so memorable. The camphor trees were supposedly planted in 1567 to ward off calamity and the pine trees are symbols of divinity. The setting couldn't be more serene or the design more charming as each object has been placed with great purpose and thought. You will next see the Akashi-Kaikyo Bridge, the world's longest span bridge. It links Kobe with Awaji Island and is feat of engineering built to withstand high winds and earthquakes. The views from this iconic bridge between Osaka Bay and the Seto Inland Sea are magnificent.

HIGHLIGHTS

- Stroll the winding paths of Kobe's only traditional urban garden.
- · Admire the centuries-old camphor trees and rare cycads with vermilion-colored fruit.
- · See the world's longest span bridge, an engineering marvel built to withstand earthquakes.
- · Enjoy sweeping views of Osaka Bay and Seto Inland Sea from the

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes about 11/4 hours of easy to moderate walking and standing with a few steps and some gravel surfaces. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach, and have an able-bodied companion to assist them. Guests with mobility concerns should evaluate their stamina and ability before joining the tour.

KBE-006 OSAKA CASTLE

Date: Mar 30, 2024 Time: 09:15 AM Duration: 3.50 Hrs Price: \$129.00



OVERVIEW

Focus on Osaka's single most important attraction—Osaka Castle, whose landmark tower has become a symbol for the city. General Toyotomi Hideyoshi, the so-called "Napoleon of Japan," built the original castle in 1583 and although it was intended to be Japan's most impenetrable fortification, it was destroyed just 30 years after being finished. Lightning struck the castle that replaced it, burning much of it to the ground. In 1931, the castle tower was reconstructed once again, and even from a distance you will see it lording over the grounds. Despite the heavy damage that the castle has suffered over the centuries, many of the key features of the castle complex remain intact, including turrets and sections of the walls that border the surrounding moat. If you can only see one attraction that defines Osaka culturally, historically and architecturally, it is Osaka Castle.

- · Marvel at Osaka Castle, which was built to be Japan's most formidable fortification.
- Get a glimpse into the life of the "Napoleon of Japan," who built the 16th-century castle.
- Behold the castle's defensive walls, the tallest in Japan.
- · Admire the tenacity of Osaka in rebuilding the castle each time it was destroyed.

HELPFUL HINTS

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- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.
- · Bring local currency for shopping.

PLEASE NOTE

This tour includes about 1½ hours of moderate walking with a significant number of step and a 15-minute walk from the parking area to the castle. There is an elevator in the castle, but it does not access the observatory. The tour is not available to wheelchair guests or those with mobility concerns. Photography or shooting video is not permitted inside parts of the Osaka Castle.

Shimizu, Japan

SMZ-004 FISH MARKET AND KUNOZAN TOSHOGU SHRINE

Date: Mar 31, 2024 Time: 12:15 PM Duration: 4.75 Hrs Price: \$199.00



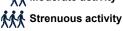
OVERVIEW

Enjoy a stunning view of Mount Fuji from a beautiful shrine built to honor one of Japan's feudal lords and then savor a seafood lunch at a bustling fresh fish market. You will reach the shrine via cable car from the Nihondaira Park Outlook, which offers a glorious view of Suruga Bay and majestic Mount Fuji. Dedicated to the feudal lord Tokugawa leyasu, who unified Japan in the early 1600s, the shrine is a complex of ornate bright-red buildings constructed in the Shinto style. The carved ceiling in Honden Hall is particularly interesting. For a bit of entertainment, you might select a random paper fortune from a box and then tie it to a string in hopes that the fortune will come true. This common practice at Japanese shrines is known as "omikuji." Back in Shimizu, where you will stroll through Kashi-no-Ichi, a large fish market on the waterfront where you will enjoy lunch in one of the restaurants.





Moderate activity





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FW Food & Wine Trails



HIGHLIGHTS

- · Ride a cable car from a lookout that offers a gorgeous view of Suruga Bay and Mount Fuji.
- · Wander through a Shinto shrine, taking note of the spectacular architecture and artifacts.
- Dine on traditional Japanese dishes at a restaurant within a bustling fish market

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.
- · Bring Japanese yen for shopping.

PLEASE NOTE

This tour includes about two hours of moderate walking and standing and numerous steps to negotiate. The tour is not available to wheelchair guests and not considered suitable for those with mobility concerns. The tour sequence may vary.

SMZ-001 MOUNT FUJI HIGHLIGHTS Date: Mar 31, 2024 Time: 12:30 PM Duration: 4.00 Hrs Price: \$119.00

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OVERVIEW

Visit a serene shrine and one of Japan's most stunningly natural seaside settings, both lying in the shadow of majestic Mount Fuji. The mountain is Japan's highest and a UNESCO World Heritage Site for being a "sacred place and source of artistic inspiration." Prior to ascending Mount Fuji, climbers often pray at Fujisan Hongu Sengen Taisha Shrine, which will be your first stop. Since being constructed in the early 17th century, the shrine has been considered a guardian deity that prevents natural disasters and ensures easy childbirth. Inside, there is a pond that attracts pilgrims who come to purify themselves in the clear water. Mount Fuji reigns as the dominant feature throughout this area, as you will discover at the seaside pine grove Miho no Matsubara. With snow-capped Mount Fuji looming in the background and more than 50,000 pine trees in the foreground, it offers one of the most stunning views in Japan and has inspired artists for centuries.

HIGHLIGHTS

- Reflect at a shrine and pilgrimage site where climbers pray before ascending Mount Fiji.
- Enjoy the natural beauty surrounding the shrine, especially the hundreds of cherry trees.
- · Behold Mount Fiji from Miho no Matsubara, a perspective that has long inspired artists.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.
- Bring Japanese yen for shopping.

PLEASE NOTE

This tour includes about 11/2 hours of moderate walking. There will be sand, concrete and gravel paths, as well as steps to negotiate. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who should evaluate their stamina and ability before joining the tour. The tour sequence may vary.

SMZ-003 MT FUJI VIEWS, TEA CEREMONY & ART MUSEUM

Date: Mar 31, 2024 Time: 12:45 PM Duration: 4.50 Hrs Price: \$129.00



Delve into Japanese culture by visiting an art museum, enjoying a ritualistic

tea ceremony and admiring sacred Mount Fuji. The Tokaido Hiroshige Art Museum holds more than 1,000 woodblock prints from Utagawa Hiroshige. a 19th-century master of the ukiyo-e genre, which typically depicts subjects of everyday life. Hiroshige's genius for landscape composition and color in works such as "The Fifty-Three Stations of the Tokaido" influenced European painters such as Claude Monet and Vincent van Gogh. The tea ceremony that follows will be inspirational in a different way. You will be served traditional green tea in a manner that is a ritualistic art form that will elevate the tea to more than a mere beverage. You will then drive to the seaside pine grove Miho no Matsubara. The grove consists of more than 50,000 pine trees, and the view of Mount Fuji from the shore is considered one of the top three vistas in Japan.

- Recognize the genius of 19th-century artist Utagawa Hiroshige in his namesake museum.
- Experience the Way of the Tea during a ritualistic tea ceremony.
- Behold Mount Fiji from Miho no Matsubara, a perspective that has long inspired artists.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.
- Bring Japanese yen for shopping.

PLEASE NOTE

This tour includes more than two hours of moderate walking and standing. There will be sand, concrete and gravel paths, as well as a significant number of steps to negotiate. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who should evaluate their stamina and ability before joining the tour. The tea ceremony is limited to 15 guests at a time and guests must remove their shoes when entering the tea room. Views of Mt. Fuji are weather dependent. The tour sequence may vary.

SMZ-005 KUNOZAN TOSHOGU SHRINE & MIHO NO MATSUBARA Date: Mar 31, 2024 Time: 12:45 PM **የ**

Duration: 5.00 Hrs Price: \$149.00

OVERVIEW

Gaze upon sacred Mount Fuji from several perspectives that include a hilltop shrine and a coastal pine grove so stunningly scenic that artists have captured its beauty for centuries. A cable car will bring you to Kunozan Toshogu Shrine and during the ride you will enjoy sweeping views of Suruga Bay and majestic Mount Fuji. The shrine is a complex of ornate bright-red buildings constructed in the Shinto style. The second shogun of the Tokugawa government built the temple to honor his father, Tokugawa leyasu, who unified Japan in the early 1600s. The three main halls within the complex are elaborately decorated, but vary architecturally. You will enjoy a different perspective of Mount Fuji from the seaside pine grove Miho no Matsubara. The grove consists of more than 50,000 pine trees, including a 650-year-old tree thought to have mythical powers. The view of the sacred mountain behind the forest is absolutely spectacular.

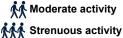
HIGHLIGHTS

- Ride a cable car from a lookout that offers a gorgeous view of Suruga Bay and Mount Fuji.
- · Wander through a Shinto shrine, taking note of the spectacular architecture and artifacts.
- Behold Mount Fiji from Miho no Matsubara, a perspective that has long inspired artists.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

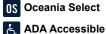
Minimal activity Easy activity



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· Bring Japanese ven for shopping.

PLEASE NOTE

This tour includes about 21/2 hours of moderate walking and standing and numerous steps to negotiate. The tour is not available to wheelchair guests and not considered suitable for those with mobility concerns. The tour sequence may vary.

SMZ-006 NIHONDAIRA AND KUNOZAN TOSHOGU SHRINE

Date: Mar 31, 2024 Time: 01:00 PM Duration: 3.50 Hrs Price: \$149.00

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OVERVIEW

Gain a deeper understanding of Japan's history by visiting a 17th-century shrine built to honor the first shogun of the Tokugawa dynasty. Kunozan Toshogu Shrine perches on a hilltop above Nihondaira Park Outlook, from which you will enjoy a glorious view of Suruga Bay and majestic Mount Fuji. The shrine is traditionally reached by climbing about 1,000 steps; however, you will reach the shrine via cable car. While browsing the ornate bright-red buildings within the shrine complex, be sure to notice the guardian statue near the Romon Gate, the drum tower and the stables. The shrine's historical museum is another highlight, as it contains Japanese swords, armor and rare objects of art. For a bit of entertainment, you might select a random paper fortune from a box outside on the grounds and then tie it to a string in hopes that the fortune will come true. This common practice at Japanese shrines is known as "omikuji."

HIGHLIGHTS

- Take in the commanding views of the bay and Mount Fuji from the Nihondaira lookout.
- Ride a cable car from the scenic lookout up to Kunozan Toshogu Shrine.
- Wander through the Shinto shrine, taking note of the spectacular architecture and artifacts.
- · Discover the accomplishments of lord Tokugawa Ieyasu, to whom the shrine is dedicated.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.
- · Bring Japanese yen for shopping.

PLEASE NOTE

This tour includes about two hours of moderate walking and standing and numerous steps to negotiate. The tour is not available to wheelchair quests and not considered suitable for those with mobility concerns. The tour sequence may vary.

SMZ-007 SCENIC DRIVE WITH VIEW OF MT. FUJI

Date: Mar 31, 2024 Time: 01:00 PM Duration: 2.75 Hrs Price: \$99.00



OVERVIEW

Enjoy a relaxing and immensely picturesque drive through the countryside, pausing on occasion for photos of the most remarkable sights within the Shizuoka Prefecture. Your initial stop will be at the Nihondaira Park Outlook, which offers a glorious view of Suruga Bay and majestic Mount Fuji. Japan's national symbol and one of its most extraordinary settings, Mount Fuji has been deemed a UNESCO World Heritage site as a "sacred place and source of artistic inspiration." It is a spectacular sight regardless of the perspective, but especially from Miho no Matsubara. This seaside pine grove consists of more than 50,000 pine trees, including a 650-year-old tree thought to have mythical powers. The view from the shore with Mount Fuji lording over the scenery has been rated one of the top three views in Japan.

- · Admire Japan's panoramic natural beauty while riding in air-conditioned comfort.
- Take in the commanding views of the bay and Mount Fuji from the Nihondaira lookout.
- Behold Mount Fiji from Miho no Matsubara, a perspective that has long inspired artists.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.
- · Bring Japanese yen for shopping.

PLEASE NOTE

This tour is panoramic in nature and walking is at the guests' discretion during the photo stops. There are sandy surfaces at Miho no Matsubara. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach, and have an able-bodied companion to assist them. Guests with mobility concerns should evaluate their stamina and ability before joining the tour. The tour sequence may vary.

SMZ-002 CASTLE GARDEN & SHIZOUKA SENGEN SHRINE

Date: Mar 31, 2024 Time: 01:15 PM Duration: 4.25 Hrs Price: \$119.00



OVERVIEW

Explore a park built around a nearly 400-year-old castle, an unusual shrine complex and a coastal pine grove that offers a stunning view of Mount Fuji. While the moats and walls of Sunpu Castle are original, some of what you will see while meandering the grounds is a reproduction, including the main gate and the structure from which heavy stones were dropped on invaders. The architecture is decidedly different at nearby Shizuoka Sengen, a shrine designed in the Momoyama style, which uses extensive lacquer, wooden carvings and gold leaf. Still, the highlight is the collection of traditional artifacts such as swords, armor suits and musical instruments. Mount Fuji plays a dominant role at your next destination, as it serves as the backdrop for the seaside pine grove Miho no Matsubara. The view from the shore with Mount Fuji lording over the scenery is considered one of Japan's best.

HIGHLIGHTS

- Explore the grounds of a castle where the legendary Shogun warrior leyasu once lived.
- · Browse a collection of revealing artifacts at a shrine that is architecturally extraordinary.
- Behold Mount Fiji from Miho no Matsubara, a perspective that has long inspired artists.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.
- · Bring Japanese yen for shopping.

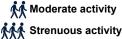
PLEASE NOTE

This tour includes nearly two hours of moderate walking. There will be sand, concrete and gravel paths, as well as a significant number of steps to negotiate. The tour is not available to wheelchair quests and may not be suitable for those with mobility concerns who should evaluate their stamina and ability before joining the tour. The tour sequence may vary.

HIGHLIGHTS









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Food & Wine Trails



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General Information

WHAT'S INCLUDED

Transportation - Licensed and insured late-model coaches, mini-vans, automobiles, watercraft and other modes of transportation are utilized.

Guides - Licensed, English-speaking local guides accompany all tours.

Admission Fees - Shore excursions include all required admission fees, where applicable.

Meals & Refreshments - Meals and/or refreshments are included only when indicated in the shore excursion description.

CANCELLATIONS & REFUNDS

- · Shore excursions operate rain or shine.
- Minimum participation levels are required to operate shore excursions, so
 please sign up as early as possible. Excursions may be cancelled if
 minimum participation levels are not met. To ensure quality guides and
 sufficient transportation, we must provide the tour operator with
 passenger counts at least 36 hours in advance.
- Packages Unlimited Passport Collection and Your World Collection
- are fully refundable prior to embarkation of your cruise. Packages cancelled after embarkation will incur a 100% cancellation fee.
- À la carte excursions are fully refundable until 36 hours in advance of the excursion. Excursions cancelled less than 36 hours in advance will incur a 100% cancellation fee.
- In the event of a port cancellation, guests who have purchased an Unlimited Passport Collection or Your World Collection package will receive a pro rata refund for that port based on the price paid. Guests who have purchased an à la carte excursion for a cancelled port will receive a full refund
- No refunds or credits will be given for individual Your World Collection excursions not taken, unless the excursions are cancelled by Oceania Cruises.

PRICES, ITINERARIES & GENERAL INFORMATION

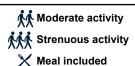
- All pre-reserved shore excursions receive priority confirmation over those booked on board.
- In order to receive maximum pre-cruise savings, you may pre-purchase shore excursions up until 7 days prior to your sail date.
- The discount of 25% off à la carte excursion prices that is offered with the Your World Collection is subject to a minimum number of excursions that must be purchased. This minimum is based on the number of port days on your cruise.
- Shore excursion prices are subject to change to meet unexpected cost increases or currency fluctuations. Once excursions have been purchased, pricing is guaranteed and not subject to change.
- During local or national holidays, access to certain facilities (such as museums or archaeological sites) may be limited or denied. In such instances, adjustments in the shore excursion itinerary will be made to minimize inconvenience to guests.
- Some shore excursions have limited availability, reserve your excursions early to avoid dissapointment.
- Oceania Cruises reserves the right to require guests to complete a liability waiver for select shore excursions. For more information, please consult the Destination Services Desk on board

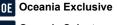
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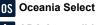
While the greatest care has been taken to offer the finest services available, Oceania Cruises will not be held responsible for any event or omission during the time that guests are not on board the ship or its tenders. All arrangements for certain optional off-board activities, including air transportation, hotel accommodations, ground transfers and shore excursions, are made by Oceania Cruises with the suppliers of the services for the convenience of our guests. Each guest agrees not to hold Oceania Cruises, its owners, employees, agents or representatives liable, in the absence of its own negligence, for any loss, injury, expense or damage which results directly or indirectly from any act or omission, whether negligent or otherwise, of any person or firm which provides any goods or services in connection with any optional travel component or any other option that is available for purchase. Arrangements with independent contractors include but are not limited to services, products and transportation provided elsewhere than onboard an Oceania Cruises vessel in connection with tours, whether arranged or organized by tour operators, travel agents or Oceania Cruises. Tours, including hotel accommodations and transportation by any vessel not owned or operated by Oceania Cruises or by air, rail or land, are not under the supervision and control of Oceania Cruises.

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WT Wellness Tour