

\$1,449 PER PERSON, DOUBLE OCCUPANCY \$1,749, SINGLE, SUBJECT TO AVAILABILITY

Explore Panama City on this tour designed to give well-deserved attention to an incredible destination that would otherwise be missed. This pre-cruise tour is the ultimate accessory to a remarkable trip.

From bustling local markets to modern skyscrapers, the lively Panama City is known for its combination of colonial era landmarks, a man-made canal, and modern architecture. Enjoy Miraflores Locks before shopping local in Casco Viejo, a UNESCO protected district. Then, enjoy a one of a kind tasting of Geisha Panamanian Coffee, one of the most expensive coffees in the world. Ride in a traditional Embera canoe on the Gatun River. Experience indigenous music, dance, culture, and traditions.



#### **INCLUSIONS**

- 2 nights at the Central Panama Hotel with Breakfast
- 1 full-day and 1 half-day sightseeing excursions as specified in itinerary, including entrance fees
- · Professional tour guide
- Exclusive Go Next Program Manager and hospitality desk
- Transfers between Panama City (PTY), hotel, and cruise ship, with related luggage handling

\*FOR GUESTS BOOKING THEIR OWN AIRFARE: Flights should be booked into Panama City (PTY) airport. You must provide your complete flight details to Go Next 30 days prior to departure to ensure airport transfers.





#### April 2

Arrive in Panama City and transfer to the Central Panama Hotel or similar accommodations. Spend the remainder of the day at leisure.

## **April 3**

Explore life in a natural environment on a full-day tour of Emberá Querá Village. Your adventure begins with a half-hour ride through the most pristine tropical forest in a traditional Embera canoe up the Gatun River. Immerse yourself in Embera culture through indigenous music, dance, and art. Visit their habitual residences and the tribal shaman, and learn about the healing power of jungle plants. Shop for local crafts and indulge in the "catch of the day" for lunch.

After lunch, continue to the Miraflores Visitor Center for a front-row view of one of the world's great engineering marvels—the Panama Canal Locks. From the viewing platform, you'll have a chance to witness a ship transit the canal (if you're lucky!) and capture incredible photos. Your visit includes entrance to the IMAX Theater to experience a dynamic 3D film—narrated by Morgan Freeman—that brings to life the epic history, construction, and ongoing operations of the Panama Canal. After this unforgettable day, return to your hotel.

## **April 4**

After breakfast, embark on an exciting half-day sightseeing tour of Panama City. Embark on a walking tour of historic Casco Viejo, Panama's hippest neighborhood. See historic buildings and important plazas that played a significant role in Panama's colonial history. Then, revel in a cup of Geisha Panamanian Coffee and learn why Geisha beans are among the most popular in the world. After the tour, transfer to *Insignia*.

# CENTRAL PANAMA HOTEL

Set in the heart of Panama City's historic Casco Viejo district, the Central Panama Hotel blends colonial charm with modern comfort. Stroll cobblestone streets lined with colorful buildings, then retreat to your room featuring complimentary Wi-Fi, a flat-screen TV, and elegant furnishings. Step out onto your private balcony for views of city rooftops or the nearby bay. Unwind at the rooftop pool or savor Panamanian-inspired dishes at the hotel's signature restaurant, all just steps from vibrant plazas and cultural landmarks.







**MOBILITY REQUIREMENT:** Travelers should be confident in their ability to walk and stand for up to 3-4 hours with a total of up to 2 miles per day while keeping a steady pace with a group or tour guide. This tour can involve walking on mostly uneven ground and occasionally stairs, some with no handrails. Travelers should be able to board a coach or tour bus independently. This tour is not recommended for those with a walker or wheelchair. Must be able to lift legs high enough to get in and out of a canoe or small boat.