## **Shore Excursions**

Boston, Massachusetts to Montreal, Quebec NAUTICA — September 25, 2024

#### EXPLORE ASHORE

Oceania Cruises shares your passion for new discoveries and that has led us to create award-winning shore excursions and tours that explore the world's most important historical, cultural and artistic gems. The wide variety of tour options means you may choose from the most enriching tours and adventures available in each of our ports of call. Witness natural wonders, explore human-made marvels and immerse yourself in the culture, history and cuisine of these storied destinations.

**Reasons to book** - Enjoy peace of mind knowing that your excursions are monitored by the ship's staff and start pierside for your security and convenience. Professional English-speaking experts guide you through your journey. A staff of experienced excursion specialists expertly plans each tour and is dedicated to maximizing your time in each port. Travel with premier, licensed and insured tour companies aboard the best available, climate-controlled luxury transportation. Plus, your excursion price is guaranteed from the moment you book with no penalty on cancellations up to embarkation day.

#### PACKAGES & PRICING

Your voyage offers the pricing options below.

#### Á La Carte Excursions

Individual à la carte excursions are available for pre-purchase. Reserving in advance gives you the peace of mind knowing that your excursions have been pre-arranged and pre-reserved prior to your arrival.

**Oceania Select Excursions -** While all of the shore excursions offer extraordinary experiences, some are so outstanding and so awe-inspiring that they merit special recognition. These tours are designated as Oceania Select excursions and offer unique, one-of-a-kind experiences to the passionate explorer wishing to delve even deeper into a region's culture and history.

**Oceania Exclusive Excursions -** For those travelers who prefer an added measure of privacy, intimacy and flexibility, we also offer our Oceania Exclusive excursions. With a minimum participation of 10 guests, and never more than 16, these excursions benefit from a higher level of personal attention and detail only possible in small groups.

#### BOOK YOUR SHORE EXCURSIONS

# If you purchase a shore excursion package, you also receive priority confirmation of your selections. This added benefit is especially appealing if you wish to ensure that you have a place on the most popular tours in marquee cities such as Santorini, Rome, Bordeaux and Istanbul, to name a few. All excursion packages have the added convenience of being fully refundable until sail date and must be purchased in advance of sailing to enjoy the maximum savings. Packages will be non-refundable thereafter. Á la Carte excursions will remain fully refundable up until 36 hours before the excursion. You may pre-purchase shore excursions up until 7 days prior to your sail date.

**OceaniaCruises.com** - OceaniaCruises.com offers a wealth of information about your cruise. Learn about and purchase shore excursions, select pre- and post-cruise hotel programs, find answers to frequently asked questions, read general information about your upcoming cruise experience, and much more. Our website safely and securely accepts credit card payments; you will automatically receive confirmation of your online purchase by email. All shore excursions purchased online receive priority processing and guaranteed acceptance.

To book your shore excursions, visit OceaniaCruises.com/myaccount or call Oceania Cruises 855-OCEANIA (855-623-2642).

THROUGHOUT THE FOLLOWING PAGES, YOU WILL FIND SYMBOLS WITH EACH DESCRIPTION TO ASSIST YOU IN CHOOSING THE SHORE EXCURSION THAT IS RIGHT FOR YOU:

#### **Minimal activity** Moderate activity **Oceania Exclusive BB** Beyond Blueprints Go Green GG KA Strenuous activity Oceania Select **Culinary Discovery** Go Local Easy activity **O**S C.D GL **Evening excursion** X Meal included 🛓 ADA Accessible Food & Wine Trails FW WT Wellness Tour

### Simply More Shore Excursion Package

**Save 25%** - Our Simply More Shore Excursion Package (formerly known as Your World Collection) provides you with the flexibility to design a personalized, value-packed collection of excursions. Best of all, you will save 25% off onboard à la carte prices when you reserve the shore excursion minimum. Save 25% when you reserve the minimum of 6 shore excursions.

# Portland, Maine

#### PDX-008 BEST OF PORTLAND & KENNEBUNKPORT Date: Sep 26, 2024 Time: 07:15 AM Duration: 4.75 Hrs Price: \$169.00

#### OVERVIEW

OVERVIEW Get a wonderful overview of Portland during a panoramic driving tour, and then enjoy free time shopping in Kennebunkport, an equally picturesque coastal village. Your tour commences with a scenic drive through the Old Port, a former warehouse district that is now home to quaint restaurants, unique stores and art galleries. Continuing on, you will pass through the New Arts District, the heart of Portland's cultural resurgence, and pause for photos at Portland Head Light, Maine's oldest lighthouse. You will make another photo stop at the extraordinary Wedding Cake House in Kennebunkport. With its carved buttresses, spires and lacy spandrels, this 1826 home is one of the most photographed buildings in the state. Just as famous is the George H.W. Bush family summer estate, which you will pass on the way to Dock Square, where you will enjoy free time to shop and dine on your own.

#### HIGHLIGHTS

- · See Portland's best, most characteristic architecture.
- Pause for photos at Maine's oldest lighthouse.
- Spend about 11/2 hours of free time exploring Kennebunkport.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

PLEASE NOTE Walking on this tour is mainly at the guests' discretion during the stops. There will be steps to negotiate at Portland Head Light and in Kennebunkport and that the walk from the parking lot at Portland Headlight to the museum is approximately 5-7 minutes. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Those with mobility concerns are cautioned to carefully evaluate their personal level of stamina and ability before joining the tour.

## PDX-007 PORTLAND HIGHLIGHTS

Date: Sep 26, 2024	Time: 07:48 AM	Ŕ
Duration: 2.00 Hrs	Price: \$139.00	~

#### OVERVIEW

Enjoy a panoramic driving tour through the revitalized historical neighborhoods that define Portland, and then stop for photos at Portland Head Light, the state's oldest lighthouse. You will pass all the must-see landmarks, starting with the revitalized Old Port and the New Arts District, which has become the heart of Portland's cultural resurgence Beloved poet Henry Wadsworth Longfellow grew up here and his boyhood house became Maine's first house museum. Further south on Cape Elizabeth's rocky shore, you will find Maine's oldest lighthouse. First illuminated in 1791 using whale-oil lamps, Portland Head Light is made of stone and perches on a headland in Fort Williams Park. Longfellow was a frequent visitor and his poem "The Lighthouse" was inspired by his time here. Peek into the museum in the former keeper's quarters, and you will discover much about the lighthouse's role in the area's maritime history.

#### HIGHLIGHTS

- · Admire Portland's historically important landmarks.
- · Discover how Newport inspired Henry Wadsworth Longfellow.
- Tour Maine's oldest lighthouse.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

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This tour includes limited walking, mainly at the guests' discretion during the stop at Portland Head Light. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Those with mobility concerns are cautioned to carefully evaluate their personal level of stamina and ability before joining the tour.

#### PDX-009 KENNEBUNKPORT & SCENIC CRUISE Date: Sep 26, 2024 Time: 07:48 AM Duration: 4.45 Hrs Price: \$159.00

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#### OVERVIEW

See affluent Kennebunkport from several revealing perspectives: driving past its landmark attractions, strolling its shop-lined streets and cruising the Kennebunk River. During the drive to Kennebunkport, you will be treated to spectacular views of Maine's rocky shoreline. As you will soon see, the village features numerous restored homes from the 18th and 19th centuries, including the ornate Wedding Cake House. Be sure to notice its elegant carved buttresses, spires and lacy spandrels. The cruise will afford a different perspective of affluent Kennebunkport, including a view of the summer residence of the George H.W. Bush family on Walker's Point. Following your enlightening sight-seeing cruise, you will have about 90 minutes of free time in Dock Square, Kennebunkport's town center and home to a collection of upscale shops, restaurants and art galleries. It's an excellent place to wander about, browse at your leisure and simply enjoy the seaside atmosphere.

### HIGHLIGHTS

- Take in the sights while driving Maine's scenic coast.
- Enjoy a relaxing cruise on the Kennebunk River.
- Spend free time browsing affluent Kennebunkport.

#### HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

Walking on this tour is mainly at the guests' discretion during the photo stops and free time in Dock Square. There will be six large steps to negotiate when entering and exiting the boat. The tour may not be suitable for those who suffer from motion sickness and is not available to wheelchair guests. Those with mobility concerns are cautioned to carefully evaluate their personal level of stamina and ability before joining the tour.

#### PDX-001 LIGHTHOUSES OF MAINE

Date: Sep 26, 2024 Time: 08:33 AM, 11:00 AM Duration: 3.50 Hrs Price: \$119.00

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#### OVERVIEW

Explore three historical lighthouses on Portland's rocky coastline, including the oldest one in Maine. The views will be spectacular before leaving town, as you will pass architectural landmarks such as the Portland Observatory and New Arts District. Lighthouse aficionados will find even more to enjoy at Bug Light, a cast-iron lighthouse with Corinthian columns that was modeled after an ancient Greek monument. Only 26 feet high, it was built in 1875 and became known as The Bug because of its small size. Close by lies Spring Point Ledge Lighthouse, a sparkplug-style lighthouse made of brick on a cylindrical cast-iron caisson. It was built in 1897 in response to the many vessels that ran aground on the dangerous ledge there. A bit further south, you will find Maine's oldest lighthouse. First

Minimal activity	Moderate activity	<b>OE</b> Oceania Exclusive	BB Beyond Blueprints	GG Go Green
🔥 Easy activity	Strenuous activity	<b>OS</b> Oceania Select	CD Culinary Discovery	GL Go Local
Evening excursion	🗙 Meal included	L ADA Accessible	FW Food & Wine Trails	WT Wellness Tour

# OCEANIA CRUISES®

illuminated in 1791, Portland Head Light now contains a museum that you may browse.

#### HIGHLIGHTS

- Visit three iconic Maine lighthouses.
- Notice their vastly different architecture.
- Browse a museum in Maine's oldest lighthouse.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes approximately two hours of easy to moderate walking that includes a few steps and some gravel surfaces. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Those with mobility concerns are cautioned to carefully evaluate their personal level of stamina and ability before joining the tour.

#### PDX-005 PORTLAND'S WATERFRONT & LOBSTER PULL Date: Sep 26, 2024 Time: 08:37 AM, 08:47 AM Duration: 3.50 Hrs Price: \$109.00

#### OVERVIEW

Cruise into Casco Bay on a lobster boat to see how Maine's iconic crustaceans make their way from the sea to your plate. While cruising Casco Bay, you will learn about the life of the locals who work long hours pulling lobsters from the ocean depths. You will also discover interesting and unusual facts about the habits of lobsters. For instance, just as humans are right-handed or left-handed, lobsters have a dominant claw. Once the boat reaches the lobster traps, you can help pull them from the sea and empty their contents or if you prefer, just sit back and watch. You never know what will be inside as rock crabs, snails and starfish are as likely to be captured as Maine lobsters. Following the cruise, you will take a walking tour through the 100-year-old warehouse district, which has been revitalized with quaint restaurants, unique stores and art galleries.

#### HIGHLIGHTS

- Cruise into Casco Bay on a lobster boat.
- Watch lobsters being pulled from the sea.
- Pitch in and help if you wish.
- Learn unusual facts about lobsters.
- Enjoy a walking tour of the Old Port.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes about 90minutes of moderate walking. There will be cobblestone surfaces and a few steps to negotiate. The tour may not be suitable for those who suffer from motion sickness and is not available to wheelchair guests or those with mobility concerns.

#### PDX-019 PORTLAND CULINARY WALKING TOUR Date: Sep 26, 2024 Time: 09:07 AM Duration: 2.00 Hrs Price: \$279.00



OVERVIEW Stroll through the Old Port, sampling your way through several venues that offer delectable snacks that reflect Portland's distinct cuisine. You will follow a route through the historical streets around the waterfront, an area that was once home to canneries, factories and textile mills. Today, the revitalized warehouse district features dozens of quaint restaurants, coffee houses, bakeries and shops selling gourmet

merchandise. The guide will bring you to some of the finest venues to sample their wares. The exact stores and restaurants always vary, but you can be sure that the offerings will be heavily influenced by what's freshest and most indicative of the local cuisine. Some of these Maine-inspired foods may include lobster, chowder, organically grown vegetables, fresh-baked pastries and seasonal berry jams. As you sample the various culinary treats, the proprietors will describe how they were prepared and where the ingredients were obtained.

#### HIGHLIGHTS

- Walk through the waterfront area sampling snacks prepared with local ingredients.
- Become familiar with Maine's characteristic cuisine, especially local favorites.
- Enjoy your fresh catch for dinner around a campfire in the rainforest.
- Remain in downtown Portland afterwards, if you please.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

### PLEASE NOTE

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PLEASE NOTE This tour includes walking, mainly at the guest's discretion. Tour is not available to guests who utilize a wheelchair.

PDX-013 EXPLORE THE COAST BY BIKE & ON FOOT Date: Sep 26, 2024 Time: 10:00 AM Duration: 2.45 Hrs Price: \$169.00

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#### OVERVIEW

Bicycle along a popular coastal promenade to the state park on forested Mackworth Island, where you will hike a picturesque loop trail before bicycling back to Portland. Your outdoor adventure will begin as you pedal along the tree-lined Eastern Promenade waterfront trail. The promenade was built along a former rail corridor and offers spectacular views of Casco Bay. Every so often, you will pause while the guide elaborates on the significance of landmarks like Fort Gorges. Its construction wasn't finished until the end of the Civil War, by which time weaponry had changed, making the fort obsolete. You will also learn about Bug Lighthouse and the Casco Bay Islands, also known as the Calendar Islands because there are supposedly 365 of them. Upon reaching Mackworth Island, you will hop off your bike and hike a one-mile trail that encircles the island, which has been a sanctuary since 1946.

#### HIGHLIGHTS

- Bicycle a tree-lined waterfront trail.
- Hear fascinating details about the surrounding landmarks.
- · Hike a winding nature trail on Mackworth Island.
- Look for wildlife such as ospreys and sea gulls.

#### HELPFUL HINTS

- Dress in weather-appropriate athletic clothing.
- · Wear comfortable closed-toed walking shoes.

#### PLEASE NOTE

This tour includes approximately 90 minutes of biking and 60 minutes of hiking. The tour is not available to wheelchair guests or those with mobility concerns. Participants should be in good physical condition. The helmet provided must be worn. The operator requires that all participants sign a waiver before being allowed to take part in the tour. Cancellations made within 48 hours of the tour's commencement are subject to a 100% cancellation penalty.

#### PDX-006 PORTLAND HIGHLIGHTS & VICTORIA MANSION Date: Sep 26, 2024 Time: 12:45 PM Duration: 2.00 Hrs Price: \$119.00

📮 Minimal activity	Moderate activity	<b>OE</b> Oceania Exclusive	BB Beyond Blueprints	GG Go Green
🟌 Easy activity	Strenuous activity	0S Oceania Select	CD Culinary Discovery	GL Go Local
Evening excursion	🗙 Meal included	<b>ADA Accessible</b>	FW Food & Wine Trails	WT Wellness Tour

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#### OVERVIEW

Following an enlightening drive through Portland, you will tour a mansion that is one of the finest examples pre-Civil War grandeur in the Northeast. Along the way, you will pass the revitalized Old Port, the New Arts District and the Portland Observatory, which was built in 1807. Victoria Mansion was constructed about 50 years later as the summer residence for a wealthy proprietor of luxury hotels. It is a fabulous building, but incredibly after being damaged by a hurricane in 1938, it was almost demolished to make way for a gas station. Now a National Historic Landmark, Victoria Mansion is covered with Connecticut brownstone and exemplifies the Italian villa style that was fashionable in the mid-19th century. The stunning interiors feature period furnishings, a painted trompe l'oeil wall and sumptuous fabrics. When built, the mansion was state of the art with conveniences such as gas lighting and hot and cold running water.

#### HIGHLIGHTS

- Admire Portland's historically important landmarks.
- Tour the spectacular 19th-century Victoria Mansion.
- · See why the mansion was state of the art when built.

#### HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes approximately one hour of easy to moderate walking and standing. There will be a few steps to negotiate at the entrance to Victoria Mansion and there is no elevator access to the second floor. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Those with mobility concerns are cautioned to carefully evaluate their personal level of stamina and ability before joining the tour.

# Saint John (Bay Of Fundy), New Brunsw 1783.

YYT-016	WHALE W	ATCHING BY ZODIAC ADVENT	JRE
Date: Sep	27, 2024	Time: 07:30 AM	
Duration:	7.00 Hrs	Price: \$299.00	

#### OVERVIEW

Cruise through the Bay of Fundy in a Zodiac boat and look for whales feasting on krill, squid and schools of fish. An extraordinarily scenic drive through the countryside will bring you to the town of Saint Andrews, where you will board a Zodiac and zip off toward the Bay of Fundy. Over the next few hours, you will watch for the abundant marine life that inhabits these waters such as seals, porpoises and whales, including humpbacks, minkes and finbacks. Humpbacks have huge appetites and are named for the way they arch their backs out of the water before diving to feed. Minke whales are much smaller and easy to identify by the white strip across each flipper. Finback whales are the second largest of all whales and have a distinct dorsal fin. Following this exhilarating adventure, you will enjoy free time in Saint Andrews to shop and perhaps enjoy lunch on your own.

#### HIGHLIGHTS

• Look for various species of whales and other marine life in the Bay of Fundy.

- Learn the distinguishing characteristics of the whales that you may spot.
- Zip through the bay's tidal waters in a speedy but stable Zodiac boat.
- Explore the town of Saint Andrews independently following the

### whale-watching adventure

### HELPFUL HINTS

<ul> <li>Dress in</li> </ul>	weather-appropriate	clothing.
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• Wear flat comfortable walking shoes with non-slip soles.

### PLEASE NOTE

This tour includes about two hours of walking and standing. It is not available to wheelchair guests, and guests with mobility concerns should evaluate their personal level of stamina and ability before joining the tour. Guests who suffer from motion sickness may wish to take pre-emptive measures. Guests will be provided with personal flotation devices or full float suits for the boat ride. This tour is tide dependent. Minimum age is 9 years old. Maximum weight is 275 lbs. All guests will be fitted with flotation suits at the boat operator office. There are 50 steps to board the whale watching boat. There is a bathroom on the zodiac boat.

#### YYT-019 BREATHTAKING BEAUTY OF THE FUNDY TRAIL Date: Sep 27, 2024 Time: 07:30 AM OS X M Duration: 7.00 Hrs Price: \$259.00

#### OVERVIEW

Admire the natural beauty surrounding the Bay of Fundy by visiting a coastal park full of hiking trails, lookouts and historical buildings. Your first stop will be St. Martins, a seaside village known for its twin covered bridges, which you will view from a vantage point that allows you to capture both spans in one spectacular shot. You will then travel the winding Fundy Trail Parkway, passing forest lookouts, beautiful beaches and the spectacular Bay of Fundy. At the Big Salmon Interpretive Centre, you will watch an enlightening video about the park's history and the modest lodge that newspaper magnate William Randolph Hearst built nearby. During free time, you might meander the hiking paths, cross the suspension footbridge over the Salmon River, and explore the replica sawmill. Be sure to see Flower Pot Rock, a tall thin rock tower that the pounding sea has shaped over time.

#### HIGHLIGHTS

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• Enjoy an immensely scenic coastal drive to St. Martins, a village settled in 1783.

· Pause to photograph the village's two covered bridges.

• Drive the Fundy Trail Parkway, which meanders through forests and along pristine beaches.

- Hike a nature trail and browse the exhibits at an interpretive centre.
- Behold the power of the sea by visiting caves that the waves have carved out of sandstone cliffs.
- Enjoy lunch at a restaurant that overlooks the sea caves.
- HELPFUL HINTS
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes a moderate amount of walking mainly at the guests' discretion. It is available to guests who utilize a collapsible wheelchair, are able to both make their way on and off the coach and have a companion to assist them. Guests with mobility concerns should evaluate their personal level of ability and stamina before joining the tour.

#### YYT-012 TROLLEY ROUND ST. JOHN

#### Date: Sep 27, 2024 Time: 08:00 AM, 09:45 AM, 01:15 PM, 01:15 PM Duration: 1.25 Hrs Price: \$49.00

#### OVERVIEW

Ride a trolley in and around Saint John, taking in the natural beauty and discovering the city's fascinating history through its landmarks. During the ride, you will learn how Saint John became Canada's first incorporated city and the effects of the Great Fire of 1877. One of the first stops will be Fort

📮 Minimal activity	Moderate activity	<b>OE</b> Oceania Exclusive	BB Beyond Blueprints	GG Go Green
🔥 Easy activity	Strenuous activity	OS Oceania Select	CD Culinary Discovery	GL Go Local
Evening excursion	🗙 Meal included	ADA Accessible	FW Food & Wine Trails	WT Wellness Tour

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Howe, which the British constructed in 1778 to guard the mouth of the Saint John River. The fort is a re-creation of the original one that burned to the ground in 1819. You will also see the Reversing Falls Rapids, a natural phenomenon created during high tide, when the Bay of Fundy's mighty waters rise higher than the Saint John River, reversing its flow. Back in town, you may pass the Georgian-style Loyalist House, which survived the great fire, and the grand Imperial Theatre, which was built as a vaudeville house. Your last stop will be the Old City Market.

#### HIGHLIGHTS

• Take in the sweeping river views from Fort Howe, a replica of an 18th-century British fort.

• Hear about some of Saint John's life-changing historical events such as the Great Fire of 1877.

• Watch as the Saint John River reverses its flow, if tidal conditions are favorable.

Pass architectural treasures such as the Loyalist House and Imperial Theatre.

· Browse Canada's oldest continuously operating farmers market.

#### HELPFUL HINTS

• Dress in weather-appropriate clothing.

• Wear flat comfortable walking shoes.

#### PLEASE NOTE

Walking on this tour is primarily at the guests' discretion during stops. Trolleys can't accommodate wheelchairs or walkers so this tour is not available to guests that use these aids.

#### YYT-006 SAINT JOHN HIGHLIGHTS

Date: Sep 27, 2024	Time: 08:30 AM, 12:00 PM
Duration: 2.50 Hrs	Price: \$109.00

#### OVERVIEW

Traveling from the pier by motor coach, you will drive to the Old City Market, which was constructed in 1876 and narrowly escaped the devastating Fire of 1877. Canada's oldest continuously operating farmer's market, the Old City Market is filled with locally grown produce, bakery goods, crafts, and other Canadian merchandise Your adventure will then take you through the historical neighborhoods rich in shipbuilding and lumber industries as you make your way to Fallsview Park and the Reversing Falls Rapids. This natural phenomenon is caused by the Bay of Fundy's tide, which rises more than 28 feet in the course of the day. When the tide is low, the river empties into the bay. As the tide rises, the water begins to churn in a series of powerful rapids and whirlpools until the river actually flows backwards. It's a strange sight that lasts for hours, until the tide goes out and the river height becomes higher than that in the bay. Once you have experienced the magnificent power of the Reversing Falls Rapids, enjoy a short drive to Place Fort La Tour, a National Historic Site of Canada, sitting at the mouth of the Saint John River. Learn the story of Charles de Saint-Etienne de La Tour, how the Fort became one of the earliest fur trade points between the French and the indigenous people, and the tragic story of his wife's defense of the Fort in his absence while under siege from his rival. Lady La Tour is a true Canadian heroine. On this section of your tour we invite you to travel back in time with us to the 1600's and experience life at that time, complete with Palisade, Bastion, and Blacksmith Forge, all nestled amongst replica fort buildings.

#### HIGHLIGHTS

• Travel back in time with us to the 1600's when you visit Place Fort La Tour, a National Historic Site of Canada. Experience life at that time, complete with Palisade, Bastion, and Blacksmith Forge, all nestled amongst replica fort buildings.

· Watch the Saint John River reverse its flow, if tidal conditions are

#### favorable.

• Browse the diverse merchandise in the Old City Market, one of Saint John's most historical gems.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour has a limited amount of walking, mainly at the guests' discretion during stops. There are uneven surfaces and slight inclines to negotiate. If the Martello Tower is closed, the wheelchair-accessible interpretation center will be open. Guests with mobility concerns are should evaluate their personal level of stamina and ability before joining the tour. Tidal activity at the Reversing Falls Rapids cannot be guaranteed.

#### YYT-013 FOODIES TOUR AT THE OLD CITY MARKET Date: Sep 27, 2024 Time: 08:30 AM Duration: 3.00 Hrs Price: \$109.00

#### OVERVIEW

Sample some of the delectable small-plate dishes and irresistible sweets that have elevated Saint John into a true foodie destination. Your culinary immersion will begin with dessert, an indication that you should expect the unexpected. The venue will be Wild Flours Sweets & Treats, which is next door to Gahan House, a brew pub that will offer you a few of its specialties. You will also visit the Old City Market, which opened in 1876 and is the oldest such setting in Canada. While browsing iconic shops such as Slocum & Ferris, you will be served unusual items such as dulse, a deep-purple sea vegetable that is dried and eaten by the handful like popcorn. Nearby Pomodori Pizza is known for its wood-fired pizza and you will sample a slice with toppings that are favorites in Saint John. Another treat awaits you at Beavertails, a waterfront food truck revered for its artisanal pastries.

#### HIGHLIGHTS

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• Walk through historical downtown Saint John and enjoy tastings at various venues.

• Browse Canada's oldest farmers market and sample foods characteristic of Saint John.

• Savor a slice of pizza and unusual items such as a dried sea vegetable known as dulse.

· Leave room for dessert, as fresh-baked pastries will be offered.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes 2 hours of easy to moderate walking over mostly even surfaces. There will be a few steps and small inclines. The tour is not available to wheelchair guests or those with walking difficulties. Food substitutions are not available on this tasting tour. The minimum drinking age is 21 years old.

#### YYT-011 ST. MARTINS & THE BAY OF FUNDY

 Date: Sep 27, 2024
 Time: 08:45 AM

 Duration: 5.50 Hrs
 Price: \$239.00



#### OVERVIEW

Discover Saint John's most compelling attractions and venture up the coast to the fishing village of St. Martins, another classic seaside community. The sightseeing begins at Fallsview Park, where you may witness the Reversing Falls Rapids, a natural phenomenon that forces the Saint John River to flow backwards until the tide goes out hours later. A meandering

📮 Minimal activity	Moderate activity	<b>OE</b> Oceania Exclusive	BB Beyond Blueprints	GG Go Green
🔥 Easy activity	Strenuous activity	OS Oceania Select	CD Culinary Discovery	GL Go Local
Evening excursion	🗙 Meal included	ADA Accessible	FW Food & Wine Trails	WT Wellness Tour

and immensely scenic drive will then take you to St. Martins, a quaint fishing village known for its Victorian architecture, lighthouses and covered bridges. Another highlight is the Sea Caves, which relentless waves have carved out of the red-sand cliffs. After seeing the caves and enjoying the beach, you will stop at a restaurant for a bowl of seafood chowder and then return to Saint John to enjoy free time browsing the Old City Market. Constructed in 1876, it has the distinction of being Canada's oldest continuously operating farmers market and offers a huge assortment of merchandise.

#### HIGHLIGHTS

· Watch as the Saint John River reverses its flow, if tidal conditions are favorable.

• Enjoy a coastal drive to the charming fishing village of St. Martins.

• Stroll the beach and explore the caverns at the Sea Caves near St. Martins

· Browse the stands in Canada's oldest continuously operating farmers market

#### HELPFUL HINTS

· Dress in weather-appropriate clothing.

• Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes about two hours of walking, plus additional walking at the guests' discretion during free time. There are uneven, rocky, sandy and even muddy surfaces to negotiate, as well as slight inclines. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them, but these guests will not be able to access the Sea Caves and beach because of the surface conditions. Guests with mobility concerns should carefully evaluate their personal level of stamina and ability before joining the tour. Tidal activity at the Reversing Falls Rapids cannot be guaranteed.

#### YYT-002 A WALK THROUGH HISTORY Date: Sep 27, 2024 Time: 09:00 AM Duration: 2.00 Hrs Price: \$69.00

#### **OVERVIEW**

Enjoy a relaxing stroll through Saint John's historical residential and business districts with a guide well-versed in the most interesting aspects of the city's past. You will visit uptown areas that were mostly destroyed in the citywide Great Fire of 1877 and then rebuilt shortly afterwards. Many of the buildings feature late 19th-century architectural elements such as ornate carvings, exquisite stained-glass windows, wrought-iron fences and eerie gargoyles. As you stroll through the Trinity Royal Heritage Conservation area, you will view the Victorian Gothic-style Trinity Anglican Church and then visit the Old City Market, where fresh seafood, farm produce, handicrafts and collectibles are on display. To enhance your understanding of Saint John, the guide will offer commentary about its history, folklore and traditions dating to the time of its United Empire Loyalist founders in 1783.

#### HIGHLIGHTS

· Meander through Saint John at a leisurely pace that invites an in-depth look at the landmarks.

· Explore districts totally rebuilt in the late 19th-century following a massive fire.

· Notice late Victorian architectural elements such as wrought iron and gargoyles.

· Browse the diverse merchandise in the Old City Market.

• Enjoy the guide's entertaining and informative commentary.

HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes a leisurely walk of about 1<sup>3</sup>/<sub>4</sub> hours and covers just over one mile. There will be some cobblestone surfaces and mild inclines to negotiate. The tour is not available to wheelchair guests or those with mobility concerns. Participants should be in good physical condition. Restrooms are not available during the walk. This tour operates in all weather conditions.

#### YYT-007 SAINT JOHN HIGHLIGHTS (WHEELCHAIR ACCESSIBLE) Date: Sep 27, 2024 Time: 09:00 AM \$ Duration: 2.50 Hrs Price: \$159.00

#### OVERVIEW

Designed specifically for guests utilizing wheelchairs, this tour visits Saint John's most accessible attractions via a mini-coach equipped with a motorized wheelchair lift. It starts by heading directly to Woolastook Park, which offers a spectacular view of Saint John harbor and the spot where the Saint John River flows into the Bay of Fundy. This confluence of waterways creates the Reversing Falls Rapids, in which the tide rises so guickly and forcefully that it causes the river to flow backwards. The bluffs of Fallsview Park will offer an excellent vantage point where you may witness this natural phenomenon. Returning to downtown, you will stop at the Old City Market, Canada's oldest continuously operating farmers market. It narrowly escaped the Great Fire of 1877 that destroyed the majority of Saint John. Watching the residents browse the stands of diverse merchandise presents a genuine slice of daily life in Saint John.

### HIGHLIGHTS

· Enjoy one of the best views of Saint John and the surrounding area from Woolastook Park.

· Watch the Saint John River reverse its flow, if tidal conditions are favorable.

· Browse the diverse merchandise in the Old City Market, one of Saint John's most historical gems.

### HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour is specifically designed for wheelchair-bound quests and their able-bodied companions. The accessible Handi-Bus has a motorized lift that can accommodate up to 700 pounds, including the weight of the wheelchair. The optional stops include paved sidewalks, paved gravel surfaces and slight inclines. While the vehicle can only accommodate two wheelchairs, seats for two companions can be purchased at the Destination Services Desk, subject to availability. Tidal activity at the Reversing Falls Rapids cannot be guaranteed.

YYT-020	MOOSEHE	AD BREWERY	TOUR
Date: Sep	27, 2024	Time: 09:00 AN	1
Duration:	2.50 Hrs	Price: \$129.00	

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#### OVERVIEW

Sample several tasty beers at Moosehead, the country's last major Canadian-owned brewery, and then watch the extraordinary tidal phenomenon known as the Reversing Rapids. The tour begins with a brief but informative tour of Saint John, Canada's first incorporated city. Along the way, you will see the former site of the Red Ball Brewery. It was owned by the Oland family that started Moosehead, one of the most revered brands of beer in Canada. While touring the modernized Moosehead facility, you will watch the beer being brewed, bottled and

📮 Minimal activity	Moderate activity	<b>OE</b> Oceania Exclusive	BB Beyond Blueprints	GG Go Green
🔥 Easy activity	Strenuous activity	<b>OS</b> Oceania Select	CD Culinary Discovery	GL Go Local
Evening excursion	🗙 Meal included	<b>ADA Accessible</b>	FW Food & Wine Trails	WT Wellness Tour



shipped. Afterwards, you will sample a variety of beers that may include the signature golden lager or Cracked Canoe, a light but full-bodied lager. Upon arriving at Wolastoq Park, you will be treated to spectacular views, especially of the Reversing Rapids, a natural phenomenon created during high tide, when the Bay of Fundy rises higher than the Saint John River, reversing its flow.

#### HIGHLIGHTS

- Admire Saint John's outstanding late 19th-century architecture.
- See the site where Moosehead beer was first brewed.

Tour the modern Moosehead brewery, following each step of the process.

• Sample a number of Moosehead brand beers.

• Stop at a spot to watch the Saint John River reverse its flow, if tidal conditions are favorable.

HELPFUL HINTS

• Dress in weather-appropriate clothing.

• Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes about one hour of walking and standing. Guests must be able to negotiate stairs, as well. It is not recommended for guests who utilize a wheelchair. Guests with mobility concerns should evaluate their personal level of ability and stamina before joining the tour. The minimum age to consume alcohol is 21.

#### YYT-010 BAY OF FUNDY COASTAL PHOTOGRAPHY Date: Sep 27, 2024 Time: 09:30 AM Duration: 3.25 Hrs Price: \$169.00

#### OVERVIEW

OVERVIEW Capture the beauty of Saint John in photos with the help of a professional photographer that will share techniques for shooting at the most spectacularly scenic spots. The attractions include the lighthouse at Cape Spencer and Mispec Beach, a lengthy stretch of sand flanked by tall green pines. The beach is a great place for candid lifestyle shots. You will also stop at Fallsview Park, an urban oasis that offers an ideal angle for shooting the tidal phenomenon known as Reversing Falls Rapids. If you are there when the tide rises, the seawater volume will increase so quickly that the Saint John River will actually flows backwards. It is quite the sight. You will also stop to photograph Long Wharf Landing, a redevelopment area that reflects the city's vision for the future. At each destination, the guide will be happy to help you compose shots and make the most of the natural lighting.

#### HIGHLIGHTS

Photograph the most picturesque settings in and around Saint John.
Shoot the Saint John River as it reverses its flow, if tidal conditions are favorable.

· Capture timeless images of the waterfront and a historical lighthouse.

• Use tips from the professional photographer guide to maximize the quality of your pictures.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

PLEASE NOTE Walking on this tour is mainly at the guests' discretion during stops. There are uneven, rocky, muddy and sandy surfaces to negotiate. The tour is not available to wheelchair guests and is not c suitable for guests with mobility concerns. Tidal activity at the Reversing Falls Rapids cannot be guaranteed.

#### YYT-017 HARBOUR PASSAGE WALKING TOUR Date: Sep 27, 2024 Time: 10:00 AM Duration: 2.00 Hrs Price: \$59.00

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#### OVERVIEW

Place Fort La Tour, a National Historic Site of Canada, sits at the mouth of the Saint John River. Learn the story of Charles de Saint-Etienne de La Tour, how the Fort became one of the earliest fur trade points between the French and the indigenous people, and the tragic story of his wife's defense of the Fort in his absence while under siege from his rival. Lady La Tour is a true Canadian heroine. On this tour we invite you to travel back in time with us to the 1600's and experience life at that time, complete with Palisade, Bastion, and Blacksmith Forge, all nestled amongst replica fort buildings.

#### HIGHLIGHTS

• Savor a delicious homemade biscuit with local Crosby's molasses! A family-owned company, Crosby's has been headquartered in Saint John since the 1800s. You'll love this sweet treat that locals have been enjoying for over 200 years.

Learn the history of our incredible city all from the perspective of the waterfront.

• Your expert interpreter will help you imagine what day-to-day life at the Fort was like.

#### HELPFUL HINTS

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- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes about three hours of walking. It is not available to wheelchair guests, and guests with mobility concerns should evaluate their personal level of stamina and ability before joining the tour.

# Halifax, Nova Scotia

#### YHZ-001 FAMOUS PEGGY'S COVE COASTAL TOUR Date: Sep 28, 2024 Time: 10:30 AM Duration: 4.00 Hrs Price: \$169.00

#### OVERVIEW

Enjoy the coastal beauty of nearby Peggy's Cove, a rustic fishing village with just a few dozen full-time residents. You will arrive via the Lighthouse Route, a road that winds through dramatic rock formations that eroding glaciers left in their wakes millions of years ago. Once you arrive in Peggy's Cove, you may tour on your own or with a guide that will elaborate on how the cove got its name, the story of the lighthouse and other relevant points of interest. Regardless of where you meander, chances are you will see lobster traps, as lobstering is essential to the local economy. The guided tour concludes at a monument that local sculptor William DeGarthe carved into a granite outcropping. It depicts dozens of fishermen, their families and St. Elmo, the patron saint of sailors.

#### HIGHLIGHTS

- Drive the immensely scenic Lighthouse Route to and from Peggy's Cove.
- Follow a guide through the rustic fishing village and pause at the most significant landmarks.

Walk around town on your own as an alternative to the guided tour.
Admire attractions that reflect the village's seafaring past such as a monument dedicated to sailors.

#### HELPFUL HINTS

📮 Minimal activity	Moderate activity	<b>OE</b> Oceania Exclusive	BB Beyond Blueprints	GG Go Green
🔥 Easy activity	Strenuous activity	<b>OS</b> Oceania Select	CD Culinary Discovery	GL Go Local
Evening excursion	🗙 Meal included	<b>ADA Accessible</b>	FW Food & Wine Trails	WT Wellness Tour

• Dress in weather-appropriate clothing.

· Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes some moderate walking, at times over uneven surfaces. The tour is available to guests who utilize a collapsible wheelchair, can make their own way on and off the coach and have a companion to assist them. However, some areas are not wheelchair accessible. Guests with mobility concerns should evaluate their personal level of ability and stamina before joining the tour. The order of the sites viewed or visited may vary.

#### YHZ-002 ART & ARCHITECTURE Date: Sep 28, 2024 Time: 10:45 AM Duration: 3.50 Hrs Price: \$149.00



#### OVERVIEW

Explore the artistic and architectural heritage of Halifax through key landmarks that reflect the history of this city that the British founded in 1749. One of the first attractions will be St. Mary's Basilica, which features the tallest polished granite spire in North America. Other architectural treasures include the 19th-century Old Town Clock, a gift from Prince Edward that perches high on the National Historic Site of Citadel Hill and King's College, Canada's oldest university. In time, you will travel through the exclusive residential neighborhood South End on the way to the prestigious Art Gallery of Nova Scotia. The building's Italianate façade dates back to 1864 and the artwork inside is just as impressive. More than 2,000 artists are represented in the permanent collection alone, most of them Canadian. You will have the option of remaining in the museum after the tour and then arranging your return to the pier.

#### HIGHLIGHTS

• Discover centuries of architectural treasures throughout Halifax.

• See one-of-a-kind gems such as North America's tallest granite spire and Canada's oldest university.

Behold the outstanding art work in the esteemed Art Gallery of Nova Scotia.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes moderate walking, at times over uneven surfaces. The tour is available to guests who utilize a collapsible wheelchair, can make their own way on and off the coach and have a companion to assist them. Guests with mobility concerns should evaluate their personal level of ability and stamina before joining the tour. The order of the sites viewed or visited may vary.

#### YHZ-008 HISTORIC CITY TOUR AND DOUBLE DECKER BUS Date: Sep 28, 2024 Time: 11:00 AM Duration: 3.00 Hrs Price: \$129.00

#### OVERVIEW

Discover how Halifax earned its nickname "Warden of the North" and other intriguing historical tidbits while traveling through downtown on a double-decker bus. Your kilted guide will elaborate on the city's founding during the age of pirates and privateers and how Halifax has transitioned into a vibrant, culturally diverse metropolis. The change wasn't without incident, as you will realize after hearing about the Halifax Explosion in 1917, a deadly collision of two ships in the harbor that forever changed the face of the city's North End. Architectural highlights include St. Paul's Anglican Church, the Old Town Clock and the Province House, where Nova Scotia's House of Assembly meets. You will also have the opportunity to visit the Halifax Citadel, which is officially known as Fort George, in honor of King George II. The star-shaped fort is actually the fourth fort to perch on the hilltop overlooking the harbor.

#### HIGHLIGHTS

• Travel through town sitting inside or atop a double-decker sightseeing bus.

• Delve into the history of Halifax through the guide's narration while passing landmarks.

• Discover how events such as the Halifax Explosion of 1917 forever changed the city.

• Visit Halifax Citadel, a National Historic Site with a commanding view of the harbor.

#### HELPFUL HINTS

• Dress in weather-appropriate clothing.

• Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes minimal walking mostly pebbled surfaces. Stairs would be at the guests' discretion. The tour is available to guests who utilize a collapsible wheelchair, can make their own way on and off the bus and have a companion to assist them. Guests with mobility concerns should evaluate their personal level of ability and stamina before joining the tour. The order of the sites viewed or visited may vary. Double-decker buses aren't air-conditioned.

#### YHZ-012 HISTORIC HALIFAX & RMS TITANIC Date: Sep 28, 2024 Time: 11:15 AM Duration: 3.00 Hrs Price: \$129.00

#### OVERVIEW

Tour the landmarks of seaside Halifax and discover the city's fascinating history, which goes well beyond its irrevocable links to the Titanic. You will find a treasure-trove of items relating to the sea at the Maritime Museum of the Atlantic, although the highlight is the world's largest collection of wooden artifacts from the Titanic. Halifax sent three ships to recover victims from the doomed ocean liner, many of whom are buried at Fairview Lawn Cemetery, your next stop. Here, you will gaze upon rows of granite headstones, each inscribed with the date of the sinking, April 15, 1912. Of course, there is much more to beautiful Halifax, as you will discover on your panoramic drive through town. You will hear wild tales of rum running, privateering and the massive Halifax Explosion of 1917 that nearly leveled the entire city. During your drive, you will also pass Canada's oldest brewery, the gorgeous Public Gardens and Halifax Citadel, a National Historic Site.

#### HIGHLIGHTS

• Gain an understanding of Halifax's history through architectural gems such as Halifax Citadel.

• Get a glimpse into tragic events that shaped the city, including the sinking of the Titanic.

• Browse the collection of revealing seafaring items in the Museum of the Atlantic.

• Appreciate the guide's kilt, a nod to Halifax being the capital of Nova Scotia or New Scotland.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

Walking on this tour is mainly at the guest' discretion during the stops. There are natural surfaces and slight inclines at Fairview Lawn Cemetery to access certain gravesites. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on

Ainimal activity	Moderate activity	<b>OE</b> Oceania Exclusive	BB Beyond Blueprints	GG Go Green
🔥 Easy activity	Strenuous activity	<b>OS</b> Oceania Select	CD Culinary Discovery	GL Go Local
Evening excursion	🗙 Meal included	<b>ADA Accessible</b>	FW Food & Wine Trails	WT Wellness Tour

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and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns should evaluate their personal level of stamina and ability before joining the tour.

#### YHZ-004 HISTORIC WALK AND BREWERY TOUR Date: Sep 28, 2024 Time: 01:00 PM Duration: 3.00 Hrs Price: \$119.00

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#### OVERVIEW

Sample beers brewed with local ingredients that impart unique flavors and gain an historical perspective of beer, one of the world's oldest beverages. While visiting the unique Atlantic Beer Institute, you will discover some unusual facts about the history of beer, how it is brewed in Halifax and even tips on the best ways to pour and store beer. You will then sample locally produced beers and have the chance to taste beers from Belgium and England for comparison. A similar experience awaits you at Alexander Keith's Nova Scotia Brewery, one of the oldest such facilities in North America. Besides sampling beers that may include the flagship stout, a pale ale and an herb beer with a hint of ocean brine, you will be invited to join the guide in singing a pub song or two.

#### HIGHLIGHTS

• Discover the fascinating history of beer, one the world's oldest beverages.

• Sample locally produced beers and compare their tastes with beers from other countries.

• Enjoy a different selection of locally produced beers at one of North America's oldest breweries.

#### HELPFUL HINTS

• Dress in weather-appropriate clothing.

• Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour involves about one hour of casual walking and standing with steps in several areas. The tour is not available to guests who utilize a wheelchair and may not be suitable for guests with mobility concerns. Guests must be at least 21 years of age to drink alcoholic beverages and a photo ID may be requested. The order of the sites viewed or visited may vary.

# Sydney, Nova Scotia

YQY-006 THE BRAS D'OR LAKES GRAND TOUR Date: Sep 29, 2024 Time: 10:30 AM Duration: 7.00 Hrs Price: \$389.00

#### OVERVIEW

Enjoy the beautiful setting and charms of Highland Village, a 50-acre historical site that overlooks Bras d'Or Lakes at the center of Cape Breton Island. The village is actually a living history museum of buildings that reflect the island's prevalent Scottish heritage. Most of the buildings are replicas that present a chronological journey through 180 years of Cape Breton's Scottish architecture. To enhance your understanding of the link between Nova Scotia—meaning New Scotland—and the country Scotland, a costumed guide will present a brief history in conversational Gaelic. Afterwards, you will enjoy lunch in the nearby village of Baddeck. Alexander Graham Bell, the Scotsman who invented the telephone and held more than a dozen other patents, summered here. The world's largest collection of Bell's artifacts is housed here in his namesake museum, which you will browse briefly.

#### HIGHLIGHTS

· Meander through an outdoor museum of buildings that replicate a

Scottish village.

- Discover the rich cultural link between Scotland and Cape Breton Island.
- Savor a traditional lunch in the village of Baddeck overlooking Bras d'Or
- Lakes.

• Drop by the museum devoted to Scotsman Alexander Graham Bell.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

Although there is considerable walking at Highland Village, guests can choose to stay on the coach and enjoy the views. The tour is available to wheelchair guests who have a collapsible wheelchair, can make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns should evaluate their personal level of stamina and ability before joining the tour.

#### YQY-002 ALEXANDER GRAHAM BELL MUSEUM & VILLAGE OF BADDECK Date: Sep 29, 2024 Time: 10:45 AM Duration: 4.00 Hrs Price: \$179.00

#### OVERVIEW

Discover inventor Alexander Graham Bell's remarkable contributions to the world in his namesake museum and then explore the lovely village of Baddeck, where the museum is located. On the way there, you will pause for photos of Kelly's Mountain. Upon arriving at the museum, you will likely be struck by its unusual design, which is based on the tetrahedron form that the inventor used in his flight test kites. Although Bell is renowned for inventing the telephone, that only touches upon his scientific achievements. The Scotsman earned 18 patents alone and collaborated on another 12 in areas such as medicine, genetics, electricity, sound, speech, aeronautics and marine engineering. After touring the museum at your leisure, you will enjoy more free time in Baddeck, which perches on the shores of Bras d'Or Lake. During your visit, you might browse the waterfront or stop in one of the quaint restaurants for lunch. Seafood is a specialty, especially fresh Atlantic lobster.

#### HIGHLIGHTS

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• Enjoy a circuitous, immensely scenic drive around lakes and waterways to the village of Baddeck.

• Browse the Alexander Graham Bell Museum in Baddeck, where the inventor summered.

• Gain an understanding of Bell's achievements, which far surpass the invention of the telephone.

• Shop and dine on your own in Baddeck during free time, if you wish.

#### HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes about one hour of moderate walking and standing, plus additional walking at the guests' discretion during free time. There are various gradients and surfaces to negotiate, including gravel. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns should evaluate their personal level of stamina and ability before joining the tour.

YQY-001 FORTRES	SS LOUISBOURG	- NATIONAL HISTORIC SITE
Date: Sep 29, 2024	Time: 11:00 AM	OS 👯
Duration: 4.00 Hrs	Price: \$209.00	

💂 Minimal activity	Moderate activity	<b>OE</b> Oceania Exclusive	BB Beyond Blueprints	GG Go Green
🟌 Easy activity	KAN Strenuous activity	OS Oceania Select	CD Culinary Discovery	GL Go Local
Evening excursion	🗙 Meal included	<b>ADA Accessible</b>	FW Food & Wine Trails	WT Wellness Tour

#### OVERVIEW

Travel back in time to 1700s and discover what life was like at Fortress Louisbourg, a re-creation of a French fort that is so impressive it has become a National Historic Site. The original settlement was founded in 1713, and it thrived as a center of fishing and trade until the British destroyed it later that century. You will be free to explore the fort on your own, taking in the beautiful exterior architecture and visiting the exhibit buildings that are open for viewing. You might converse with the costumed characters, as they will provide a rare glimpse into the challenges that the residents of the 18th-century town faced, and revel in the magnificence of the King's Bastion while listening to stirring tales of the soldiers that manned the fortress. Afterwards, you might watch a demonstration of how hot chocolate was made during that time period, and then enjoy a cup.

#### HIGHLIGHTS

• Explore a reconstruction of an 18th-century fort that is a National Historic Site.

• Listen to costumed characters recount the challenges of the harsh conditions centuries ago.

• Cross over the Mira River, the longest navigable river in Nova Scotia.

• Enjoy a cup of hot chocolate, after watching how early settlers made the beverage.

#### HELPFUL HINTS

• Dress in weather-appropriate clothing.

• Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes about one hour of moderate walking and standing, plus additional walking at the guests' discretion during free time. There are various gradients and surfaces to negotiate, including gravel. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns should evaluate their personal level of stamina and ability before joining the tour.

### YQY-008 HIGHLAND VILLAGE HIGHLIGHTS

Date: Sep 29, 2024 Time: 11:15 AM Duration: 3.50 Hrs Price: \$199.00

#### OVERVIEW

Stroll through Highland Village, a lakefront living museum of period buildings that replicates a Gaelic community from centuries ago. The village sprawls across a hillside in the center of Cape Breton Island and has a wonderful authenticity that the costumed guides thoroughly enhance. As you stroll around the village overlooking Bras d'Or Lakes, you will get a sense of stepping back in time. The buildings are re-creations of ones that would be in a traditional Gaelic community in the 18th and 19th centuries. You can expect to see typical residences, a mill, forge, store and church. You may also watch a demonstration of weaving, quilting and rug hooking that will add to your understanding of the time. You may even pick up a little Gaelic, as Cape Breton is the only place in North America where Gaelic is still spoken, a legacy of the immigrants that came from the Scottish Highlands.

#### HIGHLIGHTS

Meander through an outdoor museum of buildings that replicates a Scottish village.

- Discover the rich cultural link between Scotland and Cape Breton Island.
- Take in the gorgeous views of Bras d'Or Lakes from the hillside village.
- Watch demonstrations of traditional weaving, quilting and rug hooking.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

Walking at the Highland Village is over various uneven surfaces at the guests' discretion. However, guests cannot remain on the tour vehicle while it is parked at the village.

#### YQY-005 HISTORICAL SYDNEY WALKING TOUR Date: Sep 29, 2024 Time: 11:30 AM Duration: 2.00 Hrs Price: \$109.00

#### OVERVIEW

Meander through the charming streets of Sydney, discovering much about its early history and residents by touring several architectural gems. A guide in period costume will accompany you through town, which was founded in 1785 around coal mining. By the early 20th century, Sydney was home to one of the world's largest steel plants. Although neither business is operating today, you will see some of the most significant buildings from the boom years, including St. Patrick's, a 19th-century Roman Catholic Church that is now a museum. In the North End, you will visit Sydney's oldest wooden building and then the Cossit House, a colonial-style house built in 1787 for Reverend Ranna Cossit, whose wife died there while giving birth to their 13th child. Later, you will have time to browse the enlightening displays at the Cape Breton Centre for Heritage and Science and then enjoy a snack of oatcakes and tea.

#### HIGHLIGHTS

• Discover the charms of Sydney, especially those of an architectural and historical nature.

• Learn about the fall of the coal and steel industries that once drove Sydney's economy.

• Tour Sydney's oldest residence, which is decorated with period furnishings.

· Browse the exhibits in the Cape Breton Centre for Heritage and Science.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

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This tour includes approximately 1½ miles of moderate walking with various gradients and surfaces to negotiate. The tour is not available to wheelchair guests or to those with mobility concerns. Guests should be in good physical condition.

#### YQY-007 SYDNEY PUB TOUR Date: Sep 29, 2024 Time: 12:00 PM Duration: 3.00 Hrs Price: \$79.00

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#### OVERVIEW

Sample a beer in three downtown pubs, all of them offering a selection of local brews and imported favorites from Ireland and England. A short walk will bring you to the Old Triangle Irish Alehouse, the first pub where you will sample a beer. It's only natural that this tour begins at an Irish alehouse, as Sydney has deep Celtic roots. The Old Triangle offers nearly two dozen different brews, ranging from Guinness Irish Stout to an India Pale Ale known simply as Keith's. Your second stop will be the Crown & Moose Pub. This waterfront pub has an English flair, which is reflected in the selection of beers. The atmosphere is casual and inviting, an ideal setting to sip another brew. Then it's on to Daniel's Restaurant & Bar, home to cold beer, great food and good times. Enjoy a beer from a selection of Nova Scotia brews or perhaps one that reminds you of home.

### HIGHLIGHTS

- Sample a selection of distinctive beers at three pubs in Sydney.
- Enjoy locally made brews and others from Ireland and England.

📮 Minimal activity	Moderate activity	<b>OE</b> Oceania Exclusive	BB Beyond Blueprints	GG Go Green
🔥 Easy activity	Strenuous activity	<b>OS</b> Oceania Select	CD Culinary Discovery	GL Go Local
Evening excursion	🗙 Meal included	<b>ADA Accessible</b>	FW Food & Wine Trails	WT Wellness Tour

# OCEANIA CRUISES®

• Revel in the pub life, which is similar that in the British Isles.

Note the 50-foot-high Celtic fiddle at the cruise terminal that honors Nova Scotia's roots.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes about three hours of walking and standing. It is not available to guests who utilize a wheelchair. Guests with mobility concerns should evaluate their personal level of ability and stamina before joining the tour. Although the tour is available to guests of all ages, guests must be 21 years of age or older to sample alcoholic beverages. A photo ID may be required. The order of venues visited may vary.

# **Corner Brook, Newfoundland**

#### COR-001 CAPTAIN COOK'S TRAIL Date: Sep 30, 2024 Time: 10:30 AM Duration: 4.00 Hrs Price: \$169.00



#### OVERVIEW

Learn how British explorer James Cook honed his considerable skills as a captain and navigator in Newfoundland before gaining fame for his discoveries and voyages in the Pacific. You will see a statue celebrating Cook's accomplishments at the Captain James Cook National Historic Site in Corner Brook, an area he surveyed in such detail in the 1760s that many of his charts were still used in the 20th century. As you drive into the surrounding countryside, you will follow a route through delightful fishing villages inhabited by people of English, French and Aboriginal ancestries. The rugged coastal scenery hasn't changed much in the centuries since Cook sailed here. It is still pristine, naturally beautiful and teeming with wildlife. For a different perspective of life in Corner Brook, you will stop for tea and Newfoundland specialties with some residents of nearby Lark Harbor.

#### HIGHLIGHTS

- Discover the influence of Captain James Cook in Newfoundland.
- Stop at the Captain James Cook National Historic Site.
- Drive along the rugged coastline that Captain Cook surveyed in the 1760s.

• Enjoy snacks with a group of congenial local residents.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Be prepared for the possibility of rain.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes a moderate amount of walking over mostly even surfaces. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns should evaluate their personal level of ability and stamina before joining the tour. The order of the sites may vary. Due to the remote location, this tour may operate with school buses.

#### COR-004 CORNER BROOK HIKING ADVENTURE Date: Sep 30, 2024 Time: 10:30 AM, 02:30 PM Duration: 3.00 Hrs Price: \$119.00

#### OVERVIEW

A wonderful outdoor adventure, this tour features two leisurely walks through the nearby woods, where views include a cascading waterfall, meandering stream and open parkland. The first trail follows the Corner Brook Stream, which flows into the bay. Along the way, look for warbling songbirds, wildflowers blanketing the forest floor and clusters of ripe berries in the bushes. At the end of that trail, you will be shuttled to the Glynmill Inn Trail, much of which also runs parallel to Corner Brook Stream and Glynmill Inn Pond. Mill workers originally constructed the pond as a dam to supply power to the city's paper industry. It now serves as one of Corner Brook's most popular recreation areas because of its scenic beauty. Built in 1923, the historic Glynmill Inn overlooks the pond and swans frequently congregate here. Following your second hike, you will stop for a tasty treat made with Newfoundland berries.

### HIGHLIGHTS

• Hike two trails that follow Corner Brook Stream, each with its own highlights.

• Enjoy the serenity of the woods and the sounds of nature.

• Hear commentary about the history of the area and landmarks along the way.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

### PLEASE NOTE

This tour includes about two hours of moderate to strenuous hiking and includes some uneven and natural surfaces, as well as steps. The tour is not available to wheelchair guests or those with mobility concerns. Due to the remote location, this tour will operate with school buses.

### COR-006 GROS MORNE NATIONAL PARK

Date: Sep 30, 2024 Time: 10:30 AM Duration: 7.00 Hrs Price: \$279.00



#### OVERVIEW

Explore the natural wonders within Gros Morne National Park, an unspoiled setting where you will find one of the world's finest examples of continental drift. On the drive there, you will pause on occasion to photograph the gorgeous landscape of dense forests, soaring mountains and glacial valleys. The terrain is even more dramatic within the national park. It features such an extraordinary example of continental drift, where deep ocean crust and the earth's rocky mantle lie exposed, that UNESCO has declared Gros Morne a World Heritage site. Soak in the beauty of the seaside as we enjoy a stroll through the community of Norris Point. You will also enjoy a view of Gros Morne Mountain in the distance, a flattop slice of Arctic tundra far south of its usual range. Nearby, you will find the lighthouse at Lobster Cove Head, a literal landmark since 1898 and a top spot for whale watching.

#### HIGHLIGHTS

• Settle in and enjoy a leisurely, immensely picturesque drive to Gros Morne National Park.

• In the distance, see a rare and extraordinary example of continental drift within the national park from the Western Brook lookout.

- Learn why UNESCO has deemed the national park a World Heritage site.
- Enjoy a delicious, local seafood lunch and Newfoundland berry dessert
- at one of the nearby restaurants.
- Observe geological wonders within the visitor center.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes about two hours of easy to moderate walking and standing and four hours of travel by coach. There will be uneven, sloping and gravel surfaces to negotiate. The tour is not available to wheelchair guests and may not be suitable for those with walking difficulties. The tour

Minimal activity	Moderate activity	<b>OE</b> Oceania Exclusive	BB Beyond Blueprints	GG Go Green
🔥 Easy activity	Strenuous activity	0S Oceania Select	CD Culinary Discovery	GL Go Local
Evening excursion	🗙 Meal included	ADA Accessible	FW Food & Wine Trails	WT Wellness Tour

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sequence may vary. Wildlife sightings are likely but not guaranteed.

#### COR-002 HIGHLIGHTS OF CORNER BROOK Date: Sep 30, 2024 Time: 10:45 AM, 02:00 PM Duration: 2.50 Hrs Price: \$129.00

#### OVERVIEW

Enjoy a panoramic introduction to Corner Brook by driving through its most picturesque areas and stopping on occasion for photos of the spectacular countryside. You will enjoy one of the best views of the sea and the Bay Islands just off shore from the lookout at the Captain James Cook National Historic Site, which is dedicated to the famed explorer who surveyed coastal Newfoundland in the 1760s. More unforgettable vistas await you on the drive through the surrounding forests and along the rugged shore. You will also be treated to another inspiring view from the Old Man in the Mountain lookout. Depending on the angle of the sunlight and your imagination, you may be able to make out the shape of an old man's face in the rocky cliff.

### HIGHLIGHTS

- Drive around Corner Brook in comfort, taking in the majestic sights.
- Pause for photos at several overlooks that offer glorious views of the countryside.

• Listen to enlightening commentary about Corner Brook's history and legends.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Be prepared for the possibility of rain.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes a small amount of moderate walking. The tour is available to guests who utilize a collapsible wheelchair, can make their way on and off the bus and are accompanied by a companion to assist them. Due to the remote location this tour may operate with school buses, in which case no mobility equipment, including collapsible wheelchairs and walkers, will be allowed on the buses. If you use mobility equipment, please confirm with the onboard Destination Services personnel 48 hours before the excursion commences regarding the transport used to avoid disappointment.

#### COR-003 INSECTARIUM AND BUTTERFLY HOUSE Date: Sep 30, 2024 Time: 11:00 AM Duration: 3.50 Hrs Price: \$199.00

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#### OVERVIEW

A must-see for nature lovers, this tour visits the island's enthralling insectarium and butterfly house, winner of "Best Indoor Attraction in Newfoundland." Founded in 1998 on the majestic Humber River, Newfoundland Insectarium was designed with wall-mounted and floor exhibits featuring live and preserved specimens from six zoological zones, including one devoted to the insects of Newfoundland and Labrador. While touring, you may peer inside a glass bee hive with thousands of live honeybees, see live stick insects and explore the butterfly house within the insectarium. The house features hundreds of butterflies from Costa Rica and The Philippines, including magnificent species such as the blue morpho and owl butterfly. During free time at the insectarium, you might browse the themed gift shop and stroll the nature trails that will take you to the shores of the Humber River, where you may see beaver, muskrat, songbirds and waterfowl.

#### HIGHLIGHTS

- Discover the natural wonders within the Newfoundland Insectarium.
- See rare species of insects ranging from leaf-cutter ants to honeybees.

- Observe butterflies flitting about and even landing on your body.
- Stroll a short nature trail that leads to the Humber River.

#### HELPFUL HINTS

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- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes about two hours of easy to moderate walking. Guests electing to walk on the trails may encounter uneven and natural surfaces. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the school bus, and have an able-bodied companion to assist them. Guests with mobility concerns should carefully evaluate their personal level of stamina and ability before joining the tour. Due to the remote location, this tour may operate with school buses.

## Havre Saint Pierre, Quebec

HSP-001 WALKING TOUR OF HAVRE-SAINT-PIERRE Date: Oct 01, 2024 Time: 10:30 AM, 01:30 PM Duration: 2.50 Hrs Price: \$79.00

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#### OVERVIEW

Stroll the streets of lovely Havre-Saint-Pierre, an easy-to-walk village in one of the most beautiful settings on the north shore of the Saint Lawrence River. It won't take long for you to reach the heart of the village, which was settled in 1857. Fishing and logging drove the economy until the 1940s, when the world's largest deposit of ilmenite—the chief source of titanium—was discovered nearby. Although mining is now the chief industry, Havre-Saint-Pierre still celebrates its past, as you will discover walking around the compact downtown. Highlights include the House of Roland Jomphe, a former general store from the 1940s, and the village's interpretation center. The latter focuses on the area's arctic and alpine flora, unique fauna and distinctive geology. The coastal rocks are particularly strange looking, as many of them are soaring freestanding monoliths. Being seaside is a wonderful setting for Havre-Saint-Pierre, which has long been shaped by the forces of nature.

### HIGHLIGHTS

- Walk around the village's compact downtown, admiring historical landmarks.
- Understand how various natural resources have influenced the village's economy.
- Discover the fascinating natural history of the area.
  - Behold the stone monoliths standing sentinel along the sea.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes about 90 minutes of easy to moderate walking. There will be some uneven surfaces and a few steps to negotiate. The tour is available to wheelchair guests who have an able-bodied companion to push their wheelchair. The tour is not considered suitable for those with walking difficulties.

#### HSP-002 ILE NIAPISKAU - DAUGHTER OF THE SEA Date: Oct 01, 2024 Time: 10:30 AM, 01:00 PM, 03:30 PM Duration: 3.00 Hrs Price: \$149.00

#### OVERVIEW

Hike a natural trail on the Ile Niapiskau, a nearby island known for its oddly shaped monoliths and remarkable biodiversity. A scenic cruise will bring

📮 Minimal activity	Moderate activity	<b>OE</b> Oceania Exclusive	BB Beyond Blueprints	GG Go Green
🔥 Easy activity	Strenuous activity	<b>OS</b> Oceania Select	CD Culinary Discovery	GL Go Local
Evening excursion	🗙 Meal included	ADA Accessible	FW Food & Wine Trails	WT Wellness Tour

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you to the island, which features a concentration of limestone monoliths that the erosive powers of the wind and sea have sculpted over the centuries. A naturalist will accompany you to explain the island's most unusual aspects. The monoliths will be the stars of the geological story, as they date back more than 500 million years, when a shallow tropical sea covered this area. Because of its origin, the island is known as a "daughter of the sea." The naturalist will also point out curious flora. You might see Mingan thistle, which is usually found in arctic regions, and colorful saxifrage, the so-called "rock breaker," as it grows in crevices. Birds are also plentiful on Ile Niapiskau, and you may spot cormorants, razorbills and puffins.

#### HIGHLIGHTS

- Cruise to an island noted for its unusual geology and flora.
- Behold the freestanding monoliths rising above the island's coast.
- Hike with a naturalist that will point out and explain the island's unusual characteristics.

• Observe the seabirds that flock to the island to breed and nest.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes nearly two hours of easy to moderate walking and standing. The guided walking tour on the island covers a quarter mile with some uneven and gravel surfaces and numerous steps to negotiate. Participants must be able to enter and exit the boat on their own. The tour is not available to wheelchair guests and not considered suitable for those with walking difficulties. Participants who suffer from motion sickness should take necessary precautions. Wildlife sightings are not guaranteed.

### HSP-003 PETITE ILE AU MARTEAU

Date: Oct 01, 2024	Time: 10:40 AM, 01:45 PM
Duration: 3.75 Hrs	Price: \$149.00

#### OVERVIEW

Enjoy a relaxing walk around an immensely picturesque island just offshore, where you will admire the natural setting and see a meticulously restored lighthouse. After a brief but picturesque cruise to Petite IIe au Marteau, an island in the Mingan Archipelago National Park Reserve, you will explore the natural environment, accompanied by a naturalist. Some of the vegetation usually only thrives in arctic and alpine regions, including certain species of azaleas and bearberry. The diversity of plants is remarkable throughout, and you may also see tamaracks, bird's-eye primrose and purple cinquefoil. Birds are the dominant animals, and you may spot peregrine falcons, ovenbirds and ruby-throated hummingbirds. You might even catch sight of dolphins and seals offshore. Walruses were once so prevalent on Petite IIe au Marteau that it was called Walrus Island. Although people no longer inhabit the island, you will visit the lighthouse that keepers occupied until 1987. It is now fully automated.

#### HIGHLIGHTS

- · Cruise to an uninhabited island known for its remarkable biodiversity.
- Walk with a naturalist that will describe the intriguing flora and fauna.
- Look for marine life such as dolphins frolicking along the coast.
- · Visit the island's historical lighthouse that was once operated manually.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes nearly three hours of easy to moderate walking and standing. The guided walking tour covers three-quarters of a mile. There

will be gravel surfaces and steps to negotiate. Participants must be able to enter and exit the boat on their own. The tour is not available to wheelchair guests and not considered suitable for those with walking difficulties. Participants who suffer from motion sickness should take necessary precautions. Wildlife sightings are not guaranteed.

#### HSP-004 ILE QUARRY EXPLORATION Date: Oct 01, 2024 Time: 10:45 AM, 02:30 PM Duration: 4.00 Hrs Price: \$159.00

#### OVERVIEW

Cruise to lle Quarry for a leisurely nature walk around this pristine, monolith-dotted island that offers some of the region's most diverse terrain. Along the way, you will pass lle du Fantome and behold its bizarrely shaped limestone monoliths and coastal ledges. The sight makes for an excellent introduction to lle Quarry, another island characterized by massive ancient monoliths. Over the centuries, the erosive powers of the wind and sea have sculpted the monoliths into tall fanciful shapes that tower over the landscape. You will have time to explore these strange formations with a naturalist. Other habitats include a boreal forest, peat bogs, barrens and cliffs. The island is also wonderfully diverse with regard to flora and fauna. Some of the vegetation usually only thrives in arctic and alpine regions, and various plants may well be in bloom. Birds are also abundant and include peregrine falcons, ovenbirds and ruby-throated hummingbirds.

#### HIGHLIGHTS

• Cruise to an island with limestone monoliths that have eroded into fanciful shapes.

- Follow a naturalist that will describe the intriguing flora and fauna.
- · See vegetation that rarely grows outside arctic and alpine regions.
- · See habitats as diverse as peat bogs and barrens.
- Observe birds such as peregrine falcons, which can fly up to 200 miles per hour.

#### HELPFUL HINTS

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- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes nearly three hours of easy to moderate walking and standing. The guided walk on the island takes more two hours and covers 1½ miles over mostly even surfaces. There will be steps to negotiate, and participants must be able to enter and exit the boat on their own. The tour is not available to wheelchair guests and may not be suitable for guests with walking difficulties who should carefully evaluate their personal level of stamina and ability before joining the tour. Participants who suffer from motion sickness should take necessary precautions. Wildlife sightings are not guaranteed.

# Sept-lles, Quebec

#### SEP-002 ARCHIPELAGO SCENIC ZODIAC ADVENTURE Date: Oct 02, 2024 Time: 09:30 AM, 12:00 PM, 02:30 PM Duration: 2.50 Hrs Price: \$169.00

#### OVERVIEW

Cruise a Zodiac boat around the islands off Sept-Iles, many of which are bird sanctuaries where seabirds can be seen nesting on the precipitous cliffs. On the approach to Manowin Island, chances are you will spot seabirds nesting in the cliffs. The island's name comes from an Innu word for "where we collect eggs." The unusually shaped limestone formations on the island are full of fossils and of great archaeological importance. Corossol Island lies just south and is also a bird sanctuary with even more

💂 Minimal activity	📩 Moderate activity	<b>OE</b> Oceania Exclusive	BB Beyond Blueprints	GG Go Green
🔥 Easy activity	Strenuous activity	<b>OS</b> Oceania Select	CD Culinary Discovery	GL Go Local
Evening excursion	🗙 Meal included	<b>ADA Accessible</b>	FW Food & Wine Trails	WT Wellness Tour

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diverse species. While cruising off its rocky shore, you may see razorbills, black guillemots and Atlantic puffins. The island is named for a French ship that sank here in 1693. A lighthouse was eventually built in 1870, although the beacon that you will see was constructed later. While cruising back to the pier, you will also pass Petite Basque and Grande Basque, islands named for the Basques who once hunted whales here.

#### HIGHLIGHTS

• Cruise close to several islands that are protected sanctuaries for seabirds.

Observe species such as razorbills, Atlantic puffins and murres up close.

• Listen to the naturalist describe some of the remarkable characteristics of the seabirds.

• Learn intriguing facts as to how the islands were named.

HELPFUL HINTS

• Dress in weather-appropriate clothing.

• Wear flat comfortable walking shoes.

#### PLEASE NOTE

Although this tour includes minimal walking, it is not available to guests who utilize a wheelchair. Life jackets and winter raincoats are provided.

#### SEP-004 SEPT-ILES HIGHLIGHTS TOUR Date: Oct 02, 2024 Time: 09:30 AM, 01:30 PM Duration: 3.25 Hrs Price: \$159.00

#### OVERVIEW

Discover how the past has shaped modern Sept-Iles by browsing a reconstructed, historically accurate trading post and a museum with artifacts dating back as far as prehistoric times. You will first visit the Old Trading Post, a replica of the trading post that the Hudson's Bay Company operated here until 1842. The First Nations Innu people supplied many of the furs that were shipped to Europe, along with salmon and seal oil. Another window into Sept-Iles' past awaits you at the Regional Museum of the North Shore. Its exhibitions address more than 8,000 years of history through fine arts, archaeology, natural sciences and ethnology. While browsing the collections, you may see prehistoric tools and weapons, specimens of birds and mammals, and Innu items such as a tobacco pouch made from cotton, caribou bones, pearls and hummingbird feathers. The return to the pier will follow a coastal route past Sept Iles' most beautiful beaches, including Plage Routhier.

#### HIGHLIGHTS

• Explore a replica of a trading post that operated in Sept-Iles for more than 150 years.

Learn about the early Europeans who lived here and traded with the indigenous Innu.

• Browse museum exhibits that reveal 8,000 years of local history.

• See ingenious prehistoric tools and remarkable items that the indigenous Innu created.

· Pause at a scenic overlook at one of the most beautiful coastal areas.

#### HELPFUL HINTS

• Dress in weather-appropriate clothing.

• Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes approximately 2.5 hours of walking. It is available to guests who utilize a collapsible wheelchair, are able to both make their way on and off the coach and have a companion to assist them. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Flat, comfortable walking shoes are suggested.

#### SEP-003 MEETING OF TWO NATIONS Date: Oct 02, 2024 Time: 09:45 AM, 01:30 PM Duration: 3.00 Hrs Price: \$149.00

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#### OVERVIEW

Delve into the history of Sept-Iles by visiting a museum that focuses on the First Nations people and an Old Trading Post that presents a European point of view. Displays in the Shaputuan Museum detail the history of the Innu, the province's most populous First Nations people. The main exhibition hall is particularly illuminating as it follows the Innu lifecycle through four seasons. Photography, traditional clothes and artwork reveal even more about the Innu prior to the 19th century, when Europeans began to influence their lifestyle. For a different historical perspective, you will then visit the Old Trading Post, a reconstruction of the trading post that the Hudson's Bay Company operated in Sept-Iles from 1673 to 1842. The Innu supplied many of the furs that were shipped to Europe, along with salmon and seal oil. To add to the realism, the merchants will be dressed in costumes and happy to answer your questions.

#### HIGHLIGHTS

• Gain an understanding of the Innu, the province's most prominent First Nations people.

Become aware of the Innu lifestyle before and after their interaction with Europeans.

• Explore a replica of a trading post that operated in Sept-Iles for more than 150 years.

Learn about the early Europeans who lived here and traded with the indigenous Innu.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes about 2½ hours of walking. It is available to guests who utilize a collapsible wheelchair, are able to both make their way on and off the coach and have a companion to assist them. Guests with mobility concerns should carefully evaluate their personal level of ability and stamina before joining the tour.

#### SEP-007 PANORAMIC SEPT-LES

Date: Oct 02, 2024 Time: 10:00 AM, 12:30 PM, 03:00 PM Duration: 2.00 Hrs Price: \$99.00

### OVERVIEW

Behold the natural beauty and most notable landmarks in and around Sept-Iles on a leisurely drive with photo stops along the way to capture the memories. You will follow a wonderfully scenic route through the Plage Routhier neighborhood on the north shore of the St. Lawrence River before turning inland to Lac Daigle, a shimmering lake known for its fishing. French explorer Jacques Cartier named Sept-Iles in 1535 for the seven islands around the nearly circular bay that rims it. While pausing for photos at the Museum Le Shaputuan, you will hear about the once-nomadic Innu people that Cartier encountered and how their cultural traditions are still practiced today. Much of Sept-Iles remains a natural paradise, especially at botanical oases such as the Jardins de l'Anse. Even so, the town has grown thanks to mineral technologies and a booming iron industry. You will see evidence of that expansion along the main thoroughfare Rue Arnaud.

#### HIGHLIGHTS

• Settle in for a panoramic drive that will present the most scenic attractions around Sept-Iles.

• Pause for photos at an inland lake, a botanical garden and a museum devoted to the Innu people.

📮 Minimal activity	Moderate activity	<b>OE</b> Oceania Exclusive	BB Beyond Blueprints	GG Go Green
🔥 Easy activity	Strenuous activity	<b>OS</b> Oceania Select	CD Culinary Discovery	GL Go Local
Evening excursion	🗙 Meal included	ADA Accessible	FW Food & Wine Trails	WT Wellness Tour

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• Drive through urban Sept-Iles, which hugs an island-dotted round bay.

### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes with non-slip soles.

#### PLEASE NOTE

- · Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes with non-slip soles.

# Baie-Comeau, Quebec

### BAC-002 THE HISTORICAL BAIE-COMEAU WALKING TOUR Date: Oct 03, 2024 Time: 08:30 AM, 01:00 PM

#### OVERVIEW

OVERVIEW Enjoy a leisurely and highly informative walk through pedestrian-friendly Baie Comeau, a town full of historical landmarks. Churches are among the main attractions in the heritage district, particularly Sainte-Amélie. Although its stained-glass windows are impressive, the frescoes adorning the ceiling are the real showstoppers. It will be obvious why Guido Nincheri, the Florentine artist that painted them, is known as the Michelangelo of North America. You will also drop by St-Andrew & St-George, a modest Tudor-style Anglican church that was the first place of worship in Baie Comeau. It was built in 1937, the same year that the exquisite hotel Manoir of Baie Comeau was constructed. Although the original hotel burned to the ground, the French colonial version that replaced it offers a spectacular setting for you to linger over tea and cake. Then, back in the heritage district, you will enjoy free time for shopping along lovely Place LaSalle.

#### HIGHLIGHTS

- See Baie Comeau's main historical sites while walking through the heritage district.
- Pass the city's oldest church and another church renowned for the frescoes on its ceiling.
- Enjoy tea and cake at a French colonial hotel before shopping along Place LaSalle.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

#### PLEASE NOTE

PLEASE NOTE This tour includes approximately 3 hours of walking. Tour is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

### BAC-005 PARC NATURE POINTE-AUX-OUTARDES Date: Oct 03, 2024 Time: 08:45 AM, 01:00 PM Duration: 2.50 Hrs Price: \$129.00

#### OVERVIEW

OVERVIEW Follow a winding trail through Pointe-aux-Outardes and gain an appreciation for the vast bio-diversity within this beautiful nature park. Named for the point of land it blankets along the Outardes River, the park includes nine distinct ecosystems, allowing you the opportunity to walk through a variety of landscapes. They include boreal and alder forests, sand flats, peat bogs, a fallow field and a saltwater marsh, all of which provide protected habitat for the abundant flora and fauna. Birds are prevalent throughout Pointe-aux-Outardes, especially migratory birds. What you can expect to spot will depend on the season. The avian species range from tiny songbirds to large birds of prey. Seabirds and small mammals flourish in the marshland, which acts as a water-filtration plant of sorts. You may delve even deeper into the park's bountiful nature by visiting the interpretation center during free time.

#### HIGHLIGHTS

• Enjoy a leisurely and enlightening walk through Pointe-aux-Outardes nature park.

- Travel through a variety of ecosystems, each one exceptionally bio-diverse.
- Look for wildlife in the protected park, especially migratory birds.
- Browse the interpretation center for a deeper look into the natural wonders.

#### HELPFUL HINTS

• Dress in weather-appropriate clothing.

• Wear flat comfortable walking shoes.

#### PLEASE NOTE

PLEASE NOTE: This tour includes a moderate amount of walking. Tour is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

#### BAC-007 PANORAMIC TOUR OF BAIE COMEAU Date: Oct 03, 2024 Time: 08:45 AM, 12:15 PM, 03:00 PM Duration: 2.75 Hrs Price: \$119.00

#### OVERVIEW

OVERVIEW Settle in for scenic drive through Baie Comeau and come away with a remarkably in-depth understanding of how this area developed. As an introduction to the natural beauty, you will pause at the St-Pancrace overlook, which offers the ultimate view of the sparkling bay. The architectural splendor of Baie Comeau will take center stage as you pass the Tudor-style St-Andrew & St-George church and the Pavilion Mance, a former school that now serves as a cultural venue. The design of the Sainte-Amélie church is even more outstanding. While browsing the interior, you will behold the abundance of spectacular frescoes on the ceiling – more than five times the number on the Sistine Chapel's ceiling. You will also hear the odd story of why the Italian artist that painted the frescoes was imprisoned during World War II. Free time follows along Place La Salle, a historical street lined with shops and restaurants.

#### HIGHLIGHTS

• Enjoy a sweeping view of the surrounding natural beauty from the St-Pancrace overlook.

• Behold the wealth of amazing frescoes painted on the ceiling of Sainte-Amélie church.

• Pass the Tudor-style church that was the first place of worship in Baie Comeau.

• Spend free time browsing the shops along Place La Salle and stay longer if you wish.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

PLEASE NOTE This tour is primarily panoramic in nature with walking at the guest's discretion during stops. It is available to guests who utilize a collapsible wheelchair, can make their way on and off the coach and have a companion to assist them.

### BAC-003 A TECHNOLOGY THAT CHANGED THE WORLD

Date: Oct 03, 2024	Time: 09:30 AM	<u> </u>
Duration: 3.50 Hrs	Price: \$119.00	~~~

📮 Minimal activity	Moderate activity	<b>OE</b> Oceania Exclusive	BB Beyond Blueprints	GG Go Green
🔥 Easy activity	Strenuous activity	<b>OS</b> Oceania Select	CD Culinary Discovery	GL Go Local
Evening excursion	🗙 Meal included	ADA Accessible	FW Food & Wine Trails	WT Wellness Tour

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#### OVERVIEW

OVERVIEW Take a behind-the-scenes tour of a massive hydroelectric dam that was built in the 1960s with cutting-edge technology that revolutionized the transmission of electricity. For an overview of the Jean-Lesage Generating Station, formerly known as the Manic-2, you will watch a fascinating video that shows how the generating station was constructed. It also explains the ground-breaking technology that drives the eight turbines, each of which weighs as much as 100 elephants. Building the towering dam and the turbines within it was an enormous undertaking because the structure holds back water from two large rivers. Incredibly, the water that rushes through the spillway is double the volume that roars off Niagara Falls. It creates enough hydroelectric power to supply electricity to a city of 250,000 people – that's more than 10 times the size of Baie Comeau. Afterwards, you will drop by Baie Comeau Manor for tea and a snack or a beer and wine tasting if you prefer.

#### HIGHLIGHTS

• Enjoy an eye-opening insider's tour of an enormous dam and generating station.

Learn about the cutting-edge technology that set a new standard in hydroelectric power.

• Relax at Baie Comeau Manor over a cup of tea or by sampling some local beers and wines.

HELPFUL HINTS

• Dress in weather-appropriate clothing.

• Wear flat comfortable walking shoes.

#### PLEASE NOTE

PLEASE NOTE This tour includes a moderate amount of walking mainly at the guest's discretion during stops. Tour is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

# Saguenay, Quebec

### SAG-005 A STROLL IN THE PARK

Date: Oct 04, 2024 Time: 08:30 AM Duration: 4.00 Hrs Price: \$129.00

#### OVERVIEW

Discover the wonders within Saguenay National Park at its interpretation center and then enjoy a leisurely stroll along one of the park's easiest trails. After an extraordinarily scenic drive, you will arrive in Saguenay National Park, which encompasses the spectacular Saguenay Fjord, the world's southernmost fjord. Join your guide for an easy one-hour stroll along the Meandres des Falaises trail and discover the Eternity River Delta. During your stroll you will hear about the creation and characteristics of the Saguenay Fjord, whose magnificent topography was sculpted by glaciers 10 million years ago. You will gain the knowledge what makes a fjord and how was it shaped, and why the waters of the Saguenay River are so dark and salty. Learn about the sand dunes (or are they marine terraces?), and which species can be regularly observed in the park. After your guided stroll you could visit the park's interpretation center for a presentation that explains how glaciers carved the deep fjord millions of years ago, why the Saguenay River is so dark and salty, and what wildlife thrives in the park.

#### HIGHLIGHTS

• Browse the exhibits in the interpretation center at Saguenay National Park.

- · Discover how glaciers shaped the landscape millions of years ago.
- · Learn about the wildlife that thrives in the park.

• Take a leisurely walk along a short, easy-to-negotiate park trail.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes one hour of moderate walking over one mile. There are natural surfaces and gradients to negotiate. The tour is not available to wheelchair guests or those with mobility concerns. Participants should be in reasonably good physical condition. Transportation may be by school bus.

#### SAG-008 THE CRAFTMAN ROAD Date: Oct 04, 2024 Time: 08:30 AM

Duration: 3.50 Hrs Price: \$109.00

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#### OVERVIEW

Discover how local artisans make cheese, blow glass and weave alpaca wool using time-honored traditional techniques. Your immersion into these crafts will include the family-owned Fromagerie Boivin, where you will see how a variety of cheeses is made and then sample a selection of them. One of the most popular items is a cheese curd that squeaks when you chew it. You will enhance your understanding of glass-blowing at the Touverre Workshop as the craftsmen demonstrate how to manipulate glass into creative shapes. You may also learn about the materials needed to produce glass and the history of glass-blowing. Similarly, at the Alpaga Bersi farm, you will see how craftsmen skillfully weave alpaca wool into sweaters, hats, scarves, and other clothing. Unlike sheep's wool, alpaca wool doesn't contain lanolin so it is hypoallergenic.

#### HIGHLIGHTS

• Sample a variety of cheeses that are produced using traditional techniques.

- Watch glass-blowers manipulate molten glass into all sorts of useful and creative items.
- See how alpaca wool is woven into clothing with the added benefit of being hypoallergenic.

#### HELPFUL HINTS

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- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes a moderate amount of walking. The tour is available to guests who utilize a collapsible wheelchair, can make their way on and off the bus and are accompanied by a companion to assist them. Due to the remote location this tour may operate with school buses, in which case no mobility equipment, including collapsible wheelchairs and walkers, will be allowed on the buses. If you use mobility equipment, please confirm with the onboard Destination Services personnel 48 hours before the excursion commences regarding the transport used to avoid disappointment. Cheese Factory has 1 flight of stairs to negotiate to reach the tasting area. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. On shorter calls the Alpaga farm will not be visited - tour duration will be 2.5 hours.

#### SAG-004 SAGUENAY PARK HIKING Date: Oct 04, 2024 Time: 08:30 AM, 10:45 AM

Duration: 4.00 Hrs Price: \$129.00



### OVERVIEW

Experience the serenity and infinite beauty of Saguenay National Park by hiking one of its most magnificent trails. While the drive to the park is scenic, it pales in comparison to the landscape within the park and

📮 Minimal activity	Moderate activity	<b>OE</b> Oceania Exclusive	BB Beyond Blueprints	GG Go Green
🟌 Easy activity	Strenuous activity	<b>OS</b> Oceania Select	CD Culinary Discovery	GL Go Local
Evening excursion	🗙 Meal included	ADA Accessible	FW Food & Wine Trails	WT Wellness Tour

Saguenay Fjord, both of which are staggeringly beautiful. Over the past two million years, the Saguenay River has undergone four glacial stages that have carved deep valleys in the area. The forests were logged in the 1800s and 1900s, but the now-protected land has steadily begun to return to its former glory. Seeing the parkland on foot offers a wonderful perspective of this intricate ecosystem. You will hike the breathtaking Point de Vue du Soupir trail, which gains about 450 feet in altitude and will provide incredible views of the forest and river far below. The hike will end at an interpretation center, where you may learn more about the fjord and the surrounding landscape.

#### HIGHLIGHTS

- Hike a particularly picturesque trail within the Saguenay National Park.
- Pause along the way to drink in the majestic scenery.

• Discover how the forests have rebounded since being logged about 100 years ago.

• Browse the exhibits in an interpretation center at the end of the hike.

#### HELPFUL HINTS

- · Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This is an active tour that includes about  $1\frac{3}{4}$  hours of hiking over a  $1\frac{1}{2}$ -mile trail with natural surfaces and gradients. The trail rises to an altitude of 450 feet. The tour is not available to wheelchair guests or those with mobility concerns. Participants should be in good physical condition. Transportation may take place on a school bus.

#### SAG-007 SAGUENAY HIGHLIGHTS

Date: Oct 04, 2024	Time: 09:00 AM,	11:45 AM, 02:30 PM	Ń
Duration: 2.25 Hrs	Price: \$69.00		~~

#### OVERVIEW

See many of the key attractions that define Saguenay, especially in its decidedly French Chicoutimi district. Saguenay lies at the tip of a majestic fjord where the waters of the Saguenay and the Saint Lawrence rivers meet, and as you drive through the charming town the guide will elaborate on the fjord's importance to trade through the centuries. Upon reaching Chicoutimi, you will pause for photos of the Little White House that survived the devastating floods of 1996. The house is now considered a symbol of perseverance. You will also pass the Ha! Ha! Pyramid, a contemporary art piece that commemorates the destructive flood. The whimsical pyramid is constructed with thousands of Yield Road signs. You will also see a 19th-century pulp mill that helped spur development throughout this part of Canada.

#### HIGHLIGHTS

• Discover how the fjord in this area spurred trade over the centuries.

• Gain an understanding of the 1996 flood that caused widespread devastation in Saguenay.

• See a whimsical pyramid-shaped art installation that commemorates the flood.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes a moderate amount of walking. The tour is available to guests who utilize a collapsible wheelchair, can make their way on and off the bus and are accompanied by a companion to assist them. Due to the remote location this tour may operate with school buses, in which case no mobility equipment, including collapsible wheelchairs and walkers, will be allowed on the buses. If you use mobility equipment, please confirm with

the onboard Destination Services personnel 48 hours before the excursion commences regarding the transport used to avoid disappointment. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

SAG-003 KAYAK IN SAGUENAY PARK Date: Oct 04, 2024 Time: 10:45 AM Duration: 4.00 Hrs Price: \$229.00



#### **OVERVIEW**

Paddle a kayak along the smooth-as-glass waters of the Saguenay Fjord, looking for seals and other marine life in the unspoiled wonderland. After a scenic drive, you will arrive at the Saguenay National Park, the first park in the province dedicated to protecting marine life. You will then ease into a two-person kayak and start paddling along the shores of Cape Trinity. Receding glaciers carved the waterway out of rock centuries ago, leaving behind sheer cliffs and one of the province's most spectacular settings. Seals and marine birds are also prevalent in the pristine Cape Trinity area, so be sure to scan the waters as you paddle along. Afterwards, you might shop in the interpretation center.

### HIGHLIGHTS

- Kayak through the typically calm, unspoiled waters off Cape Trinity.
- Browse the enlightening displays in an interpretation center.
- Look for seals and marine birds.

#### HELPFUL HINTS

- Dress in weather-appropriate, water-resistant clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This is an active tour that includes approximately 75 minutes of moderate kayaking. The tour is not available to wheelchair guests or those with mobility concerns. Participants should be in good physical condition. Kayaking experience is not required. Guests who take part in water activities do so at their own risk and responsibility. Wildlife sightings are not guaranteed. Transportation may be by school bus.

#### SAG-001 THE BEST OF SAGUENAY Date: Oct 04, 2024 Time: 12:30 PM Duration: 3.50 Hrs Price: \$149.00

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#### OVERVIEW

Discover the unique qualities of the land and people around Saguenay by visiting several unusual museums and a pulp mill. Your immersion into the area's highlights starts at the Fjord Museum, where you will discover how the Saguenay River fjord was formed and see some of the marine creatures that live in it. Then, it's on to Chicoutimi, a museum housed in a former pulp mill. Exhibitions range from a house that an imaginative folk artist painted to a trading post that reflects the local history. The tour ends with a fascinating visit to Le Chevrier du Nord, a farm that raises angora goats for mohair clothing.

#### HIGHLIGHTS

• Marvel at the majestic Saguenay River fjord and discover more about it at the Fjord Museum.

- · Browse the usual collection of art in a museum located in an old pulp mill.
- Visit a goat farm and see how mohair is harvested for a variety of garments.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

The tour is available to wheelchair guests who have a collapsible

📮 Minimal activity	Moderate activity	<b>OE</b> Oceania Exclusive	BB Beyond Blueprints	GG Go Green
🔥 Easy activity	Strenuous activity	OS Oceania Select	CD Culinary Discovery	GL Go Local
Evening excursion	🗙 Meal included	ADA Accessible	FW Food & Wine Trails	WT Wellness Tour

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wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. There is limited accessibility at the goat farm. Scooters under 60 pounds. are permitted. Guests with mobility concerns should carefully evaluate their personal level of stamina and ability before joining the tour. The tour sequence may vary.

#### SAG-006 DISCOVERY OF NEW FRANCE Date: Oct 04, 2024 Time: 02:00 PM Duration: 2.75 Hrs Price: \$149.00

#### OVERVIEW

Gain a historical perspective of the colonization of the Quebec province by visiting re-creations of several 17th-century settlements and the Saguenay Fjord Museum. Upon arriving in New France, you will easily be able to imagine life during the colonization of the Quebec province, as the settlement features restored historical buildings and costumed characters that will immerse you in the world of New France. French colonists lived side by side with First Nations tribes such as the Hurons, and you will also visit a re-creation of their village, along with a rural farm and Quebec City's upper and lower towns. Interacting with the characters at New France, watching folkloric Indian dances and sampling traditional foods add even more to your understanding of 17th-century life. For a glimpse into the natural world, you will browse the Saguenay Fjord Museum. Its displays explain in detail how the waterway was formed and its importance to the province.

#### HIGHLIGHTS

• Develop a sense of early life in Saguenay by visiting re-creations of 17th-century villages.

• Understand how the French and First Nations tribes lived side by side in harmony.

• Enhance your knowledge by watching folkloric shows and sampling traditional dishes.

• Visit Saguenay Fjord Museum to learn about the formation of the waterway.

HELPFUL HINTS

· Dress in weather-appropriate clothing.

· Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes just over two hours of moderate walking and standing over mostly flat surfaces. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Scooters under 60 pounds are permitted. Guests with mobility concerns should carefully evaluate their personal level of stamina and ability before joining the tour. The tour sequence may vary.

# **Quebec City, Quebec**

#### YQB-007 COUNTRYSIDE OF QUEBEC Date: Oct 05, 2024 Time: 08:30 AM Duration: 4.00 Hrs Price: \$149.00

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#### OVERVIEW

Enjoy the scenery as Mother Nature reigns supreme in the pristine countryside surrounding Quebec City. Riding through the foothills, you will see the majestic Laurentian Mountains in the distance, the St. Lawrence River below and the wonders of nature in every direction. In time, you will pause for photos at Lac-Beauport, a serene lake surrounded by forest. More natural beauty lies ahead at Montmorency Falls, which explorer Samuel de Champlain named for his patron, the Duke of Montmorency. It is a memorable tribute, as the cascades are 90 feet higher than Niagara Falls. The views are equally stunning from the restaurant Montmorency Manoir, where you may enjoy tea and pastries, before crossing the bridge to the Island of Orleans. Here, you will visit Sainte-Pétronille, a village that has been a fashionable summer resort since the 19th century. Later, you will learn how maple syrup is made and sample sweet maple taffy at a sugar shack.

#### HIGHLIGHTS

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• Behold the beauty of Mother Nature in the surrounding countryside.

Watch thundering Montmorency Falls cascade into the Saint Lawrence River.

Relax over tea and pastries at a restaurant that overlooks Montmorency Falls.

• Visit an authentic sugar shack to see how maple sugar is made and to sample maple products.

#### HELPFUL HINTS

· Dress in weather-appropriate clothing.

• Wear flat comfortable walking shoes.

#### PLEASE NOTE

Walking on this tour is mainly at the guests' discretion during stops. There will be various gradients and surfaces to negotiate. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Scooters under 60 pounds are permitted. Guests with mobility concerns should evaluate their personal level of stamina and ability before joining the tour. The tour sequence may vary and depending on traffic at Manoir Montmorency, in which case, tea and pastries may be served at a sugar shack instead.

#### YQB-005 GRAND EXPLORATION OF QUEBEC

 Date: Oct 05, 2024
 Time: 08:45 AM

 Duration: 7.50 Hrs
 Price: \$239.00

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#### OVERVIEW

Experience the very best of Quebec City and the surrounding countryside by seeing its most impressive landmarks. You will gain an historical perspective at attractions such as the Plains of Abraham battleground and Dufferin Terrace, where explorer Samuel de Champlain built a fort in 1620. You will learn even more about the early history of Quebec City at Place-Royale, a square that was pivotal in its founding. For the ultimate view of the St. Lawrence River and the Laurentian Mountains, you might walk the terrace of the castle-like hotel Château Frontenac. For a closer look at the countryside, you will drive out of town to St-Anne-de-Beaupré, a basilica that has been a pilgrimage site for more than 350 years. Continuing on, you will make your way to Montmorency Falls, where you will experience the glorious natural beauty of the cascade as it thunders into the St. Lawrence River.

#### HIGHLIGHTS

• Pass key landmarks such as the Plains of Abraham battleground and a fort built in 1620.

- Meander through the square at the heart of the area where Quebec City was founded.
- Enjoy panoramic views from the terrace of the iconic Château Frontenac hotel.
- Drive into the idyllic countryside and watch thundering Montmorency Falls.
- Explore the St-Anne-de-Beaupré basilica, a centuries-old pilgrimage site. HELPFUL HINTS
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

Minimal activity	Moderate activity	<b>OE</b> Oceania Exclusive	BB Beyond Blueprints	GG Go Green
🔥 Easy activity	Strenuous activity	<b>OS</b> Oceania Select	CD Culinary Discovery	GL Go Local
Evening excursion	🗙 Meal included	ADA Accessible	FW Food & Wine Trails	WT Wellness Tour

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#### PLEASE NOTE

Walking on this tour is mainly at the guests' discretion during the stops. There will be various gradients and surfaces to negotiate, and some sites have steps and no wheelchair ramp. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Scooters under 60 pounts are permitted. Guests with mobility concerns should evaluate their personal level of stamina and ability before joining the tour.

# YQB-008 HISTORIC & MODERN QUEBEC W/ MONTMORENCY

Date: Oct 05, 2024 Time: 09:00 AM, 01:30 PM Duration: 3.00 Hrs Price: \$129.00

#### OVERVIEW

Pass Quebec City's historical and contemporary landmarks and then venture into the countryside to a thundering waterfall that is 90 feet higher than Niagara Falls. As you drive through the city, you will see the square that was at the heart of the area's original settlement and Dufferin Terrace, where explorer Samuel de Champlain built a fort in 1620. A bit of free time follows, during which you may visit the iconic and somewhat more modern hotel Château Frontenac. Once out of downtown, you will visit Cap Diamant, the promontory overlooking the Plains of Abraham, where the French and British battled in 1759. After stopping for photos and to enjoy the sweeping views of the St. Lawrence River and Laurentian Mountains, you will head for Montmorency Falls. It is quite a sight, as the cascades thunder down 275 feet into the river. As a lasting tribute to his patron, explorer Samuel de Champlain named the falls for the Duke of Montmorency.

#### HIGHLIGHTS

• Drive past key attractions that were integral to the founding of Quebec City.

• Enjoy free time near Château Frontenac, a grand railway hotel in Upper Town.

• Pause at a promontory overlooking a plain where the Battle of Quebec was fought in 1759.

• Watch Montmorency Falls roar into the Saint Lawrence River.

### HELPFUL HINTS

Dress in weather-appropriate clothing.

Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour is primarily panoramic with walking at the guests' discretion during stops. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Scooters under 60 pounds are permitted. Guests with mobility concerns should evaluate their personal level of stamina and ability before joining the tour. The sequence of stops may vary.

#### YQB-004 WALKING TOUR & TASTING

Date: Oct 05, 2024 Time: 09:45 AM, 02:00 PM Duration: 3.00 Hrs Price: \$119.00



#### OVERVIEW

Experience the joys of Quebec City's charming Old Town from three unique perspectives—by walking, riding a funicular and enjoying a tasting in a local restaurant. The experience begins with a walk through Old Town, the only walled city in North America. The area was settled about 400 years ago, as you will discover at Place-Royale, the heart of the original settlement and home to the continent's oldest Catholic Church. A scenic ride on a funicular will bring you to Upper Town, where you will find landmarks such as Dufferin Terrace, where explorer Samuel de Champlain built a fort in 1620. It offers sweeping views of the St. Lawrence River and the majestic Laurentian Mountains. You will also see Château Frontenac, the iconic castle-like hotel that opened in 1893. Nearby, you will hop in a horse-drawn carriage for a leisurely ride past boutique-lined Grande-Allée, often referred to as the Champs-Élysées of Quebec, and on to the Governor's Garden.

#### HIGHLIGHTS

Walk through Quebec's celebrated Old Town, a UNESCO World Heritage site.

• Pass landmarks such as the continent's oldest Catholic church.

• Ride the funicular to Upper Town and take in the views from Dufferin Terrace.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes just over two hours of moderate walking with various gradients and surfaces to negotiate, including cobblestone. The tour is not available to wheelchair guests or those with mobility concerns. Participants should be in good physical condition. The sequence of the tour may vary.

# YQB-002 BEAUPRE COAST, ST-ANNE CANYON AND WINERY Date: Oct 05, 2024 Time: 01:00 PM Duration: 4.00 Hrs Price: \$169.00

#### OVERVIEW

Drive through the staggeringly beautiful countryside surrounding Quebec City and then stop at an esteemed vineyard for a wine tasting. After leaving the city, you will follow the Beaupré Coast along the St. Lawrence River, a gorgeous landscape of pastoral farmland, sheer cliffs and dramatic cascades such as Montmorency Falls. Still, the highlight remains St-Anne Canyon, a steep gorge that the relentless force of water has carved out of a 900-million-year-old rock formation. Here, you will make your way to the roaring St-Anne-du-Nord River, which becomes a thundering waterfall in the canyon. You might even walk along the suspension bridges above the water, if you are feeling adventurous. To enhance the experience, you may follow a nature trail into the forest. Next, you will visit an award-winning Canadian vineyard to learn about local wine making and sample a selection of distinctive wines. Despite the harsh winters and short growing seasons, Quebec vineyards produce surprisingly tasty wines.

#### HIGHLIGHTS

- · Enjoy stunning natural vistas as you drive along the Beaupré Coast.
- Behold St-Anne Canyon, an ancient gorge that water has carved out of sheer rock.
- Walk the suspension bridges above a roaring river and follow a nature trail, if you wish.
- Savor a selection of locally produced wines at an esteemed vineyard.

### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes about two hours of moderate walking and standing, plus any additional walking at the guests' discretion during the stops. There are various gradients and surfaces to negotiate. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make

📮 Minimal activity	Moderate activity	<b>OE</b> Oceania Exclusive	BB Beyond Blueprints	GG Go Green
🟌 Easy activity	Strenuous activity	<b>OS</b> Oceania Select	CD Culinary Discovery	GL Go Local
Evening excursion	🗙 Meal included	ADA Accessible	FW Food & Wine Trails	WT Wellness Tour

their own way on and off the coach and have an able-bodied companion to assist them. Scooters under 60 pounds are permitted. Those with mobility concerns should evaluate their personal level of stamina and ability before joining the tour.

#### YQB-003 QUEBEC WALK & HIGH TEA AT CHATEAU FRONTENAC Date: Oct 05, 2024 Time: 01:00 PM Duration: 3.00 Hrs Price: \$149.00

#### OVERVIEW

Walk through the very heart of Quebec City's 400-year-old Old Town, a celebrated World Heritage site that is the only walled city in North America. As you follow a guide well-versed in Quebec's history, you will soon reach Place-Royale, a square that was the center of the original settlement and now home to Notre-Dame-des-Victoires, the continent's oldest Catholic church. Right around the corner is the pedestrian-only Petit-Champlain, a delightful boutique-lined street that you may wish to visit later on your own. Next, you will ride the funicular to Upper Town and meander past landmarks such as Dufferin Terrace, where explorer Samuel de Champlain built a fort in 1620, and Place d'Armes, the main square in this part of town. Tea and pastries follow at Château Frontenac, a castle-like hotel on a bluff above the St. Lawrence River that has been an icon since opening in 1893.

#### HIGHLIGHTS

Walk through Quebec's celebrated Old Town, a UNESCO World Heritage site.

· Pass landmarks such as the continent's oldest Catholic church.

• Make note of areas you might explore further on your own, such as the shops on Petit-Champlain.

• Ride the funicular to Upper Town, yet another immensely historical area.

• Relax over tea and pastries at the iconic hotel Château Frontenac.

#### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- · Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes about two hours of moderate walking that covers approximately 1½ miles. There are various gradients and surfaces to negotiate, including cobblestone. The tour is not available to wheelchair guests or those with mobility concerns. Participants should be in good physical condition. The sequence of the tour may vary.

#### YQB-012 ILES OF ORLEANS FOOD TOUR Date: Oct 05, 2024 Time: 02:00 PM

Duration: 3.50 Hrs Price: \$249.00



Sample an inspiring selection of products that are representative of the Quebec province. The tastings will be offered on the lle d'Orleans, an island in the middle of the Saint Lawrence River. However, you will first pause for photos of thundering Montmorency Falls. It will be quite the sight, as the cascade is substantially higher than Niagara Falls. Only one bridge leads to the lle d'Orleans, and once you cross it the rural landscape will unfold. Despite the harsh winters and short growing season, agriculture flourishes here and you can expect to see farms, fields and vineyards throughout the island. Stops will be made to sample some characteristic wines, jam shop and traditional nougat.

#### HIGHLIGHTS

- Behold Montmorency Falls as it roars into the St. Lawrence River.
- Sample a variety of products such as wine, nougat and jam made on the lle d'Orleans.
- · Discover how the farmers maximize the short growing season before

📮 Minimal activity	Moderate activity	<b>OE</b> Oceania Exclusive	BB Beyond Blueprints	GG Go Green
🔥 Easy activity	Strenuous activity	<b>OS</b> Oceania Select	CD Culinary Discovery	GL Go Local
Evening excursion	🗙 Meal included	<b>ADA Accessible</b>	FW Food & Wine Trails	WT Wellness Tour

winter sets in.

#### HELPFUL HINTS

Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

#### PLEASE NOTE

This tour includes approximately 1 1/2 hours of moderate walking/standing and 1 flight of Stairs ; there will be some inclines and Gravel surfaces to negotiate. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability.



# **General Information**

### WHAT'S INCLUDED

**Transportation** - Licensed and insured late-model coaches, mini-vans, automobiles, watercraft and other modes of transportation are utilized. **Guides** - Licensed, English-speaking local guides accompany all tours.

Admission Fees - Shore excursions include all required admission fees, where applicable.

Meals & Refreshments - Meals and/or refreshments are included only when indicated in the shore excursion description.

#### **CANCELLATIONS & REFUNDS**

• Shore excursions operate rain or shine.

• Minimum participation levels are required to operate shore excursions, so please sign up as early as possible. Excursions may be cancelled if minimum participation levels are not met. To ensure quality guides and sufficient transportation, we must provide the tour operator with passenger counts at least 36 hours in advance.

• Shore excursion packages are fully refundable prior to embarkation of your cruise. Packages cancelled after embarkation will incur a 100% cancellation fee.

• À la carte excursions are fully refundable until 36 hours in advance of the excursion. Excursions cancelled less than 36 hours in advance will incur a 100% cancellation fee.

• In the event of a port cancellation, guests who have purchased a shore excursion package will receive a pro rata refund for that port based on the price paid. Guests who have purchased an à la carte excursion for a cancelled port will receive a full refund.

• For guests with the Simply More Shore Excursion Package, no refunds or credits will be given if the excursion is not taken, unless the excursion is cancelled by Oceania Cruises.

#### PRICES, ITINERARIES & GENERAL INFORMATION

• All pre-reserved shore excursions receive priority confirmation over those booked on board.

• In order to receive maximum pre-cruise savings, you may pre-purchase shore excursions up until 7 days prior to your sail date.

• The discount of 25% off à la carte excursion prices that is offered with the Simply More Shore Excursion Package is subject to a minimum number of excursions that must be purchased. This minimum is based on the number of port days on your cruise.

• Shore excursion prices are subject to change to meet unexpected cost increases or currency fluctuations. Once excursions have been purchased, pricing is guaranteed and not subject to change.

• During local or national holidays, access to certain facilities (such as museums or archaeological sites) may be limited or denied. In such instances, adjustments in the shore excursion itinerary will be made to minimize inconvenience to guests.

• Some shore excursions have limited availability; reserve your excursions early to avoid disappointment.

• Oceania Cruises reserves the right to require guests to complete a liability waiver for select shore excursions. For more information, please consult the Destination Services Desk on board.

#### PLEASE NOTE

While the greatest care has been taken to offer the finest services available, Oceania Cruises will not be held responsible for any event or omission during the time that guests are not on board the ship or its tenders. All arrangements for certain optional off-board activities, including air transportation, hotel accommodations, ground transfers and shore excursions, are made by Oceania Cruises with the suppliers of the services for the convenience of our guests. Each guest agrees not to hold Oceania Cruises, its owners, employees, agents or representatives liable, in the absence of its own negligence, for any loss, injury, expense or damage which results directly or indirectly from any act or omission, whether negligent or otherwise, of any person or firm which provides any goods or services in connection with any optional travel component or any other option that is available for purchase. Arrangements with independent contractors include but are not limited to services, products and transportation provided elsewhere than on board an Oceania Cruises vessel in connection with tours, whether arranged or organized by tour operators, travel agents or Oceania Cruises. Tours, including hotel accommodations and transportation by any vessel not owned or operated by Oceania Cruises or by air, rail or land, are not under the supervision and control of Oceania Cruises. Notwithstanding that Oceania Cruises, at the guest's option, arranges air transportation, hotel accommodations, group transfers, shore excursions and other services with independent suppliers of the services, it should be understood that Oceania Cruises, being a "for profit entity," earns a fee on the sale of the optional services.

All Oceania Cruises shore excursion fares are per person, are subject to change and are subject to availability. Some tours are capacity controlled and may be withdrawn at any time without prior notice. While Oceania Cruises makes every effort to adhere to the specifics mentioned in each shore excursion description, circumstances may require otherwise. All shore excursion descriptions and information are subject to change without notice at Oceania Cruises' discretion. Oceania Cruises is not responsible or liable for typographical errors, omissions or misprints.

Easy activity Strenuous activity OS Oceania Select CD Culinary Discovery GL Go Local	📮 Minimal activity	Moderate activity	0E Oceania Exclusive	BB Beyond Blueprints	GG Go Green
Evening excursion X Meal included & ADA Accessible FW Food & Wine Trails WT Wellness Tour	<b>T</b>		0S Oceania Select		=
	Evening excursion	🗙 Meal included	ADA Accessible	FW Food & Wine Trails	WT Wellness Tour